


**Fresh, Healthy, Good Food  
Every Day!**



*This institution is an equal opportunity provider*

March 2019 MTS Secondary 9-12 Pizza Friday Menu					
Week 2	Monday, February 25, 2019	Tuesday, February 26, 2019	Wednesday, February 27, 2019	Thursday, February 28, 2019	Friday, March 1, 2019
Hot Lunch					<b>Fresh Hot Pizza</b> Mixed Greens Salad & Dressing Fruit of the Day
Vegetarian Deli Sandwich Deli Salad					<b>Cheese Pizza</b> Egg Salad & Lettuce Bun or <b>Chz Sand</b> Grilled Chicken Power Salad ( <b>Vegetarian Option</b> )
Week 3	Monday, March 4, 2019	Tuesday, March 5, 2019	Wednesday, March 6, 2019	Thursday, March 7, 2019	Friday, March 8, 2019
Hot Lunch	<b>Chicago Footlong Hotdog</b> Ketchup & Mustard Cheetos Baby Carrots & Dip Fruit of the Day	<b>Pasta Alfredo</b> Dinner Roll Mixed Greens Salad & Dressing Fruit of the Day Chocolate Chip Elf Grahams	<b>Loaded Cheddar Queso Nacho's</b> Corn Tortilla Chips, Sour Cream Shredded Lettuce, Cheese & Boomba Corn Black Bean & Cotija Salsa Fruit of the Day	<b>Sweet &amp; Sour Chicken</b> Steamed Rice Chilled Asian Broccoli Fruit of the Day	<b>Fresh Hot Pizza</b> Garden Greens Salad w/Veggies & Dressing Fruit of the Day Animal Crackers
Vegetarian Deli Sandwich Deli Salad	<b>Cheese Enchilada</b> Sesame Chicken & Lettuce on Ciabatta or <b>Chz Sand</b> Grilled Chicken Caesar ( <b>Vegetarian Option</b> )	<b>Egg Fried Rice</b> Chix Chutney Salad & Lettuce Sandwich or <b>Chz Sand</b> Grilled Asian Chicken Salad ( <b>Vegetarian Option</b> )	<b>Garlic Twisted Mozzarella Stuffed Breadstick</b> Mediterranean Egg Salad & Lettuce Bun or <b>Chz Sand</b> Grilled Chicken Southwest Taco ( <b>Vegetarian Option</b> )	<b>Veggie Cheese Burger</b> Grilled Greek Chicken Bun or <b>Chz Sand</b> Grilled Bistro Chicken Salad ( <b>Vegetarian Option</b> )	<b>Cheese Pizza</b> Turkey & Lettuce Sand or <b>Chz Sand</b> Grilled Chicken Power Salad ( <b>Vegetarian Option</b> )
Week 4	Monday, March 11, 2019	Tuesday, March 12, 2019	Wednesday, March 13, 2019	Thursday, March 14, 2019	Friday, March 15, 2019
Hot Lunch	<b>Golden Chicken Nuggets</b> Ketchup & Ranch Funyuns Baby Carrots & Dip Fruit of the Day	<b>Sloppy Joe</b> WG Bun Goldfish Pretzels Chilled Corn Boomba Salad Fruit of the Day	<b>Shredded BBQ Sandwich</b> WG Bun Munchies Baked Beans Fruit of the Day	<b>Old Fashioned Soft Shell Beef Taco</b> WG Tortilla, Shredded Lettuce & Cheese CKC Youza Slaw & Baby Carrot Slims w/Dip Fruit of the Day Mini Chocolate Chip Gripz	<b>Fresh Hot Pizza</b> Mixed Greens Salad & Dressing Fruit of the Day ABC Crackers
Vegetarian Deli Sandwich Deli Salad	<b>Pancakes &amp; Syrup w/Veggie Sausage</b> Grilled Herb Chicken Bun or <b>Chz Sand</b> Grilled Chicken Caesar ( <b>Vegetarian Option</b> )	<b>Cheese Quesadilla &amp; Cholula Hot Sauce</b> Grilled Curry Chix & Lettuce on Ciabatta or <b>Chz Sand</b> Grilled Asian Chicken Salad ( <b>Vegetarian Option</b> )	<b>Egg Fried Rice</b> Egg Salad & Lettuce Bun or <b>Chz Sand</b> Grilled Chicken Southwest Taco ( <b>Vegetarian Option</b> )	<b>Cheese Bosco Stick &amp; Italian Ranch</b> Turkey & Lettuce Sand or <b>Chz Sand</b> Grilled Bistro Chicken Salad ( <b>Vegetarian Option</b> )	<b>Cheese Pizza</b> Chicken Craisin & Lettuce Sandwich or <b>Chz Sand</b> Grilled Chicken Power Salad ( <b>Vegetarian Option</b> )
