

**Fresh, Healthy, Good Food
Every Day!**



This institution is an equal opportunity provider

| May 2019 MTS P.E.A.S.E. Academy M-Th Menu | | | | |
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| Week 5 | Monday, April 29, 2019 | Tuesday, April 30, 2019 | Wednesday, May 1, 2019 | Thursday, May 2, 2019 |
| Hot Lunch | | | Creamy Mac & Cheese Dinner Roll Cucumbers, Baby Carrots & Dip Fruit of the Day | Old Fashioned Hamburger WG Bun, Ketchup, Mustard & Pickle Rounds Baked Cheese Puffs Chilled Boomba Corn Salad Fruit of the Day |
| Vegetarian Deli Sandwich Deli Salad | | | Cheese Lasagna Roll w/Marinara Chicken (No Nut Pesto) & Lettuce Bun or Chz Sand Grilled Chicken Southwest Taco (Vegetarian Option) | Macaroni & Cheese Spicy Egg Salad w/Lettuce Sand or Chz Sand Grilled Bistro Chicken Salad (Vegetarian Option) |
| Week 6 | Monday, May 6, 2019 | Tuesday, May 7, 2019 | Wednesday, May 8, 2019 | Thursday, May 9, 2019 |
| Hot Lunch | Meatball Sub WG Hot Dog Bun Harvest Cheddar Sunchips Baby Carrots & Dip Fruit of the Day | Chicken Fritter Wrap WG Tortilla, Shredded Boomba Cabbage & Cheese Garden Greens Salad & Dressing Fruit of the Day Strawberry Chex Mix | Taco in a Bag Nacho Cheese Chips, Seasoned Beef Shredded Lettuce, Cheese & Cilantro Spicy Black Bean & Cotija Cheese Salsa & Corn Boomba Fruit of the Day & Honey Graham | Yang's Spicy Buffalo Chicken Boat Seasoned Rice Creamy Coleslaw Baby Carrots & Dip Fruit of the Day |
| Vegetarian Deli Sandwich Deli Salad | Cheese Bosco Stick & Italian Ranch Grilled Greek Chicken Bun or Chz Sand Grilled Chicken Caesar (Vegetarian Option) | Cheese Ravioli w/Red Sauce Mediterranean Egg Salad & Lettuce Bun or Chz Sand Grilled Asian Chicken Salad (Vegetarian Option) | Veggie Cheeseburger Sesame Chicken & Lettuce on Ciabatta or Chz Sand Grilled Chicken Southwest Taco (Vegetarian Option) | Mozzarella Pinwheel Chix Chutney Salad & Lettuce Sandwich or Chz Sand Grilled Bistro Chicken Salad (Vegetarian Option) |
| Week 1 | Monday, May 13, 2019 | Tuesday, May 14, 2019 | Wednesday, May 15, 2019 | Thursday, May 16, 2019 |
| Hot Lunch | Cowboy BBQ Cheeseburger Hot Cheetos Baby Carrots & Dip CKC Baked Beans Fruit of the Day | Chicken Southwest White Queso Nacho Shred. Lettuce, Chz, Diced Tomatoes & Cilantro Golden Corn Chips Chilled Boomba Corn Salad & Garden Salad w/Dressing Fruit of the Day | Mongolian Spicy Rice Baby Carrots & Dip Fruit of the Day Chocolate Grips | All Beef Hot Dog Hot Dog Bun, Ketchup & Mustard Bag of Munchies Creamy Coleslaw Fruit of the Day |
| Vegetarian Deli Sandwich Deli Salad | Broccoli Cheese Croissant Turkey & Lettuce Sand or Chz Sand Grilled Chicken Caesar (Vegetarian Option) | Cheese Lasagna Roll w/Marinara Egg Salad & Lettuce Bun or Chz Sand Grilled Asian Chicken Salad (Vegetarian Option) | Mozzarella Pinwheel Grilled Curry Chicken & Lettuce Ciabatta or Chz Sand Grilled Chicken Southwest Taco (Vegetarian Option) | Bean & Cheese Burrito w/Cholula Hot Sauce Chicken Craisin & Lettuce Sandwich or Chz Sand Grilled Bistro Chicken Salad (Vegetarian Option) |
| Week 2 | Monday, May 20, 2019 | Tuesday, May 21, 2019 | Wednesday, May 22, 2019 | Thursday, May 23, 2019 |
| Hot Lunch | Spicy Buffalo Chicken Tenders Ketchup & Ranch Sauce Garden Salsa Sunchips Baby Carrots & Dip Fruit of the Day | MYO Chilaquiles Tortilla Chips, Chili Verde Chicken Sour Cream & Cholula Hot Sauce Spicy Black Bean & Cotija Salsa & Boomba Corn Fruit of the Day | Juicy Mozzarella Ranchburger WG Bun & Ketchup Hot Cheetos Creamy Coleslaw & Carrot Slims w/Dip Fruit of the Day | Penne w/Meatsauce Sesame Chilled Broccoli Fruit of the Day |
| Vegetarian Deli Sandwich Deli Salad | Pancakes & Syrup w/Veggie Sausage Chicken (No Nut Pesto) & Lettuce Bun or Chz Sand Grilled Chicken Caesar (Vegetarian Option) | Cheese Quesadilla & Cholula Hot Sauce Honey Mustard Chix & Lettuce Ciabatta or Chz Sand Grilled Asian Chicken Salad (Vegetarian Option) | French Toast Sticks (6) & Syrup Turkey & Lettuce Sand or Chz Sand Grilled Chicken Southwest Taco (Vegetarian Option) | The Max Cheese Stick & Italian Ranch Citrus Chicken Salad w/Lettuce Bun or Chz Sand Grilled Bistro Chicken Salad (Vegetarian Option) |
| Week 3 | Monday, May 27, 2019 | Tuesday, May 28, 2019 | Wednesday, May 29, 2019 | Thursday, May 30, 2019 |
| Hot Lunch | General TSO's Chicken Steamed Rice Asian Broccoli & Carrots w/Dip Fruit of the Day | Loaded Cheddar Queso Nachos Corn Tortilla Chips, Sour Cream & Cholula Hot Sauce Shredded Lettuce & Cilantro, Cheese & Tomatoes Spicy Black Bean & Cotija Cheese Salsa Fruit of the Day | Spicy Mongolian Meatballs Steamed Seasoned Rice Mixed Greens Salad & Dressing Fruit of the Day | Chicago Footlong Hotdog Ketchup & Mustard Cheese Puffs Chilled Boomba Corn Salad & Baby Carrots w/Dip Fruit of the Day |
| Vegetarian Deli Sandwich Deli Salad | Poblano Cheese Burrito Sesame Chicken & Lettuce on Ciabatta or Chz Sand Grilled Chicken Caesar (Vegetarian Option) | Egg Fried Rice Chix Chutney Salad & Lettuce Sandwich or Chz Sand Grilled Asian Chicken Salad (Vegetarian Option) | Garlic Twisted Mozzarella Stuffed Breadstick Mediterranean Egg Salad & Lettuce Bun or Chz Sand Grilled Chicken Southwest Taco (Vegetarian Option) | Veggie Cheese Burger Grilled Greek Chicken Bun or Chz Sand Grilled Bistro Chicken Salad (Vegetarian Option) |

Menu is subject to infrequent changes

Questions? Call 651-453-1136 or visit our website at www.ckcgoodfood.com

Skim 1% milk choices offered daily