

*Fresh, Healthy, Good Food
Every Day!*



December 2018 MTS Secondary K-8 Pizza Friday Menu

this institution is an equal opportunity provider

| Week 2 | Monday, December 3, 2018 | Tuesday, December 4, 2018 | Wednesday, December 5, 2018 | Thursday, December 6, 2018 | Friday, December 7, 2018 |
|---------------------------------------|--|---|--|---|--|
| Hot Lunch | Chicken Tenders Ketchup & Ranch Sauce Garden Salsa Sunchip Baby Carrots & Dip Fruit of the Day | Cheeseburger WG Bun, Ketchup CKC Baked Beans Fruit of the Day | Jumbo Ravioli w/Red Sauce Dinner Roll Cucumbers w/Dip Fruit of the Day | Orange Chicken Seasoned Brown Rice Mixed Greens Salad & Dressing Fruit of the Day | Fresh Hot Pizza Chilled Corn Salad Fruit of the Day |
| Vegetarian Sandwich Deli Salad | Pancakes & Syrup w/Veggie Sausage Chicken (No Nut Pesto) & Lettuce Bun or Chz Sand Grilled Chicken Caesar (Vegetarian Option) | Cheese Quesadilla & Cholula Hot Sauce Honey Mustard Chicken & Lettuce Ciabatta or Chz Sand Grilled Asian Chicken Salad (Vegetarian Option) | French Toast Sticks (6) & Syrup Turkey & Lettuce Sand or Chz Sand Grilled Chicken Southwest Taco (Vegetarian Option) | The Max Cheese Stick & Italian Ranch Citrus Chicken Salad w/Lettuce Bun or Chz Sand Grilled Bistro Chicken Salad (Vegetarian Option) | Cheese Pizza Egg Salad w/Lettuce Sand or Chz Sand Grilled Chicken Power Salad (Vegetarian Option) |
| Week 3 | Monday, December 10, 2018 | Tuesday, December 11, 2018 | Wednesday, December 12, 2018 | Thursday, December 13, 2018 | Friday, December 14, 2018 |
| Hot Lunch | Sweet & Sour Chicken Steamed Rice Broccoli & Carrots Fruit of the Day | Beef & Bean Cheddar Queso Nacho's Corn Tortilla Chips, Sour Cream & Cholula Hot Sauce Shredded Lettuce & Cilantro, Cheese & Tomatoes Black Bean & Cotija Cheese Salsa Fruit of the Day | Chicago Footlong Hotdog Ketchup & Mustard Cheetos Baby Carrots & Dip Fruit of the Day | Premiun Chicken Nuggets Ketchup & Ranch Flamas Garden Greens Salad w/Dressing Fruit of the Day | Fresh Hot Delivered Pizza Chilled Corn Salad Fruit of the Day |
| Vegetarian Sandwich Deli Salad | Cheese Enchilada Sesame Chicken & Lettuce on Ciabatta or Chz Sand Grilled Chicken Caesar (Vegetarian Option) | Egg Fried Rice Chicken Chutney & Lettuce Sandwich or Chz Sand Grilled Asian Chicken Salad (Vegetarian Option) | Garlic Twisted Mozzarella Stuffed Breadstick Mediterranean Egg Salad & Lettuce Bun or Chz Sand Grilled Chicken Southwest Taco (Vegetarian Option) | Veggie Cheese Burger Grilled Greek Chicken Bun or Chz Sand Grilled Bistro Chicken Salad (Vegetarian Option) | Cheese Pizza Turkey & Lettuce Sand or Chz Sand Grilled Chicken Power Salad (Vegetarian Option) |
| Week 4 | Monday, December 17, 2018 | Tuesday, December 18, 2018 | Wednesday, December 19, 2018 | Thursday, December 20, 2018 | Friday, December 21, 2018 |
| Hot Lunch | Sloppy Joe WG Bun Fonyuns Baby Carrots & Dip Fruit of the Day | Stuffed Shells w/Red Sauce Mixed Greens Salad & Dressing Fruit of the Day | Brunch Lunch French Toast Sticks & Syrup (6) Cucumbers w/Dip Fruit of the Day | Chicken Carnitas Taco WG Tortilla, Shredded Lettuce, Cilantro & Cheese Corn Chips Spicy Black Bean & Cotija Cheese Salsa Fruit of the Day | Fresh Hot Pizza Chilled Corn Salad Fruit of the Day |
| Vegetarian Sandwich Deli Salad | Pancakes & Syrup w/Veggie Sausage Grilled Herb Chicken Bun or Chz Sand Grilled Chicken Caesar (Vegetarian Option) | Cheese Quesadilla & Cholula Hot Sauce Grilled Curry Chicken & Lettuce on Ciabatta or Chz Sand Grilled Asian Chicken Salad (Vegetarian Option) | Egg Fried Rice Egg Salad & Lettuce Bun or Chz Sand Grilled Chicken Southwest Taco (Vegetarian Option) | Cheese Bosco Stick & Italian Ranch Turkey & Lettuce Sand or Chz Sand Grilled Bistro Chicken Salad (Vegetarian Option) | Cheese Pizza Chicken Craisin & Lettuce Sandwich or Chz Sand Grilled Chicken Power Salad (Vegetarian Option) |
| Week 5 | Monday, December 24, 2018 | Tuesday, December 25, 2018 | Wednesday, December 26, 2018 | Thursday, December 27, 2018 | Friday, December 28, 2018 |
| Hot Lunch | Breaded Chicken & Cheese Sandwich WG Bun, Ketchup, Mayo & Pickles Garden Veggie Sun Chips Baby Carrots & Dip Fruit of the Day | Nacho Cheese Scoops Nacho Cheese Beef, Tomatoes & Cilantro Tostitos Scoops & Sour Cream & Cholula Hot Sauce Black Bean & Cotija Cheese Salsa Fruit of the Day | Shredded BBQ Sandwich WG Bun Munchies Chilled Corn Salad Fruit of the Day | Old Fashioned Hamburger WG Bun, Ketchup Cheetos Cucumbers & Dip Fruit of the Day | Fresh Hot Pizza Mixed Greens Salad & Dressing Fruit of the Day |
| Vegetarian Sandwich Deli Salad | Bean & Cheese Burrito w/Cholula Honey Mustard Chix & Lettuce Ciabatta or Chz Sand Grilled Chicken Caesar (Vegetarian Option) | Twisted Mozzarella Breadstick w/Marinara Turkey & Lettuce Sand or Chz Sand Grilled Asian Chicken Salad (Vegetarian Option) | Double Cheese Omelet Chicken (No Nut Pesto) & Lettuce Bun or Chz Sand Grilled Chicken Southwest Taco (Vegetarian Option) | Macaroni & Cheese Egg Salad w/Lettuce Sand or Chz Sand Grilled Bistro Chicken Salad (Vegetarian Option) | Cheese Pizza Citrus Chicken Salad w/Lettuce Bun or Chz Sand Grilled Chicken Power Salad (Vegetarian Option) |
| Week 6 | Monday, December 31, 2018 | Tuesday, January 1, 2019 | Wednesday, January 2, 2019 | Thursday, January 3, 2019 | Friday, January 4, 2019 |
| Hot Lunch | Meatball Sub WG Hot Dog Bun Harvest Cheddar Sunchips Baby Carrots & Dip Fruit of the Day | | | | |
| Vegetarian Sandwich Deli Salad | Cheese Bosco Stick & Italian Ranch Grilled Greek Chicken Bun or Chz Sand Grilled Chicken Caesar (Vegetarian Option) | | | | |

Menu is subject to infrequent change

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