

Freshman Year Checklist

- ❑ Grades matter now! Credits and GPA starting now.
- ❑ Start the year off strong, do your best and make it a habit.
- ❑ Get involved in clubs, sports, volunteer activities—be part of something.
- ❑ **Be here everyday for every class! Attendance is EVERYTHING!**
- ❑ Meet with your counselor to make sure you are on track
- ❑ Take a personality test and assessments to understand your learning style, interests, and what careers might be a good fit for you.
- ❑ Identify what type of lifestyle you may want to live and the steps that might lead you there > reality check assessment in MCIS.
- ❑ Use MCIS <https://portal.mncis.intocareers.org/> to explore the assessments, start your career plan and save your work!
- ❑ Download Skyward on your phone and check your grades weekly
- ❑ Use your MCIS profile online and access school sort to search for schools
- ❑ Take the ideas and career cluster assessments in MCIS
- ❑ Finish the 5 steps under “Getting Started” in your career plan and remember to save your work.
- ❑ Start a conversation with a parent/guardian about college, trade school, community college, military or workforce.
- ❑ Meet with your counselor again.

Summer After Freshman Year

- ❑ Summer internship, camp, job
- ❑ Summer school?
- ❑ Volunteer
- ❑ Step Up program for job or internship
- ❑ Summer learning program
- ❑ Visit college campuses, research trade schools

My Plan

Name: _____ Date: _____

The below list are the steps I need to follow so I have a plan for after graduation. It is my goal to follow through on this plan by _____ . (Date)

I know I can ask for help from my teacher, my counselor, and _____ . (name of someone who can help you)

Signed _____
(please sign your name acknowledging your commitment to the below steps)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____