



|   |  |                     |                 |
|---|--|---------------------|-----------------|
| Menu Name : K-12 A Bagged Breakfast w Cereal Menu |  | Meal Pattern : NSLP | Meal: Breakfast |
| Grade Level / Age Group : K-12 Grades             |  |                     |                 |
| <b>February - 2024</b>                            |  |                     |                 |

|                                     |   |  |   |  |               |
|-------------------------------------|---|--|---|--|---------------|
| <b>Breakfast</b>                    | Thursday, February 1, 2024  |  | Friday, February 2, 2024  |  | <b>Week I</b> |
|                                     | <b>Favorite Mini Cinnis (2 items)</b>   |  | <b>Low Sugar Whole Grain Cake Donut (2 items)</b>                             |  |               |
|                                     | 100% 4.23 oz Fruit Juice (1 item)<br>Choice Milk & Second Fruit (1 item each) |  | 100% 4.23 oz Fruit Juice (1 item)<br>Choice Milk & Second Fruit (1 item each) |  |               |
| <i>Chef's Choice may be offered</i> |   |  |   |  |               |

|                                     |   |   |   |   |   |                |
|-------------------------------------|---|---|---|---|---|----------------|
| <b>Breakfast</b>                    | Monday, February 5, 2024  | Tuesday, February 6, 2024   | Wednesday, February 7, 2024   | Thursday, February 8, 2024  | Friday, February 9, 2024  | <b>Week II</b> |
|                                     | <b>Assorted Big Bowl Cereal (2 items)</b>                                     | <b>Orange Dream Muffin (2 items)</b>  | <b>Apple Cinnamon Spread w/ Granola Bites (2 items)</b>                       | <b>Delicious Mini Pancake Puffs (2 items)</b>                                 | <b>WG Cinnamon Swirl (2 items)</b>  |                |
|                                     | 100% 4.23 oz Fruit Juice (1 item)<br>Choice Milk & Second Fruit (1 item each) | 100% 4.23 oz Fruit Juice (1 item)<br>Choice Milk & Second Fruit (1 item each) | 100% 4.23 oz Fruit Juice (1 item)<br>Choice Milk & Second Fruit (1 item each) | 100% 4.23 oz Fruit Juice (1 item)<br>Choice Milk & Second Fruit (1 item each) | 100% 4.23 oz Fruit Juice (1 item)<br>Choice Milk & Second Fruit (1 item each) |                |
| <i>Chef's Choice may be offered</i> |   |   |   |   |   |                |

|                                     |   |   |   |   |   |                 |
|-------------------------------------|---|---|---|---|---|-----------------|
| <b>Breakfast</b>                    | Monday, February 12, 2024   | Tuesday, February 13, 2024  | Wednesday, February 14, 2024  | Thursday, February 15, 2024   | Friday, February 16, 2024   | <b>Week III</b> |
|                                     | <b>Big Bowl Trix Cereal (2 Items)</b>   | <b>WG Chocolate Chip Muffin (2 items)</b>                                     | <b>Apple Frudel (2 items)</b>   | <b>Banana Breakfast Bread (2 items)</b>                                       | * Student Favorite*<br><b>Low Sugar WG Honey Bun (2 items)</b>                |                 |
|                                     | 100% 4.23 oz Fruit Juice (1 item)<br>Choice Milk & Second Fruit (1 item each) | 100% 4.23 oz Fruit Juice (1 item)<br>Choice Milk & Second Fruit (1 item each) | 100% 4.23 oz Fruit Juice (1 item)<br>Choice Milk & Second Fruit (1 item each) | 100% 4.23 oz Fruit Juice (1 item)<br>Choice Milk & Second Fruit (1 item each) | 100% 4.23 oz Fruit Juice (1 item)<br>Choice Milk & Second Fruit (1 item each) |                 |
| <i>Chef's Choice may be offered</i> |   |   |   |   |   |                 |

