



Menu Name : K-12 B Bagged Breakfast No Cereal Menu
Grade Level / Age Group : K-12 Grades

Meal Pattern : NSLP

Meal: Breakfast

May - 2024

		Wednesday, May 1, 2024	Thursday, May 2, 2024	Friday, May 3, 2024		
Breakfast		New Blueberry Snack'n Waffle (2 items)	Delicious Mini Pancake Puffs (2 items)	WG Cinnamon Swirl (2 items)	Week II	
		100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)		
		Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)		
<i>Chef's Choice may be offered</i>						
		Monday, May 6, 2024	Tuesday, May 7, 2024	Wednesday, May 8, 2024	Thursday, May 9, 2024	Friday, May 10, 2024
Breakfast		New Caramel Mini Cinnis (2 items)	WG Chocolate Chip Muffin (2 items)	Apple Frudel (2 items)	Low Sugar Whole Grain Cake Donut (2 items)	* Student Favorite* Low Sugar WG Honey Bun (2 items)
		100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)
		Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)
<i>Chef's Choice may be offered</i>						
		Monday, May 13, 2024	Tuesday, May 14, 2024	Wednesday, May 15, 2024	Thursday, May 16, 2024	Friday, May 17, 2024
Breakfast		WG Cinnamon Swirl (2 items)	Banana Muffin (2 items)	* Student Favorite* Low Sugar Whole Grain Apple Fritter Bun (2 items)	Delicious Mini Pancake Bites (2 items)	* Student Favorite* Low Sugar WG Chocolate Glazed Donut (2 items)
		100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)
		Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)
<i>Chef's Choice may be offered</i>						
		Monday, May 20, 2024	Tuesday, May 21, 2024	Wednesday, May 22, 2024	Thursday, May 23, 2024	Friday, May 24, 2024
Breakfast		Fruit Strudel (2 items)	Apple Cinnamon Muffin (2 items)	Banana Breakfast Bread (2 items)	Low Sugar WG Cinnamon Roll (2 items)	* Student Favorite* Low Sugar Whole Grain Breakfast Mini Bites (2 items)
		100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)
		Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)
<i>Chef's Choice may be offered</i>						
		Monday, May 27, 2024	Tuesday, May 28, 2024	Wednesday, May 29, 2024	Thursday, May 30, 2024	Friday, May 31, 2024
Breakfast		New Confetti Snack'n Waffle (2 items)	* Student Favorite* Low Sugar Whole Grain Chocolate Cake Donut (2 items)	Mini Cinnis (2 items)	* Student Favorite* Low Sugar WG Honey Bun (2 items)	Delicious Mini Pancake Bites (2 items)
		100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)
		Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)
<i>Chef's Choice may be offered</i>						
		***	Three items meet USDA Requirements (One item must be fruit)			***

Skim & 1% milk served daily.

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

The menus are 100% pork-free.

All rice dishes /rice products are made of whole grain brown rice.



JUNE 2024 Menu (Subject to Change)

	Monday, June 3, 2024	Tuesday, June 4, 2024	Wednesday, June 5, 2024	Thursday, June 6, 2024	Friday, June 7, 2024	
Breakfast	WG Chocolate Swirl Breakfast Roll (2 items)	Confetti Snackbread (2 Items)	WG Banana Oatmeal Breakfast Round (2 items)	Whole Grain Chocolate Chip Muffin (2 items)	Low Sugar Whole Grain Cake Donut (2 items)	Week I
	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	
	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	
<i>Chef's Choice may be offered</i>						

	Monday, June 10, 2024	Tuesday, June 11, 2024				
Breakfast	WG Apple Mini Bites (2 items)	Orange Dream Muffin (2 items)				Week II
	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)				
	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)				
<i>Chef's Choice may be offered</i>						



Menu Name : MTS Elementary Grades K-6 Lunch Menu	Options Provided : Hot, Hot Vegetarian & Cold Meals
Grade Level / Age Group : K-8 Grades	Meal Pattern : NSLP Meal: Lunch
May - 2024	

