

*Fresh, Healthy, Good Food
Every Day!*



December 2018 MTS Secondary 9-12 Pizza Friday Menu

this institution is an equal opportunity provider

Week 2	Monday, December 3, 2018	Tuesday, December 4, 2018	Wednesday, December 5, 2018	Thursday, December 6, 2018	Friday, December 7, 2018
Hot Lunch	Spicy Buffalo Chicken Tenders Ketchup & Ranch Sauce Garden Salsa Sunchip Baby Carrots & Dip Fruit of the Day	Cheeseburger WG Bun, Ketchup, Mustard & Pickles Flamas CKC Baked Beans Fruit of the Day	Jumbo Ravioli w/Red Sauce Dinner Roll Cucumbers & Carrots w/Dip Fruit of the Day	Orange Chicken Seasoned Brown Rice Mixed Greens Salad & Dressing Fruit of the Day	Fresh Hot Pizza Chilled Corn Salad Fruit of the Day
Vegetarian Sandwich Deli Salad	Pancakes & Syrup w/Veggie Sausage Chicken (No Nut Pesto) & Lettuce Bun or Chz Sand Grilled Chicken Caesar (Vegetarian Option)	Cheese Quesadilla & Cholula Hot Sauce Honey Mustard Chicken & Lettuce Ciabatta or Chz Sand Grilled Asian Chicken Salad (Vegetarian Option)	French Toast Sticks (6) & Syrup Turkey & Lettuce Sand or Chz Sand Grilled Chicken Southwest Taco (Vegetarian Option)	The Max Cheese Stick & Italian Ranch Citrus Chicken Salad w/Lettuce Bun or Chz Sand Grilled Bistro Chicken Salad (Vegetarian Option)	Cheese Pizza Spicy Egg Salad w/Lettuce Sand or Chz Sand Grilled Chicken Power Salad (Vegetarian Option)
Week 3	Monday, December 10, 2018	Tuesday, December 11, 2018	Wednesday, December 12, 2018	Thursday, December 13, 2018	Friday, December 14, 2018
Hot Lunch	General TSO's Chicken Steamed Rice Broccoli & Carrots Fruit of the Day	Beef & Bean Cheddar Queso Nacho's Corn Tortilla Chips, Sour Cream & Cholula Hot Sauce Shredded Lettuce & Cilantro, Cheese & Tomatoes Spicy Black Bean & Cotija Cheese Salsa Fruit of the Day	Chicago Footlong Hotdog Ketchup & Mustard Cheetos Baby Carrots & Dip Fruit of the Day	Spicy Buffalo Chicken Nuggets Ketchup & Ranch Flamas Garden Greens Salad w/Dressing Fruit of the Day	Fresh Hot Pizza Animal Crackers Chilled Corn Salad Fruit of the Day
Vegetarian Sandwich Deli Salad	Cheese Enchilada Sesame Chicken & Lettuce on Ciabatta or Chz Sand Grilled Chicken Caesar (Vegetarian Option)	Egg Fried Rice Chicken Chutney & Lettuce Sandwich or Chz Sand Grilled Asian Chicken Salad (Vegetarian Option)	Garlic Twisted Mozzarella Stuffed Breadstick Mediterranean Egg Salad & Lettuce Bun or Chz Sand Grilled Chicken Southwest Taco (Vegetarian Option)	Veggie Cheese Burger Grilled Greek Chicken Bun or Chz Sand Grilled Bistro Chicken Salad (Vegetarian Option)	Cheese Pizza Turkey & Lettuce Sand or Chz Sand Grilled Chicken Power Salad (Vegetarian Option)
Week 4	Monday, December 17, 2018	Tuesday, December 18, 2018	Wednesday, December 19, 2018	Thursday, December 20, 2018	Friday, December 21, 2018