|                                     |   |   |   |   |   |                |
|-------------------------------------|---|---|---|---|---|----------------|
| <b>Breakfast</b>                    | Monday, February 19, 2024   | Tuesday, February 20, 2024  | Wednesday, February 21, 2024  | Thursday, February 22, 2024   | Friday, February 23, 2024   | <b>Week IV</b> |
|                                     | <b>Assorted Big Bowl Cereal (2 Items)</b>                                     | <b>Banana Muffin (2 items)</b>  | * Student Favorite*<br><b>Low Sugar Whole Grain Apple Fritter Bun (2 items)</b> | <b>Delicious Mini Pancake Bites (2 items)</b>                                 | * Student Favorite*<br><b>Low Sugar WG Chocolate Enrobed Donut (2 items)</b>  |                |
|                                     | 100% 4.23 oz Fruit Juice (1 item)<br>Choice Milk & Second Fruit (1 item each) | 100% 4.23 oz Fruit Juice (1 item)<br>Choice Milk & Second Fruit (1 item each) | 100% 4.23 oz Fruit Juice (1 item)<br>Choice Milk & Second Fruit (1 item each)   | 100% 4.23 oz Fruit Juice (1 item)<br>Choice Milk & Second Fruit (1 item each) | 100% 4.23 oz Fruit Juice (1 item)<br>Choice Milk & Second Fruit (1 item each) |                |
| <i>Chef's Choice may be offered</i> |   |   |   |   |   |                |

|                                     |   |   |   |   |               |
|-------------------------------------|---|---|---|---|---------------|
| <b>Breakfast</b>                    | Monday, February 26, 2024   | Tuesday, February 27, 2024  | Wednesday, February 28, 2024  | Thursday, February 29, 2024   | <b>Week V</b> |
|                                     | <b>Assorted Big Bowl Cereal (2 items)</b>                                     | <b>Apple Cinnamon Muffin (2 items)</b>  | <b>Strawberry Boli (2 items)</b>  | <b>Low Sugar WG Cinnamon Roll (2 items)</b>                                   |               |
|                                     | 100% 4.23 oz Fruit Juice (1 item)<br>Choice Milk & Second Fruit (1 item each) | 100% 4.23 oz Fruit Juice (1 item)<br>Choice Milk & Second Fruit (1 item each) | 100% 4.23 oz Fruit Juice (1 item)<br>Choice Milk & Second Fruit (1 item each) | 100% 4.23 oz Fruit Juice (1 item)<br>Choice Milk & Second Fruit (1 item each) |               |
| <i>Chef's Choice may be offered</i> |   |   |   |   |               |

\*\*\* Three items meet USDA Requirements (One item must be fruit) \*\*\*

Skim & 1% milk served daily.

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

The menus are 100% pork-free.

All rice dishes /rice products are made of whole grain brown rice.



March 2024 Menu (Subject to Change)

|                  |  |  |  |  |  |               |
|------------------|--|--|--|--|--|---------------|
| <b>Breakfast</b> |  |  |  |  | Friday, March 1, 2024  | <b>Week V</b> |
|                  |  |  |  |  | <p><i>* Student Favorite*</i><br/> <b>Low Sugar Whole Grain Breakfast Mini Bites (2 items)</b></p> <p>100% 4.23 oz Fruit Juice (1 item)</p> <p>Choice Milk &amp; Second Fruit (1 item each)</p> <p><i>Chef's Choice may be offered</i></p> |               |

|                                     |   |  |  |   |   |                |
|-------------------------------------|---|--|--|---|---|----------------|
| <b>Breakfast</b>                    | Monday, March 4, 2024   | Tuesday, March 5, 2024   | Wednesday, March 6, 2024   | Thursday, March 7, 2024   | Friday, March 8, 2024   | <b>Week VI</b> |
|                                     | <p><b>"New" Chocolate Breakfast Spread w/ Granola Crackers (2 items)</b></p> <p>100% 4.23 oz Fruit Juice (1 item)</p> <p>Choice Milk &amp; Second Fruit (1 item each)</p> | <p><b>Delicious Pancake Bites (2 items)</b></p> <p>100% 4.23 oz Fruit Juice (1 item)</p> <p>Choice Milk &amp; Second Fruit (1 item each)</p> | <p><b>Banana Loaf (2 items)</b></p> <p>100% 4.23 oz Fruit Juice (1 item)</p> <p>Choice Milk &amp; Second Fruit (1 item each)</p> | <p><i>* Student Favorite*</i><br/> <b>Low Sugar WG Honey Bun (2 items)</b></p> <p>100% 4.23 oz Fruit Juice (1 item)</p> <p>Choice Milk &amp; Second Fruit (1 item each)</p> | <p><i>* Student Favorite*</i><br/> <b>Low Sugar Whole Grain Chocolate Cake Donut (2 items)</b></p> <p>100% 4.23 oz Fruit Juice (1 item)</p> <p>Choice Milk &amp; Second Fruit (1 item each)</p> |                |
| <i>Chef's Choice may be offered</i> |   |  |  |   |   |                |

