

| September 2019 MTS Secondary 6-8 Pizza Friday Menu | | | | | |
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| Week 5 | Monday, September 2, 2019 | Tuesday, September 3, 2019 | Wednesday, September 4, 2019 | Thursday, September 5, 2019 | Friday, September 6, 2019 |
| Hot Lunch | Old Fashioned Soft Shell Beef Taco WG Tortilla, Seasoned Beef, Lettuce & Cheese Sour Cream & Cholula Hot Sauce Tortilla Chips & Refried Bean Dip Fruit of the Day | Breaded Chicken & Cheese Sandwich WG Bun, Ketchup, Mayo & Pickles Harvest Cheddar Sun Chips Baby Carrots & Dip Fruit of the Day | Creamy Mac & Cheese Dinner Roll Cucumbers, Baby Carrots & Dip Fruit of the Day | Old Fashioned Hamburger WG Bun, Ketchup, Mustard & Pickle Rounds Doritos Sweet Chili Corneriffic Salad Fruit of the Day | Fresh Hot Delivered Pizza Mixed Greens Salad w/Dressing Fruit of the Day |
| Veg Lunch | French Toast Sticks & Syrup | Bean & Cheese Burrito & Cholula Hot Sauce | Cheese Lasagna w/Marinara | Egg & Cheese Ciabata | Cheese Pizza |
| Cold Lunch | Fruited Yogurt, Cheese Stick & Bagel w/Cream Chz or Cheese Sandwich | Turkey & Lettuce Sandwich or Cheese Sandwich | Cheese Pizza Pack (Like a Lunchable) or Cheese Sandwich | Sliced Turkey & Cheddar on Whole Wheat Bread or Cheese Sandwich | Citrus Chicken w/Lettuce Bun or Cheese Sandwich |
| Deli Salad | Grilled Chicken Caesar or Veg Caesar Salad | Grilled Asian Chicken Salad or Veg Asian Salad | Grilled Chix Southwest Taco or Veg Taco Salad | Grilled Bistro Chicken Salad or Veg Bistro Salad | Grilled Chicken Power Salad or Veg Power Salad |
| Week 6 | Monday, September 9, 2019 | Tuesday, September 10, 2019 | Wednesday, September 11, 2019 | Thursday, September 12, 2019 | Friday, September 13, 2019 |
| Hot Lunch | Meatball Sub w/Mozzarella WG Hot Dog Bun Goldfish Pretzels Baby Carrots & Dip Fruit of the Day | Chicken Fritter Wrap w/Yowza Sauce WG Tortilla & Cheese Tomatoes & Boomba Cabbage Slaw Fruit of the Day | Taco in a Bag Nacho Cheese Chips, Seasoned Beef Shredded Lettuce, Cheese & Cilantro Refried Bean Dip Fruit of the Day | Szechuan Chicken Seasoned Rice Asian Broccoli Carrots & Dip Fruit of the Day | Fresh Hot Delivered Pizza Cornerifica Salad Sour Cream & Cheddar Chips Fruit of the Day |
| Veg Lunch | Creamy Mac & Cheese | Cheese Quesadilla & Cholula Hot Sauce | Double Cheese Stuffed Breadstick | Pizza Crunchers w/Italian Dip | Cheese Pizza |
| Cold Lunch | Sunbutter & Jelly Sandwiches or Cheese Sandwich | Taco Chicken: Grilled & Chilled w/Sides or Cheese Sandwich | Sesame Chicken & Lettuce on Ciabatta or Cheese Sandwich | Deli Turkey Bagel Sandwich or Cheese Sandwich | Lime Chicken w/Lettuce Bun or Cheese Sandwich |
| Deli Salad | Grilled Chicken Caesar or Veg Caesar Salad | Grilled Asian Chicken Salad or Veg Asian Salad | Grilled Chix Southwest Taco or Veg Taco Salad | Grilled Bistro Chicken Salad or Veg Bistro Salad | Grilled Chicken Power Salad or Veg Power Salad |
| Week 1 | Monday, September 16, 2019 | Tuesday, September 17, 2019 | Wednesday, September 18, 2019 | Thursday, September 19, 2019 | Friday, September 20, 2019 |
