

**Fresh, Healthy, Good Food  
Every Day!**



This institution is an equal opportunity provider

May 2019 MTS Secondary 9-12 Pizza Friday Menu					
Week 5	Monday, April 29, 2019	Tuesday, April 30, 2019	Wednesday, May 1, 2019	Thursday, May 2, 2019	Friday, May 3, 2019
Hot Lunch			<b>Creamy Mac &amp; Cheese</b> Dinner Roll Cucumbers w/Dip Baby Carrots & Dip Fruit of the Day	<b>Old Fashioned Hamburger</b> WG Bun, Ketchup, Mustard & Pickle Rounds Baked Cheese Puffs Chilled Boomba Corn Salad Fruit of the Day	<b>Fresh Hot Pizza</b> Garden Greens Salad & Dressing Fruit of the Day ABC Crackers
Vegetarian Deli Sandwich Deli Salad			Cheese Lasagna Roll w/Marinara Chicken (No Nut Pesto) & Lettuce Bun or Chz Sand Grilled Chicken Southwest Taco (Vegetarian Option)	Macaroni & Cheese Egg Salad & Lettuce Bun or Chz Sand Grilled Bistro Chicken Salad (Vegetarian Option)	Cheese Pizza Citrus Chicken Salad w/Lettuce Bun or Chz Sand Grilled Chicken Power Salad (Vegetarian Option)
Week 6	Monday, May 6, 2019	Tuesday, May 7, 2019	Wednesday, May 8, 2019	Thursday, May 9, 2019	Friday, May 10, 2019
Hot Lunch	<b>Chicken Fritter Wrap</b> WG Tortilla, Shredded Boomba Cabbage & Cheese Baby Carrots & Dip Fruit of the Day Strawberry Chex Mix	<b>Taco in a Bag</b> Nacho Cheese Chips & Seasoned Beef Shredded Lettuce & Cheese Black Bean & Cotija Salsa Fruit of the Day	<b>Rosy Alfredo Ravioli</b> Dinner Roll & Margarine Garden Greens Salad w/Veggies & Dressing Fruit of the Day	<b>Meatball Sub</b> WG Hot Dog Bun Harvest Cheddar Sunchips Baby Carrots & Dip Fruit of the Day	<b>Fresh Hot Pizza</b> Mixed Greens Salad w/Veggies & Dressing Fruit of the Day
Vegetarian Deli Sandwich Deli Salad	Cheese Bosco Stick & Italian Ranch Grilled Greek Chicken Bun or Chz Sand Grilled Chicken Caesar (Vegetarian Option)	Cheese Ravioli w/Red Sauce Mediterranean Egg Salad & Lettuce Bun or Chz Sand Grilled Asian Chicken Salad (Vegetarian Option)	Veggie Cheeseburger Sesame Chicken & Lettuce on Ciabatta or Chz Sand Grilled Chicken Southwest Taco (Vegetarian Option)	Mozzarella Pinwheel Chix Chutney Salad & Lettuce Sandwich or Chz Sand Grilled Bistro Chicken Salad (Vegetarian Option)	Cheese Pizza Lime Chicken w/Lettuce Bun or Chz Sand Grilled Chicken Power Salad (Vegetarian Option)
Week 1	Monday, May 13, 2019	Tuesday, May 14, 2019	Wednesday, May 15, 2019	Thursday, May 16, 2019	Friday, May 17, 2019
Hot Lunch	<b>Cowboy Cheeseburger</b> Goldfish Pretzels Baby Carrots & Dip Fruit of the Day	<b>Sweet &amp; Sour Chicken</b> Steamed Seasoned Rice Mixed Greens Salad w/Dressing Fruit of the Day	<b>Southwest White Queso Nachos</b> Shredded Lettuce, Chz, Diced Tomatoes & Cilantro Golden Corn Chips Chilled Corn Salad Fruit of the Day	<b>All Beef Hot Dog</b> Hot Dog Bun & Ketchup Munchies Baked Beans Fruit of the Day	<b>Fresh Hot Pizza</b> Mixed Greens Salad w/Dressing Fruit of the Day ABC Crackers