|                                     |   |  |   |  |  |  |               |
|-------------------------------------|---|--|---|--|--|--|---------------|
| <b>Breakfast</b>                    | Monday, March 11, 2024  | Tuesday, March 12, 2024  | Wednesday, March 13, 2024   |  |  |  | <b>Week I</b> |
|                                     | <p><b>Assorted Big Bowl Cereal (2 items)</b></p> <p>100% 4.23 oz Fruit Juice (1 item)</p> <p>Choice Milk &amp; Second Fruit (1 item each)</p> | <p><b>"New" Confetti Snackbread (2 Items)</b></p> <p>100% 4.23 oz Fruit Juice (1 item)</p> <p>Choice Milk &amp; Second Fruit (1 item each)</p> | <p><b>WG Banana Chocolate Chip Oatmeal Breakfast Round (2 items)</b></p> <p>100% 4.23 oz Fruit Juice (1 item)</p> <p>Choice Milk &amp; Second Fruit (1 item each)</p> |  |  |  |               |
| <i>Chef's Choice may be offered</i> |   |  |   |  |  |  |               |



Menu Name : MTS Elementary Grades K-6 Lunch Menu  
Grade Level / Age Group : K-8 Grades

Options Provided : Hot, Hot Vegetarian & Cold Meals  
Meal Pattern : NSLP Meal: Lunch

**February - 2024**

| What's Cooking in CKC? |  | Thursday, February 1, 2024     | Friday, February 2, 2024                                      |
|------------------------|--|--------------------------------|---|
| Hot Meal               | <p>Teriyaki Dipping Sauce - Light Teriyaki sauce, with a fresh CKC twist. A hint of sweetness and savoriness elevates the Asian Chicken Dumplings to the next level.</p> <p>Bean &amp; Cheese Pupusas - Thick Masa Tortillas filled with bean and cheese, tracing roots to Salvadoran Pupusas.</p> | <b>Sesame Chicken</b>          | <b>Twisted Cheesy Breadsticks</b>                             |
|                        |  | Steamed Seasoned Rice          | Cold Italian Dip  |
|                        |  | Mixed Greens Salad & Dressing  | Steamed Peas  |
| Hot Veg                | Tots & Beef Crunch - Seasoned Beef Crumble with Smashed Tater Tots served over crunchy Tostitos.   | Fresh Orange                   | Crisp Varietal Apple  |
| Cold                   |  | Choice Milk                    | Choice Milk   |
|                        |  | <b>Grilled Cheese Sandwich</b> | <b>Buttermilk Pancakes w/ Syrup &amp; Colby Cheese Omelet</b> |
|                        |  | <b>Chicken Caesar Wrap</b>     | <b>Grilled Chicken &amp; Cheese Bun</b>                       |

|          | Monday, February 5, 2024   | Tuesday, February 6, 2024           | Wednesday, February 7, 2024   | Thursday, February 8, 2024              | Friday, February 9, 2024                |
|----------|--|-------------------------------------|-------------------------------|---|---|
| Hot Meal | <b>Cool Ranch Crunch Burger</b> ... <i>(yep, we will send Ketchup)</i> | <b>Asian Chicken Dumplings</b>      | <b>Soft Tortilla Taco</b>     | <b>Mandarin Orange Chicken</b>          | <b>Cheese Pizza Quesadilla</b>          |
|          | Top your Burger with Cool Ranch Doritos                                | Teriyaki Dipping Sauce              | Seasoned Beef, Cheese & Crema | Steamed Brown Rice                      | Baby Carrots & Dip                      |
|          | CKC Baked Beans  | Celery Sticks                       | Steamed Corn                  | Garden Greens Salad & Homemade Dressing | Crisp Varietal Apple                    |
| Hot Veg  | Cinnamon Apple Slices  | Chilled Pears                       | Banana                        | Fresh Orange                            | Choice Milk                             |
| Cold     | Choice Milk  | Choice Milk                         | Choice Milk                   | Choice Milk                             |   |
|          | <b>Bean &amp; Cheese Burrito</b>                                       | <b>Egg Fried Rice &amp; Grahams</b> | <b>Cheesy Pull Aparts</b>     | <b>French Pizza Bread</b>               | <b>Grilled Cheese Sandwich</b>          |
|          | <b>Wowbutter &amp; Jelly sandwich</b>                                  | <b>Honey Mustard Chicken Bun</b>    | <b>Turkey Bun w/ Mayo</b>     | <b>Chicken Caesar Wrap</b>              | <b>Grilled Chicken &amp; Cheese Bun</b> |

