

Supplemental Nutrition Assistance Program (SNAP)

Efforts underway to extend SNAP benefits through February

The Minnesota Department of Human Services is monitoring the federal government shutdown. Supplemental Nutrition Assistance Program (SNAP) benefits are affected by the federal shutdown. SNAP participants should:

- Turn in any required paperwork as soon as possible.
- Be aware that February SNAP benefits for most participants, including MFIP food benefits, will be issued early, between Jan. 19 and 20.
- Plan your food budget knowing that these benefits will be the only benefits provided before March.
- Apply for SNAP if you are not already receiving it but need those benefits.
- Continue to use your EBT card through February. Most grocery stores, convenience stores, farmers markets and other authorized SNAP retailers are still able to accept SNAP benefits.
- Contact the Minnesota Food HelpLine, 1-888-711-1151 or www.mnfoodhelpline.org (http://www.hungersolutions.org/find-help/) if you need help with food.

For more information, see the department's <u>Frequently Asked Questions (/dhs/assets/faq-snap-recipients-shutdown-2019_tcm1053-368714.pdf)</u> document about the shutdown's impact on benefits. Please watch this website for additional information as it becomes available.

Program info

SNAP, formerly know as Food Stamps, helps Minnesotans with low incomes get the food they need for nutritious and well-balanced meals. The program provides support to help stretch your household food budget. It is not intended to meet all of your household's food needs. It is a supplement.

If you are approved for SNAP, you can use your benefits at many stores, farmers markets and senior dining sites.

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<u>Leer este artículo en español (https://www.freshebt.com/como-el-cierre-de-gobierno-afecta-sus-beneficios-ebt-cupones-para-alimentos)</u>

How the government shutdown affects your EBT and food stamp (SNAP) benefits

Three things to remember:

- Most people will receive their February food stamp benefits early, around January 20th
- If you get your benefits early, you will NOT receive more benefits in February, so make sure to budget carefully
- You can use your EBT card normally throughout the shutdown

What is happening to January and February food stamp Benefits?

Your January benefits should be deposited on the normal schedule. If you are having an issue with your January benefits, please contact your case worker or call your state's SNAP hotline.

Your February benefits will be deposited early, around January 20th. These are not extra benefits, so make sure to budget carefully.

Will I receive benefits in February?

No, we expect that you will not receive your regular deposit in February. You should treat your early deposit as your February deposit. Consider setting aside that benefit until later in February to make sure they last until your next deposit.

Do I have to spend all my benefits before the end of January?