Vegetarian Deli Sandwich Deli Salad	Broccoli Cheese Croissant Turkey & Lettuce Sand or Chz Sand Grilled Chicken Caesar (Vegetarian Option)	Cheese Lasagna Roll w/Marinara Egg Salad & Lettuce Bun or Chz Sand Grilled Asian Chicken Salad (Vegetarian Option)	Mozzarella Pinwheel Grilled Curry Chix & Lettuce on Ciabatta or Chz Sand Grilled Chicken Southwest Taco (Vegetarian Option)	Bean & Cheese Burrito w/Cholula Hot Sauce Chicken Craisin & Lettuce Sandwich or Chz Sand Grilled Bistro Chicken Salad (Vegetarian Option)	Cheese Pizza Grilled Herb Chicken Bun or Chz Sand Grilled Chicken Power Salad (Vegetarian Option)
Week 2	Monday, May 20, 2019	Tuesday, May 21, 2019	Wednesday, May 22, 2019	Thursday, May 23, 2019	Friday, May 24, 2019
Hot Lunch	<b>Chicken Fritters</b> Ketchup Garden Salsa Sun Chips Baby Carrots & Dip Fruit of the Day	<b>Juicy Mozzarella Ranchburger</b> WG Bun & Ketchup Furuyns Chilled Corn Boomba Salad Fruit of the Day	<b>Orange Chicken</b> Seasoned Brown rice Mixed Green Salad & Dressing Fruit of the Day	<b>MYO Chilaquiles</b> Tortilla Chips, Chicken Verde Sour Cream Black Bean Cotija Salsa & Carrot Slims w/Dip Fruit of the Day & Cinnamon Elf Grahams	<b>Fresh Hot Pizza</b> Mixed Greens Salad w/Dressing Fruit of the Day ABC Crackers
Vegetarian Deli Sandwich Deli Salad	Pancakes & Syrup w/Veggie Sausage Chicken (No Nut Pesto) & Lettuce Bun or Chz Sand Grilled Chicken Caesar (Vegetarian Option)	Cheese Quesadilla & Cholula Hot Sauce Honey Mustard Chix & Lettuce Ciabatta or Chz Sand Grilled Asian Chicken Salad (Vegetarian Option)	French Toast Sticks (6) & Syrup Turkey & Lettuce Sand or Chz Sand Grilled Chicken Southwest Taco (Vegetarian Option)	The Max Cheese Stick & Italian Ranch Citrus Chicken Salad w/Lettuce Bun or Chz Sand Grilled Bistro Chicken Salad (Vegetarian Option)	Cheese Pizza Egg Salad & Lettuce Bun or Chz Sand Grilled Chicken Power Salad (Vegetarian Option)
Week 3	Monday, May 27, 2019	Tuesday, May 28, 2019	Wednesday, May 29, 2019	Thursday, May 30, 2019	Friday, May 31, 2019
Hot Lunch	<b>Chicago Footlong Hotdog</b> Ketchup & Mustard Cheetos Baby Carrots & Dip Fruit of the Day	<b>Mongolian Meatballs</b> Steamed Seasoned Rice Mixed Greens Salad & Dressing Fruit of the Day	<b>Loaded Cheddar Queso Nachos</b> Corn Tortilla Chips, Sour Cream Shredded Lettuce, Cheese & Boomba Corn Black Bean & Cotija Salsa Fruit of the Day	<b>Cheeseburger</b> Ketchup & Pickles Baked Cheese Puffs Dressed Carrots & Broccoli Fruit of the Day	<b>Fresh Hot Pizza</b> Garden Greens Salad w/Veggies & Dressing Fruit of the Day Animal Crackers
Vegetarian Deli Sandwich Deli Salad	Poblano Cheese Burrito Sesame Chicken & Lettuce on Ciabatta or Chz Sand Grilled Chicken Caesar (Vegetarian Option)	Egg Fried Rice Chix Chutney Salad & Lettuce Sandwich or Chz Sand Grilled Asian Chicken Salad (Vegetarian Option)	Garlic Twisted Mozzarella Stuffed Breadstick Mediterranean Egg Salad & Lettuce Bun or Chz Sand Grilled Chicken Southwest Taco (Vegetarian Option)	Veggie Cheese Burger Grilled Greek Chicken Bun or Chz Sand Grilled Bistro Chicken Salad (Vegetarian Option)	Cheese Pizza Turkey & Lettuce Sand or Chz Sand Grilled Chicken Power Salad (Vegetarian Option)

Menu is subject to infrequent changes

Questions? Call 651-453-1136 or visit our website at [www.ckcgoodfood.com](http://www.ckcgoodfood.com)

Skim 1% milk choices offered daily