|          | Monday, February 12, 2024             | Tuesday, February 13, 2024       | Wednesday, February 14, 2024         | Thursday, February 15, 2024                           | Friday, February 16, 2024               |
|----------|---------------------------------------|----------------------------------|--------------------------------------|---|---|
| Hot Meal | <b>Chicken Tenders &amp; Ketchup</b>  | <b>Bean &amp; Cheese Pupusa</b>  | <b>Smoky Texas Chicken Drumstick</b> | <b>Tots &amp; Beef Crunch</b>                         | <b>Garlic Dusted French Bread Pizza</b> |
|          | Cracker Crisps                        | Boom Sauce                       | WG Bakery Roll                       | Seasoned Beef & Smashed Tater Tots served on Tostitos | Italian Dip                             |
|          | Baby Carrots & Dip                    | Steamed Corn                     | Sliced Cucumbers & Dip               | Crema   | Garden Greens Salad & Dressing          |
| Hot Veg  | Cinnamon Apple Slices                 | Chilled Pears                    | Banana                               | Lemony Pinto Beans                                    | Crisp Varietal Apple                    |
| Cold     | Choice Milk                           | Choice Milk                      | Grahmas & Choice Milk                | Fresh Orange & Choice Milk                            | Choice Milk                             |
|          | <b>Cheese Hot Pocket &amp; Sauce</b>  | <b>Veggie Garden Burger</b>      | <b>Cheesy Quesadilla</b>             | <b>Stuffed Dipping Bites/ Italian Dip</b>             | <b>Cheesy Pull Aparts</b>               |
|          | <b>Wowbutter &amp; Jelly sandwich</b> | <b>Honey Mustard Chicken Bun</b> | <b>Turkey Bun w/ Mayo</b>            | <b>Chicken Caesar Wrap</b>                            | <b>Grilled Chicken &amp; Cheese Bun</b> |

|          | Monday, February 19, 2024              | Tuesday, February 20, 2024         | Wednesday, February 21, 2024                         | Thursday, February 22, 2024                             | Friday, February 23, 2024               |
|----------|--|------------------------------------|--|---|---|
| Hot Meal | <b>Chicken Patty Sandwich</b>          | <b>Mongolian Meatballs</b>         | <b>Chicken Corn Dog</b>                              | <b>Hearty Tinga Wrap</b>                                | <b>Brunch Lunch</b>                     |
|          | Bakery Bun & Ketchup                   | Seasoned Rice & Fresh Green Onions | Ketchup  | WG Tortilla, Chicken Tinga & Shred Chz                  | French Toast Sticks w/ Syrup            |
|          | Steamed Corn                           | Carrot Slims                       | CKC Baked Beans                                      | Coleslaw - <i>Dare you to try in your Tinga wrap :)</i> | Mixed Greens Salad & Dressing           |
| Hot Veg  | Cinnamon Apple Slices                  | Chilled Pears                      | Carrot Slims & Banana                                | Fresh Orange  | Crisp Varietal Apple                    |
| Cold     | Choice Milk                            | Choice Milk                        | Wafers & Choice Milk                                 | Choice Milk   | Choice Milk                             |
|          | <b>Veggie Garden Burger &amp; Mayo</b> | <b>Pizza Calzone</b>               | <b>Buttermilk Pancakes w/ Syrup &amp; Yogurt Cup</b> | <b>Stuffed Breadsticks w/ Dip</b>                       | <b>Grilled Cheese Sandwich</b>          |
|          | <b>Wowbutter &amp; Jelly sandwich</b>  | <b>Honey Mustard Chicken Bun</b>   | <b>Turkey Bun w/ Mayo</b>                            | <b>Chicken Caesar Wrap</b>                              | <b>Grilled Chicken &amp; Cheese Bun</b> |

|          | Monday, February 26, 2024             | Tuesday, February 27, 2024       | Wednesday, February 28, 2024     | Thursday, February 29, 2024    |
|----------|---------------------------------------|----------------------------------|----------------------------------|--------------------------------|
| Hot Meal | <b>Crunchy Tender Roll-up</b>         | <b>Sweet &amp; Sour Chicken</b>  | <b>Walking Taco</b>              | <b>Chicken Tikka Drumstick</b> |
|          | Wg Tortilla, Chix Tenders, Boom Sauce | Steamed Seasoned Rice            | Nacho Chz Doritos, Seasoned Beef | WG Bakery Roll                 |
|          | Shred Lettuce & Steamed Corn          | Baby Carrots                     | w/ Shred Chz                     | Broccoli Florets & Dip         |
| Hot Veg  | Cinnamon Apple Slices                 | Chilled Pears                    | Cheesy Refried Beans             | Fresh Orange                   |
| Cold     | Choice Milk                           | Choice Milk                      | Banana & Choice Milk             | Choice Milk                    |
|          | <b>Cheesy Pull Aparts</b>             | <b>Pizza Crunchers</b>           | <b>Bean Taco Wrap</b>            | <b>Egg Fried Rice</b>          |
|          | <b>Wowbutter &amp; Jelly sandwich</b> | <b>Honey Mustard Chicken Bun</b> | <b>Turkey Bun w/ Mayo</b>        | <b>Chicken Caesar Wrap</b>     |

\*\*\* Hot Veg and Cold meals are served with vegetables, fruit of the day & milk.