Week 5	Monday, March 18, 2019	Tuesday, March 19, 2019	Wednesday, March 20, 2019	Thursday, March 21, 2019	Friday, March 22, 2019
Hot Lunch	<b>Breaded Chicken &amp; Cheese Sandwich</b> WG Bun & Ketchup Garden Veggie Sun Chips Baby Carrots & Dip Fruit of the Day	<b>Nacho Cheese Scoops</b> Nacho Cheese Chicken, Tomatoes & Cilantro Tostitos Scoops Black Bean & Cotija Salsa Fruit of the Day & Honey Graham Cracker	<b>Creamy Mac &amp; Cheese</b> Dinner Roll Cucumbers w/Dip Baby Carrots & Dip Fruit of the Day	<b>Old Fashioned Hamburger</b> WG Bun, Ketchup, Mustard & Pickle Rounds Cheetos Chilled Boomba Corn Salad Fruit of the Day	<b>Fresh Hot Pizza</b> Garden Greens Salad & Dressing Fruit of the Day ABC Crackers
Vegetarian Deli Sandwich Deli Salad	<b>Bean &amp; Cheese Burrito w/Cholula</b> Honey Mustard Chix & Lettuce Ciabatta or <b>Chz Sand</b> Grilled Chicken Caesar ( <b>Vegetarian Option</b> )	<b>Twisted Mozzarella Breadstick w/Marinara</b> Turkey & Lettuce Sand or <b>Chz Sand</b> Grilled Asian Chicken Salad ( <b>Vegetarian Option</b> )	<b>Double Cheese Omelet</b> Chicken (No Nut Pesto) & Lettuce Bun or <b>Chz Sand</b> Grilled Chicken Southwest Taco ( <b>Vegetarian Option</b> )	<b>Macaroni &amp; Cheese</b> Egg Salad & Lettuce Bun or <b>Chz Sand</b> Grilled Bistro Chicken Salad ( <b>Vegetarian Option</b> )	<b>Cheese Pizza</b> Citrus Chicken Salad w/Lettuce Bun or <b>Chz Sand</b> Grilled Chicken Power Salad ( <b>Vegetarian Option</b> )
Week 6	Monday, March 25, 2019	Tuesday, March 26, 2019	Wednesday, March 27, 2019	Thursday, March 28, 2019	Friday, March 29, 2019
Hot Lunch	<b>Chicken Fritter &amp; Potato Wrap</b> WG Tortilla, Shredded Boomba Slaw & Cheese Crispy Cubes & Carrot Slims w/Dip Fruit of the Day Strawberry Chex Mix	<b>Taco in a Bag</b> Nacho Cheese Chips & Seasoned Beef Shredded Lettuce & Cheese Black Bean & Cotija Salsa Fruit of the Day	<b>Mediterranean Rice Pilaf</b> Mixed Garden Greens Salad w/Dressing Fruit of the Day	<b>Meatball Sub</b> WG Hot Dog Bun Harvest Cheddar Sunchips Baby Carrots & Dip Fruit of the Day	<b>Fresh Hot Pizza</b> Mixed Greens Salad & Dressing Fruit of the Day
Vegetarian Deli Sandwich Deli Salad	<b>Cheese Bosco Stick &amp; Italian Ranch</b> Grilled Greek Chicken Bun or <b>Chz Sand</b> Grilled Chicken Caesar ( <b>Vegetarian Option</b> )	<b>Cheese Ravioli w/Red Sauce</b> Mediterranean Egg Salad & Lettuce Bun or <b>Chz Sand</b> Grilled Asian Chicken Salad ( <b>Vegetarian Option</b> )	<b>Veggie Cheeseburger</b> Sesame Chicken & Lettuce on Ciabatta or <b>Chz Sand</b> Grilled Chicken Southwest Taco ( <b>Vegetarian Option</b> )	<b>French Toast Sticks (6) &amp; Syrup</b> Chix Chutney Salad & Lettuce Sandwich or <b>Chz Sand</b> Grilled Bistro Chicken Salad ( <b>Vegetarian Option</b> )	<b>Cheese Pizza</b> Lime Chicken w/Lettuce Bun or <b>Chz Sand</b> Grilled Chicken Power Salad ( <b>Vegetarian Option</b> )

Menu is subject to infrequent changes

Questions? Call 651-453-1136 or visit our website at [www.ckcgoodfood.com](http://www.ckcgoodfood.com)

Skim & 1% milk choices offered daily