| Hot Lunch | Cowboy BBQ Cheeseburger Doritos Cool Ranch Baby Carrots & Dip CKC Baked Beans Fruit of the Day | Southwest Chicken Nachos Corn Chips, Lettuce, Chz, Diced Tomatoes & Cilantro Cholula Hot Sauce & Sour Cream Ranchero's Corn Salad Fruit of the Day | Spicy Mongolian Rice Pilaf Carrot Slims & Dip Fruit of the Day Chocolate Caramel Chex Mix | All Beef Hot Dog Hot Dog Bun, Ketchup & Mustard Funyuns Creamy Coleslaw Fruit of the Day | Fresh Hot Delivered Pizza Mixed Greens Salad & Dressing Fruit of the Day |
| Veg Lunch | Garden Burger | Cheese Lasagna w/Marinara | Veggie Pizza Pack (Like a Lunchable) | Egg & Cheese Biscuit Sandwich | Cheese Pizza |
| Cold Lunch | Turkey on Whole Wheat Bread or Cheese Sandwich | Grilled Chicken Bagel Sandwich or Cheese Sandwich | Grilled Chicken & Cheddar Cheese Bun or Cheese Sandwich | Greek Yogurt, Cheese Stick & Animal Crackers or Cheese Sandwich | Turkey & Cheese Lunch Box Pack or Cheese Sandwich |
| Deli Salad | Grilled Chicken Caesar or Veg Caesar Salad | Grilled Asian Chicken Salad or Veg Asian Salad | Grilled Chix Southwest Taco or Veg Taco Salad | Grilled Bistro Chicken Salad or Veg Bistro Salad | Grilled Chicken Power Salad or Veg Power Salad |
| Week 2 | Monday, September 23, 2019 | Tuesday, September 24, 2019 | Wednesday, September 25, 2019 | Thursday, September 26, 2019 | Friday, September 27, 2019 |
| Hot Lunch | Korean BBQ Steamed Seasoned Rice Corn Crunch Salad Fruit of the Day | Juicy Mozzarella Burger WG Bun, Tomato & Leaf Lettuce w/Ketchup & Mayo Hot Cheetos Creamy Coleslaw & Carrot Slims w/Dip Fruit of the Day | Chicken Alfredo Penne w/Heat Dinner Roll w/Margarine Mixed Greens Salad & Dressing Fruit of the Day | Delicious Spicy Meatballs & Sauce Steamed Seasoned Rice Banzo Yogurt Salad Fruit of the Day | Fresh Hot Delivered Pizza Garden Salsa Sun Chips Baby Carrots & Dip Fruit of the Day |
| Veg Lunch | Double Cheese Stuffed Breadstick | Veggie Sausage & Mini Cheese Bagel Sandwich | Pizza Crunchers w/ Marinara Sauce | Cheese Enchiladas | Cheese Pizza |
| Cold Lunch | Sunbutter & Jelly Sandwiches or Cheese Sandwich | Honey Mustard Chix & Lettuce Ciabatta or Cheese Sandwich | Turkey & Lettuce Sandwich or Cheese Sandwich | Cheese Pizza Pack (Like a Lunchable) or Cheese Sandwich | Protein Medley: Egg, Chz Cubes, Mini Bagel & Margarine or Cheese Sandwich |
| Deli Salad | Grilled Chicken Caesar or Veg Caesar Salad | Grilled Asian Chicken Salad or Veg Asian Salad | Grilled Chix Southwest Taco or Veg Taco Salad | Grilled Bistro Chicken Salad or Veg Bistro Salad | Grilled Chicken Power Salad or Veg Power Salad |
| Week 3 | Monday, September 30, 2019 | Tuesday, October 1, 2019 | Wednesday, October 2, 2019 | Thursday, October 3, 2019 | Friday, October 4, 2019 |
| Hot Lunch | General Tso's Chicken Steamed Rice Asian Marinated Carrot Salad Fruit of the Day | | | | |
| Veg Lunch | Wild Mikes Cheese Bites w/ Italian Dip | | | | |
| Cold Lunch | Grilled Greek Chicken Bun or Cheese Sandwich | | | | |
| Deli Salad | Grilled Chicken Caesar or Veg Caesar Salad | | | | |

*Skim and 1% milk choices offered daily.
*All Bread/Chips/Tortillas listed in the menu are whole-grain products.