

Learning Style Study Tips

There is no best way to learn. You may find that study tips from all three types of learning styles are useful. You can experiment to find which ones work best for you.

Auditory

You may learn best through your ears. You need to sit where you can hear what is going on in the classroom. You like to listen to the lesson and take notes on it later. It is helpful if you can talk about the facts and concepts you learn in class with a friend or a study partner. You may hum or talk to yourself when you are bored. You remember things through the sounds related to the experience.

Study Tips for Auditory Learners

- Record lessons or your notes and re-listen to them later.
- Quietly say the words out loud when you read so you can hear them.
- Talk to yourself about important points in your notes.
- Ask teachers to give directions out loud or have someone read them to you.
- Put key ideas or facts into a song or rhythm.
- Join or organize a study group.
- Do homework with friends.
- Ask a visual or tactile study partner to create a verbal quiz for you.

Tactile

You may learn best through physical experience. You are a hands-on person, probably an athlete. You like to share your opinions with others. The more you can manipulate and touch information the better. Physical activity while learning helps you remember; like working on a lab experiment or going on a field type. You like to doodle, eat a snack, or move frequently to help with concentration.

Study Tips for Tactile Learners

- Take notes in class to give your hands something to do.
- Rewrite your notes or type them on a computer.
- Make charts, grids, outlines, diagrams.
- Underline while reading or write notes in the book.
- Exercise while you problem solve.
- Take short breaks while studying.
- Play music in the background.
- Act out ideas or role play situations.

Visual

You may learn best through your eyes. Learning is easier for you when information is presented visually. Charts, diagrams, images, or written materials make concepts more clear. You prefer to learn from a book rather than a teacher who lectures. Sitting in the front of the room lets you look at the teacher and helps you focus. It may be difficult for you to complete your work while talking with someone. You may like to picture ideas in your head, watch TV or videos. You probably take detailed notes.

Study Tips for Visual Learners

- Look at people when they are talking.
- Recopy notes in color.
- Use post-it notes to write down key ideas.
- Make to-do lists.
- Use diagrams, charts, and maps.
- Arrange color coded flash cards on a wall or poster.
- Visually organize notes using columns, categories, outline forms, and charts.
- Study in a quiet place (sound may distract you).
- Write out everything so you can look at it for review.

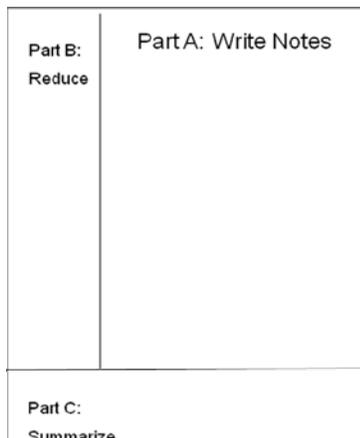
Study Tips for Everyone!

- Create a study space for yourself. Design it so it fits your study style (do you sit upright or sprawl?; do you study at a desk or table, on the floor, in a chair?; do you need lots of space?; sound in the background or quiet?)
- Exercise before studying can help you concentrate.
- Your brain loves color! Use highlighters, post-it notes, colorful index cards, and multi-colored pens.
- Make graphic organizers and flash cards to help you interact with important information.

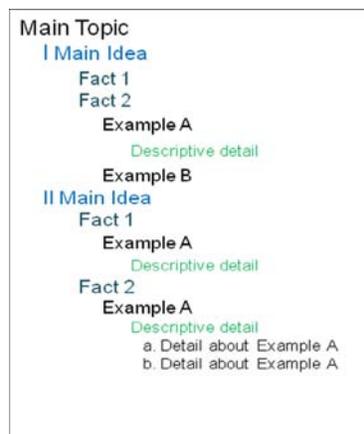
Note Taking Strategies

There is no “best way” to take notes. Select a method that works for you and that helps you remember the most information. You also want an organized method so your ideas are easy to read later. Below are the three examples for organizing notes for studying. Choose one of the note taking styles and use this worksheet to record learning style study tips you want to remember.

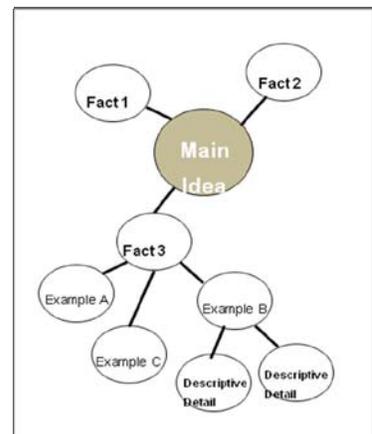
Cornell



Outlining



Mapping



Describe, outline, or map your learning style study tips here or on the back of the page: