

Menu Name : K-12 A Bagged Breakfast w Cereal Menu

Grade Level / Age Group : K-12 Grades

Meal Pattern : NSLP

Meal: Breakfast

## January - 2024

Breakfast	Monday, January 1, 2024	Tuesday, January 2, 2024	Wednesday, January 3, 2024	Thursday, January 4, 2024	Friday, January 5, 2024	Week III
	Big Bowl Trix Cereal (2 Items)	WG Chocolate Chip Muffin (2 items)	Apple Frudel (2 items)	Banana Breakfast Bread (2 items)	* Student Favorite* Low Sugar WG Honey Bun (2 items)	
	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	
	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	
	Chef's Choice may be offered					

Breakfast	Monday, January 8, 2024	Tuesday, January 9, 2024	Wednesday, January 10, 2024	Thursday, January 11, 2024	Friday, January 12, 2024	Week IV
	Assorted Big Bowl Cereal (2 Items)	Banana Muffin (2 items)	* Student Favorite* Low Sugar Whole Grain Apple Fritter Bun (2 items)	Delicious Mini Pancake Bites (2 items)	* Student Favorite* Low Sugar WG Chocolate Enrobed Donut (2 items)	
	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	
	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	
	Chef's Choice may be offered					

Breakfast	Monday, January 15, 2024	Tuesday, January 16, 2024	Wednesday, January 17, 2024	Thursday, January 18, 2024	Friday, January 19, 2024	Week V
	Assorted Big Bowl Cereal (2 items)	Apple Cinnamon Muffin (2 items)	Delicious Mini Pancake Bites (2 items)	Low Sugar WG Cinnamon Roll (2 items)	* Student Favorite* Low Sugar Whole Grain Chocolate Cake Donut (2 items)	
	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	
	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	
	Chef's Choice may be offered					

Breakfast	Monday, January 22, 2024	Tuesday, January 23, 2024	Wednesday, January 24, 2024	Thursday, January 25, 2024	Friday, January 26, 2024	Week VI
	Assorted Big Bowl Cereal (2 items)	Whole Grain Chocolate Chip Muffin (2 items)	Strawberry Hand Pie (2 items)	Sliced Plain Bagel & Cream Cheese (2 items)	* Student Favorite* Low Sugar 4 Pack Glazed Mini Breakfast Bites (2 items)	
	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	
	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	
	Chef's Choice may be offered					

Breakfast	Monday, January 29, 2024	Tuesday, January 30, 2024	Wednesday, January 31, 2024	Happy New Year !	Week 1
	Assorted Big Bowl Cereal (2 items)	"New" Confetti Snackbread (2 Items)	WG Banana Chocolate Chip Oatmeal Breakfast Round (2 items)		
	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)		
	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)		
	Chef's Choice may be offered				

\*\*\* Three items meet USDA Requirements (One item must be fruit)

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Skim &amp; 1% milk served daily.

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

The menus are 100% pork-free.

All rice dishes /rice products are made of whole grain brown rice.



February 2024 Menu (Subject to Change)					
Breakfast				Thursday, February 1, 2024	Friday, February 2, 2024
				Favorite Mini Cinnis (2 items)	Low Sugar Whole Grain Cake Donut (2 items)
				100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)
				Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)
				Chef's Choice may be offered	
Breakfast	Monday, February 5, 2024	Tuesday, February 6, 2024	Wednesday, February 7, 2024	Thursday, February 8, 2024	Friday, February 9, 2024
	Assorted Big Bowl Cereal (2 items)	Orange Dream Muffin (2 items)	Sliced Raisin Bagel & Cream Cheese (2 items)	Delicious Mini Pancake Puffs (2 items)	WG Cinnamon Swirl (2 items)
	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)
	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)
	Chef's Choice may be offered				

Menu Name : Banaadir Elementary Grades K-4 Lunch Menu  
Grade Level / Age Group : K-5 Grades

Options Provided : Hot, Hot Vegetarian & Cold Meals  
Meal Pattern : NSLP Meal: Lunch

## January - 2024

	Monday, January 1, 2024	Tuesday, January 2, 2024	Wednesday, January 3, 2024	Thursday, January 4, 2024	Friday, January 5, 2024	
Hot Meal	<b>Chicken Tenders &amp; Ketchup</b>	<b>Classic Hamburger</b>	<b>Smoky Texas Chicken Drumstick</b>	<b>Greek Nachos</b>	<b>Fresh Hot Delivered Pizza</b>	Week III
	Cracker Crisps	Wg Bun, Ketchup	WG Bakery Roll	Seasoned Beef, Corn Tortilla Chips	Garden Greens Salad & Dressing	
	Street Corn Salad	Baby Carrots & Dip	Sliced Cucumbers & Dip	Tatziki Sauce	Crisp Varietal Apple	
	Cinnamon Apple Slices	Chilled Pears	Banana	Banzo Salad	Choice Milk	
	Choice Milk	Choice Milk	Grahmas & Choice Milk	Fresh Orange & Choice Milk		
Hot Veg	<b>Cheese Hot Pocket &amp; Sauce</b>	<b>Veggie Garden Burger</b>	<b>Cheesy Quesadilla</b>	<b>Stuffed Dipping Bites/ Italian Dip</b>	<b>Fresh Hot Cheese Pizza</b>	
Cold	<b>Wowbutter &amp; Jelly sandwich</b>	<b>Honey Mustard Chicken Bun</b>	<b>Turkey Bun w/ Mayo</b>	<b>Chicken Caesar Wrap</b>	<b>Grilled Chicken &amp; Cheese Bun</b>	

	Monday, January 8, 2024	Tuesday, January 9, 2024	Wednesday, January 10, 2024	Thursday, January 11, 2024	Friday, January 12, 2024	
Hot Meal	<b>Chicken Patty Sandwich</b>	<b>Mongolian Meatballs</b>	<b>Chicken Corn Dog</b>	<b>Hearty Tinga Wrap</b>	<b>Fresh Hot Delivered Pizza</b>	Week IV
	Bakery Bun & Ketchup	Seasoned Rice & Fresh Green Onions	Ketchup	WG Tortilla, Chicken Tinga & Shred Chz	Garden Greens Salad & Dressing	
	Steamed Corn	Carrot Slims	CKC Baked Beans	Coleslaw - Dare you to try in your Tinga wrap :)	Crisp Varietal Apple	
	Cinnamon Apple Slices	Chilled Pears	Banana	Fresh Orange	Choice Milk	
	Choice Milk	Choice Milk	Wafers & Choice Milk	Choice Milk		
Hot Veg	<b>Veggie Garden Burger &amp; Mayo</b>	<b>Pizza Calzone</b>	<b>Buttermilk Pancakes w/ Syrup &amp; Yogurt Cup</b>	<b>Stuffed Breadsticks w/ Dip</b>	<b>Fresh Hot Cheese Pizza</b>	
Cold	<b>Wowbutter &amp; Jelly sandwich</b>	<b>Honey Mustard Chicken Bun</b>	<b>Turkey Bun w/ Mayo</b>	<b>Chicken Caesar Wrap</b>	<b>Grilled Chicken &amp; Cheese Bun</b>	

	Monday, January 15, 2024	Tuesday, January 16, 2024	Wednesday, January 17, 2024	Thursday, January 18, 2024	Friday, January 19, 2024	
Hot Meal	<b>Crunchy Tender Roll-up</b>	<b>Sweet &amp; Sour Chicken</b>	<b>Walking Taco</b>	<b>Chicken Tikka Drumstick</b>	<b>Fresh Hot Delivered Pizza</b>	Week V
	Wg Tortilla, Chix Tenders, Boom Sauce	Steamed Seasoned Rice	Nacho Chz Doritos, Seasoned Beef	WG Roll	Broccoli Florets & Dressing	
	Shred Lettuce & Steamed Corn	Baby Carrots	w/ Shred Chz	Sliced Cucumbers & Homemade Dip	Crisp Varietal Apple	
	Cinnamon Apple Slices	Chilled Pears	Cheesy Refried Beans	Fresh Orange	Choice Milk	
	Choice Milk	Choice Milk	Banana & Choice Milk	Choice Milk		
Hot Veg	<b>Cheesy Pull Aparts</b>	<b>Pizza Crunchers</b>	<b>Bean Taco Wrap</b>	<b>Egg Fried Rice &amp; Strawberry Bites</b>	<b>Fresh Hot Cheese Pizza</b>	
Cold	<b>Wowbutter &amp; Jelly sandwich</b>	<b>Honey Mustard Chicken Bun</b>	<b>Turkey Bun w/ Mayo</b>	<b>Chicken Caesar Wrap</b>	<b>Grilled Chicken &amp; Cheese Bun</b>	

	Monday, January 22, 2024	Tuesday, January 23, 2024	Wednesday, January 24, 2024	Thursday, January 25, 2024	Friday, January 26, 2024	
Hot Meal	<b>Premium Chicken Nuggets w/ Ketchup</b>	<b>Hot Italian Sub</b>	<b>Fritos Enchilada Nachos</b>	<b>Butter Chicken</b>	<b>Fresh Hot Delivered Pizza</b>	Week VI
	WG Bakery Roll	'All Beef' Marinara Meatballs & Shred Cheese served on WG Bun	Top your Fritos Corn chips with delicious Chicken Enchilada	Steamed Seasoned Rice	Carrot Slims & Dip	
	CKC Baked Beans	Celery sticks & Dip	Shred Cheese & Boom Sauce	Garden Greens Salad & Dressing	Crisp Varietal Apple	
	Cinnamon Apple Slices	Chilled Pears	Steamed Street Corn	Fresh Orange	Choice Milk	
	Choice Milk	Choice Milk	Banana & Choice Milk	Choice Milk		
Hot Veg	<b>Grilled Cheese Sandwich</b>	<b>Cheese Quesadilla</b>	<b>Veggie Garden Burger &amp; Mayo</b>	<b>Veggie Bean Burrito</b>	<b>Fresh Hot Cheese Pizza</b>	
Cold	<b>Wowbutter &amp; Jelly sandwich</b>	<b>Honey Mustard Chicken Bun</b>	<b>Turkey Bun w/ Mayo</b>	<b>Chicken Caesar Wrap</b>	<b>Grilled Chicken &amp; Cheese Bun</b>	

	Monday, January 29, 2024	Tuesday, January 30, 2024	Wednesday, January 31, 2024	<b>Happy New Year !</b>  <b>What's Cooking in CKC? - Chicken Tinga Wrap</b>  Smoky, Juicy Chicken Tinga served on a wrap, with a side of Garlic Coleslaw. We dare you to try the Tinga wrap with the Coleslaw.		
Hot Meal	<b>All Beef Hot Dog</b>	<b>CKC Sticky Drumstick</b>	<b>Sicilian Cheese Calzone</b>			Week I
	WG Hot Dog Bun, Ketchup	Wheat Thins	Celery Sticks			
	CKC Baked Beans	Steamed Peas	Banana			
	Cinnamon Apple Slices	Chilled Pears	Choice Milk			
Hot Veg	<b>Veggie Bean Burrito</b>	<b>Stuffed Dipping Bites w/Sauce</b>	<b>Cheese Calzone</b>			
Cold	<b>Wowbutter &amp; Jelly sandwich</b>	<b>Honey Mustard Chicken Bun</b>	<b>Turkey Bun w/ Mayo</b>			

\*\*\* Hot Veg and Cold meals are served with vegetables, fruit of the day & milk.

Skim & 1% milk served daily.

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

The menus are 100% pork-free.

All rice dishes /rice products are made of whole grain brown rice.



February 2024 Menu (Subject to Change)					
Hot Meal				Thursday, February 1, 2024	Friday, February 2, 2024
				<b>Sesame Chicken</b>	<b>Fresh Hot Delivered Pizza</b>
				Steamed Seasoned Rice	Baby Carrots & Dip
				Mixed Greens Salad & Dressing	Crisp Varietal Apple
Hot Veg				Fresh Orange	Choice Milk
				Choice Milk	
Cold				<b>Grilled Cheese Sandwich</b>	<b>Fresh Hot Cheese Pizza</b>
				<b>Chicken Caesar Wrap</b>	<b>Grilled Chicken &amp; Cheese Bun</b>
Hot Meal	Monday, February 5, 2024	Tuesday, February 6, 2024	Wednesday, February 7, 2024	Thursday, February 8, 2024	Friday, February 9, 2024
	<b>Cool Ranch Crunch Burger</b> .. <i>(yep, we will send Ketchup)</i>	<b>Asian Chicken Dumplings</b>	<b>Soft Tortilla Taco</b>	<b>Mandarin Orange Chicken</b>	<b>Fresh Hot Delivered Pizza</b>
	Top your Burger with Cool Ranch Doritos	Teriyaki Dipping Sauce	Seasoned Beef, Cheese & Crema	Steamed Brown Rice	Baby Carrots
	CKC Baked Beans	Celery Sticks	Street Corn	Garden Greens Salad & Homemade Dressing	Crisp Varietal Apple
	Cinnamon Apple Slices	Chilled Pears	Banana	Fresh Orange	Choice Milk
Hot Veg	Choice Milk	Choice Milk	Choice Milk	Choice Milk	
	<b>Bean &amp; Cheese Burrito</b>	<b>Egg Fried Rice &amp; Grahams</b>	<b>Cheesy Pull Aparts</b>	<b>French Pizza Bread</b>	<b>Fresh Hot Cheese Pizza</b>
Cold	<b>Wowbutter &amp; Jelly sandwich</b>	<b>Honey Mustard Chicken Bun</b>	<b>Turkey Bun w/ Mayo</b>	<b>Chicken Caesar Wrap</b>	<b>Grilled Chicken &amp; Cheese Bun</b>