Hot Meal	Wednesday, May 1, 2024		Thursday, May 2, 2024		Friday, May 3, 2024	
	Soft Tortilla Taco		Mandarin Orange Chicken		Cheese Pizza Quesadilla	
	Seasoned Beef, Cheese & Crema Steamed Corn Banana Choice Milk		Steamed Brown Rice Garden Greens Salad & Homemade Dressing Fresh Orange Choice Milk		Baby Carrots & Dip Crisp Varietal Apple Choice Milk	
	Cheesy Pull Aparts		French Pizza Bread		Grilled Cheese Sandwich	
Hot Veg						
Cold	Turkey Bun w/ Mayo		Chicken Caesar Wrap		Grilled Chicken & Cheese Bun	

Hot Meal	Monday, May 6, 2024		Tuesday, May 7, 2024		Wednesday, May 8, 2024		Thursday, May 9, 2024		Friday, May 10, 2024	
	Chicken Tenders & Ketchup		Bean & Cheese Burrito		Southern Drumstick		Cheesy Beef Nachos		Garlic Dusted French Bread Pizza	
	Cracker Crisps Baby Carrots & Dip Cinnamon Apple Slices Choice Milk		Boom Sauce Steamed Corn Chilled Pears Choice Milk		Mildly Seasoned Chicken Drumstick WG Dinner Roll Fresh Sliced Cucumbers & Banana Grahams & Choice Milk		Drizzle Cheese Sauce on top of Tostitos & Seasoned Beef Lemony Pinto Beans Fresh Orange Choice Milk		Garden Greens Salad & Dressing Crisp Varietal Apple Choice Milk	
	Cheesy Hot Pocket & Sauce		Veggie Garden Burger		Creamy Mac & Cheese		Stuffed Dipping Bites/ Italian Dip		Cheesy Pull Aparts	
Hot Veg										
Cold	Wowbutter & Jelly sandwich		Honey Mustard Chicken Bun		Turkey Bun w/ Mayo		Chicken Caesar Wrap		Grilled Chicken & Cheese Bun	

Hot Meal	Monday, May 13, 2024		Tuesday, May 14, 2024		Wednesday, May 15, 2024		Thursday, May 16, 2024		Friday, May 17, 2024	
	Cheeseburger		Stack & Chomp Waffles w/ Syrup		Corn Dog		Chicken Enchilada Empanada Hot Pocket		Creamy Mac & Cheese	
	Bakery Bun & Ketchup Steamed Corn Cinnamon Apple Slices Choice Milk		Stack your mini Belgium Waffles on top of each other for a delicious chomp Fruited Yogurt Cup Glazed Carrots Chilled Pears & Choice Milk		WG Chicken Corn Dog served w/ Ketchup CKC Baked Beans Banana Wafers & Choice Milk		Sliced Cucumbers Fresh Orange Choice Milk		WG Dinner Roll Mixed Greens Salad & Dressing Crisp Varietal Apple Choice Milk	
	Veggie Garden Cheeseburger		Pizza Calzone		Buttermilk Pancakes w/ Syrup & Colby Cheese Omelet		Stuffed Breadsticks w/ Dip		Grilled Cheese Sandwich	
Hot Veg										
Cold	Wowbutter & Jelly sandwich		Honey Mustard Chicken Bun		Turkey Bun w/ Mayo		Chicken Caesar Wrap		Grilled Chicken & Cheese Bun	

Hot Meal	Monday, May 20, 2024		Tuesday, May 21, 2024		Wednesday, May 22, 2024		Thursday, May 23, 2024		Friday, May 24, 2024	
	Crunchy Tender Roll-up		Sweet & Sour Chicken		Walking Taco		Teriyaki Drumstick		Sicilian Cheese Calzone	
	Wg Tortilla, Chix Tenders, Boom Sauce Shred Lettuce & Steamed Corn Cinnamon Apple Slices Choice Milk		Steamed Seasoned Rice Baby Carrots Chilled Pears Choice Milk		Nacho Chz Doritos, Seasoned Beef w/ Shred Chz, Shred Lettuce Cheesy Refried Beans Banana & Choice Milk		WG Bakery Roll Broccoli Florets & Dip Fresh Orange Choice Milk		Sliced Cucumbers & Dip Crisp Varietal Apple Choice Milk	
	Cheesy Pull Aparts		Pizza Crunchers		Cheese Quesadilla		Creamy Mac & Cheese		Buttermilk Pancakes w/ Syrup & Colby Cheese Omelet	
Hot Veg										
Cold	Wowbutter & Jelly sandwich		Honey Mustard Chicken Bun		Turkey Bun w/ Mayo		Chicken Caesar Wrap		Grilled Chicken & Cheese Bun	