Hot Lunch	Sloppy Joe WG Bun Funyuns Baby Carrots & Dip Fruit of the Day	Stuffed Shells w/Red Sauce Dinner Roll Mixed Greens Salad & Dressing Fruit of the Day	Brunch Lunch French Toast Sticks w/Fruit Topping & Syrup (6) Crispy Cubes Cucumbers & Carrots w/Dip Fruit of the Day	Chicken Carnitas Taco WG Tortilla, Shredded Lettuce, Cilantro & Cheese Flamas Spicy Black Bean & Cotija Cheese Salsa Fruit of the Day	Fresh Hot Pizza Animal Crackers Chilled Corn Salad Fruit of the Day
Vegetarian Sandwich Deli Salad	Pancakes & Syrup w/Veggie Sausage Grilled Herb Chicken Bun or Chz Sand Grilled Chicken Caesar (Vegetarian Option)	Cheese Quesadilla & Cholula Hot Sauce Grilled Curry Chicken & Lettuce on Ciabatta or Chz Sand Grilled Asian Chicken Salad (Vegetarian Option)	Egg Fried Rice Egg Salad & Lettuce Bun or Chz Sand Grilled Chicken Southwest Taco (Vegetarian Option)	Cheese Bosco Stick & Italian Ranch Turkey & Lettuce Sand or Chz Sand Grilled Bistro Chicken Salad (Vegetarian Option)	Cheese Pizza Chicken Craisin & Lettuce Sandwich or Chz Sand Grilled Chicken Power Salad (Vegetarian Option)
Week 5	Monday, December 24, 2018	Tuesday, December 25, 2018	Wednesday, December 26, 2018	Thursday, December 27, 2018	Friday, December 28, 2018
Hot Lunch	Breaded Chicken & Cheese Sandwich WG Bun, Ketchup, Mayo & Pickles Garden Veggie Sun Chips Baby Carrots & Dip Fruit of the Day	Nacho Cheese Scoops Nacho Cheese Beef, Tomatoes & Cilantro Tostitos Scoops & Sour Cream & Cholula Hot Sauce Spicy Black Bean & Cotija Cheese Salsa Fruit of the Day & Honey Graham Cracker	Shredded BBQ Sandwich WG Bun Munchies Chilled Corn Salad Fruit of the Day	Old Fashioned Hamburger WG Bun, Ketchup, Mustard & Pickle Rounds Cheetos Cucumbers & Baby Carrots & Dip Fruit of the Day	Fresh Hot Pizza Mixed Greens Salad & Dressing Fruit of the Day ABC Crackers
Vegetarian Sandwich Deli Salad	Bean & Cheese Burrito w/Cholula Honey Mustard Chix & Lettuce Ciabatta or Chz Sand Grilled Chicken Caesar (Vegetarian Option)	Twisted Mozzarella Breadstick w/Marinara Turkey & Lettuce Sand or Chz Sand Grilled Asian Chicken Salad (Vegetarian Option)	Double Cheese Omelet Chicken (No Nut Pesto) & Lettuce Bun or Chz Sand Grilled Chicken Southwest Taco (Vegetarian Option)	Macaroni & Cheese Spicy Egg Salad w/Lettuce Sand or Chz Sand Grilled Bistro Chicken Salad (Vegetarian Option)	Cheese Pizza Citrus Chicken Salad w/Lettuce Bun or Chz Sand Grilled Chicken Power Salad (Vegetarian Option)
Week 6	Monday, December 31, 2018	Tuesday, January 1, 2019	Wednesday, January 2, 2019	Thursday, January 3, 2019	Friday, January 4, 2019
Hot Lunch	Meatball Sub WG Hot Dog Bun Harvest Cheddar Sunchips Baby Carrots & Dip Fruit of the Day				
Vegetarian Sandwich Deli Salad	Cheese Bosco Stick & Italian Ranch Grilled Greek Chicken Bun or Chz Sand Grilled Chicken Caesar (Vegetarian Option)				

Menu is subject to infrequent change

Questions? Call 651-453-1136 or visit our website at www.ckcgoodfood.com

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