

Fresh, Healthy, Good Food
Every Day!



this institution is an equal opportunity provider

December 2018 MTS PEASE M-TH Menu

Week 2	Monday, December 3, 2018	Tuesday, December 4, 2018	Wednesday, December 5, 2018	Thursday, December 6, 2018
Hot Lunch	Spicy Buffalo Chicken Tenders Ketchup & Ranch Sauce Garden Salsa Sunchip Baby Carrots & Dip Fruit of the Day	Cheeseburger WG Bun, Ketchup, Mustard & Pickles Flamas CKC Baked Beans Fruit of the Day	Jumbo Ravioli w/Red Sauce Dinner Roll Mixed Greens Salad w/Veggies & Dressing Fruit of the Day	Orange Chicken Seasoned Brown Rice Chilled Corn Salad Fruit of the Day
Vegetarian Sandwich Deli Salad	Pancakes & Syrup w/Veggie Sausage Chicken (No Nut Pesto) & Lettuce Bun or Chz Sand Grilled Chicken Caesar (Vegetarian Option)	Cheese Quesadilla & Cholula Hot Sauce Honey Mustard Chicken & Lettuce Ciabatta or Chz Sand Grilled Asian Chicken Salad (Vegetarian Option)	French Toast Sticks (6) & Syrup Turkey & Lettuce Sand or Chz Sand Grilled Chicken Southwest Taco (Vegetarian Option)	The Max Cheese Stick & Italian Ranch Citrus Chicken Salad w/Lettuce Bun or Chz Sand Grilled Bistro Chicken Salad (Vegetarian Option)
Week 3	Monday, December 10, 2018	Tuesday, December 11, 2018	Wednesday, December 12, 2018	Thursday, December 13, 2018
Hot Lunch	General TSO's Chicken Steamed Rice Baby Carrots & Dip Fruit of the Day	Beef & Bean Cheddar Queso Nacho's Corn Tortilla Chips, Sour Cream & Cholula Hot Sauce Shredded Lettuce & Cilantro, Cheese & Tomatoes Spicy Black Bean & Cotija Cheese Salsa Fruit of the Day	Chicago Footlong Hotdog Ketchup & Mustard Cheetos Chilled Corn Salad Fruit of the Day	Spicy Buffalo Chicken Nuggets Ketchup & Ranch Flamas Mixed Greens Salad w/Veggies & Dressing Fruit of the Day
Vegetarian Sandwich Deli Salad	Cheese Enchilada Sesame Chicken & Lettuce on Ciabatta or Chz Sand Grilled Chicken Caesar (Vegetarian Option)	Egg Fried Rice Chicken Chutney & Lettuce Sandwich or Chz Sand Grilled Asian Chicken Salad (Vegetarian Option)	Garlic Twisted Mozzarella Stuffed Breadstick Mediterranean Egg Salad & Lettuce Bun or Chz Sand Grilled Chicken Southwest Taco (Vegetarian Option)	Veggie Cheese Burger Grilled Greek Chicken Bun or Chz Sand Grilled Bistro Chicken Salad (Vegetarian Option)
Week 4	Monday, December 17, 2018	Tuesday, December 18, 2018	Wednesday, December 19, 2018	Thursday, December 20, 2018
Hot Lunch	Sloppy Joe WG Bun Funyuns Baby Carrots & Dip Fruit of the Day	Stuffed Shells w/Red Sauce Dinner Roll Chilled Corn Salad Fruit of the Day	Brunch Lunch French Toast Sticks w/Fruit Topping & Syrup (6) Crispy Cubes Mixed Greens Salad w/Veggies & Dressing Fruit of the Day	Chicken Carnitas Taco WG Tortilla, Shredded Lettuce, Cilantro & Cheese Flamas Spicy Black Bean & Cotija Cheese Salsa Fruit of the Day
Vegetarian Sandwich Deli Salad	Pancakes & Syrup w/Veggie Sausage Grilled Herb Chicken Bun or Chz Sand Grilled Chicken Caesar (Vegetarian Option)	Cheese Quesadilla & Cholula Hot Sauce Grilled Curry Chicken & Lettuce on Ciabatta or Chz Sand Grilled Asian Chicken Salad (Vegetarian Option)	Egg Fried Rice Egg Salad & Lettuce Bun or Chz Sand Grilled Chicken Southwest Taco (Vegetarian Option)	Cheese Bosco Stick & Italian Ranch Turkey & Lettuce Sand or Chz Sand Grilled Bistro Chicken Salad (Vegetarian Option)
Week 5	Monday, December 24, 2018	Tuesday, December 25, 2018	Wednesday, December 26, 2018	Thursday, December 27, 2018
Hot Lunch	Breaded Chicken & Cheese Sandwich WG Bun, Ketchup, Mayo & Pickles Garden Veggie Sun Chips Baby Carrots & Dip Fruit of the Day	Nacho Cheese Scoops Nacho Cheese Beef, Tomatoes & Cilantro Tostitos Scoops & Sour Cream & Cholula Hot Sauce Spicy Black Bean & Cotija Cheese Salsa Fruit of the Day	Shredded BBQ Sandwich WG Bun Munchies Chilled Corn Salad Fruit of the Day	Old Fashioned Hamburger WG Bun, Ketchup, Mustard & Pickle Rounds Cheetos Mixed Greens Salad w/Veggies & Dressing Fruit of the Day
Vegetarian Sandwich Deli Salad	Bean & Cheese Burrito w/Cholula Honey Mustard Chix & Lettuce Ciabatta or Chz Sand Grilled Chicken Caesar (Vegetarian Option)	Twisted Mozzarella Breadstick w/Marinara Turkey & Lettuce Sand or Chz Sand Grilled Asian Chicken Salad (Vegetarian Option)	Double Cheese Omelet Chicken (No Nut Pesto) & Lettuce Bun or Chz Sand Grilled Chicken Southwest Taco (Vegetarian Option)	Macaroni & Cheese Spicy Egg Salad w/Lettuce Sand or Chz Sand Grilled Bistro Chicken Salad (Vegetarian Option)
Week 6	Monday, December 31, 2018	Tuesday, January 1, 2019	Wednesday, January 2, 2019	Thursday, January 3, 2019
Hot Lunch	Meatball Sub WG Hot Dog Bun Harvest Cheddar Sunchips Baby Carrots & Dip Fruit of the Day			
Vegetarian Sandwich Deli Salad	Cheese Bosco Stick & Italian Ranch Grilled Greek Chicken Bun or Chz Sand Grilled Chicken Caesar (Vegetarian Option)			

Menu is subject to infrequent change

Questions? Call 651-453-1136 or visit our website at www.ckcgoodfood.com

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