Skim & 1% milk served daily.

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

The menus are 100% pork-free.

All rice dishes /rice products are made of whole grain brown rice.



March 2024 Menu (Subject to Change)

|                 |  | Friday, March 1, 2024   |
|-----------------|--|---|
| <b>Hot Meal</b> |  | <b>Cheese Stuffed Hot Pocket</b>                              |
|                 |  | Warm Red Sauce  |
|                 |  | Sliced Cucumbers & Dip  |
|                 |  | Crisp Varietal Apple  |
|                 |  | Choice Milk   |
|                 |  | <b>Buttermilk Pancakes w/ Syrup &amp; Colby Cheese Omelet</b> |
|                 |  | <b>Grilled Chicken &amp; Cheese Bun</b>                       |
| Hot Veg         |  |   |
| Cold            |  |   |

|                 |                                       | Monday, March 4, 2024                     | Tuesday, March 5, 2024  | Wednesday, March 6, 2024                                    | Thursday, March 7, 2024                 | Friday, March 8, 2024              |
|-----------------|---------------------------------------|---|---|---|---|------------------------------------|
| <b>Hot Meal</b> |                                       | <b>Premium Chicken Nuggets w/ Ketchup</b> | <b>Hot Italian Sub</b>  | <b>Fritos Enchilada Nachos</b>                              | <b>Butter Chicken</b>                   | <b>Brunch Lunch</b>                |
|                 |                                       | WG Bakery Roll                            | 'All Beef' Marinara Meatballs & Shred Cheese served on WG Bun | Top your Fritos Corn chips with delicious Chicken Enchilada | Steamed Seasoned Rice                   | Buttermilk Pancakes & Syrup        |
|                 |                                       | CKC Baked Beans                           | Celery sticks & Dip   | Shred Cheese, Lettuce & Boom Sauce                          | Garden Greens Salad & Dressing          | Fruited Yogurt Cup                 |
|                 |                                       | Cinnamon Apple Slices                     | Chilled Pears   | Steamed Street Corn   | Fresh Orange                            | Carrot Slims & Dip                 |
|                 |                                       | Choice Milk                               | Choice Milk   | Banana & Choice Milk  | Choice Milk                             | Crisp Varietal Apple & Choice Milk |
| Hot Veg         | <b>Grilled Cheese Sandwich</b>        | <b>Cheese Quesadilla</b>                  | <b>Veggie Garden Burger &amp; Mayo</b>                        | <b>Veggie Bean Burrito</b>                                  | <b>French Bread Pizza</b>               |                                    |
| Cold            | <b>Wowbutter &amp; Jelly sandwich</b> | <b>Honey Mustard Chicken Bun</b>          | <b>Turkey Bun w/ Mayo</b>                                     | <b>Chicken Caesar Wrap</b>                                  | <b>Grilled Chicken &amp; Cheese Bun</b> |                                    |

|                 |                                       | Monday, March 11, 2024               | Tuesday, March 12, 2024     | Wednesday, March 13, 2024      |
|-----------------|---------------------------------------|--------------------------------------|-----------------------------|--------------------------------|
| <b>Hot Meal</b> |                                       | <b>All Beef Hot Dog</b>              | <b>CKC Sticky Drumstick</b> | <b>Sicilian Cheese Calzone</b> |
|                 |                                       | WG Hot Dog Bun, Ketchup              | Wheat Thins                 | Celery Sticks                  |
|                 |                                       | CKC Baked Beans                      | Baby Carrots & Dip          | Banana                         |
|                 |                                       | Cinnamon Apple Slices                | Chilled Pears               | Choice Milk                    |
|                 | Strawberry Bites & Choice Milk        | Choice Milk                          |                             |                                |
| Hot Veg         | <b>Veggie Bean Burrito</b>            | <b>Stuffed Dipping Bites w/Sauce</b> | <b>Cheese Calzone</b>       |                                |
| Cold            | <b>Wowbutter &amp; Jelly sandwich</b> | <b>Honey Mustard Chicken Bun</b>     | <b>Turkey Bun w/ Mayo</b>   |                                |