Hot Meal	Monday, May 27, 2024		Tuesday, May 28, 2024		Wednesday, May 29, 2024		Thursday, May 30, 2024		Friday, May 31, 2024	
	Premium Chicken Nuggets w/ Ketchup		Hot Italian Sub		Fritos Enchilada Nachos		Sesame Chicken Bites		Brunch Lunch	
	WG Bakery Roll Steamed Seasoned Corn Cinnamon Apple Slices Choice Milk		'All Beef' Marinara Meatballs & Shred Cheese served on WG Bun Steamed Green Beans Chilled Pears Choice Milk		Top your Fritos Corn chips with delicious Chicken Enchilada Shred Cheese, Lettuce & Boom Sauce Cheesy Refried Beans Banana & Choice Milk		Glazed Carrots Cinnamon Grahams Fresh Orange Choice Milk		Buttermilk Pancakes & Syrup Fruited Yogurt Cup Crisp Broccoli & Dip Crisp Varietal Apple & Choice Milk	
	Grilled Cheese Sandwich		Cheese Quesadilla		Veggie Bean Burrito		Veggie Garden Burger & Mayo		French Bread Pizza	
Hot Veg										
Cold	Wowbutter & Jelly sandwich		Honey Mustard Chicken Bun		Turkey Bun w/ Mayo		Chicken Caesar Wrap		Grilled Chicken & Cheese Bun	

(Vegetarian choices come with eggs & cheese in the place of meat)	Grilled Chicken Caesar Salad	Grilled Chicken Asian Salad	Grilled Chicken SW Taco Salad	Classic Chef Salad	Quinoa Power Bowl Salad
	Chicken Breast served on a bed of Romaine, Spinach, Cucumbers, Tomatoes, Peas & topped with Parmesan cheese & Caesar salad dressing, adding dinner rolls for grains.	Asian Salad drizzled with Sesame dressing and topped with Chow Mein and cooked Chicken Breast. WG Rolls added to complete the WG requirement.	Youza Sauce and Corn chips add a Southwest dimension to this salad of Romaine, LCR mix, Pinto bean and Corn. Chicken Breast completes the salad as a wholesome meal.	We just time-travelled and brought back this timeless gem. It's simple. It's classic. It's vintage. This Egg, Turkey, Tomatoes and Salad combo is sure to appeal eyes and taste buds. WG rolls fill the grain part.	Not just vintage, we cover current trends too. This salad has "New-age Superfood" Quinoa as its base. Not stopping there, it becomes more powerful with Beans, Corn and Spinach.

*** Hot Vegetarian & Cold Meals are served with vegetables, fruit of the day & milk.
 *** Deli Salad choices offered everyday (Both Regular & Vegetarian options available. All deli salads come with fruit and milk)

Skim & 1% milk served daily.

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

The menus are 100% pork-free.

All rice dishes /rice products are made of whole grain brown rice.

JUNE 2024 Menu (Subject to Change)

	Monday, June 3, 2024	Tuesday, June 4, 2024	Wednesday, June 5, 2024	Thursday, June 6, 2024	Friday, June 7, 2024
Hot Meal	Cheese Calzone Celery Sticks w/ Dip Cinnamon Apple Slices Choice Milk	CKC Sticky Drumstick Wheat Thins Baby Carrots & Dip Chilled Pears Choice Milk	All Beef Hot Dog WG Bun, Ketchup CKC Baked Beans Banana Strawberry Bites & Choice Milk	Golden Chicken Patty Sandwich Bakery Bun & Ketchup Steamed Corn Fresh Orange Choice Milk	Twisted Cheesy Breadsticks Warm Red Sauce Mixed Greens Salad & Dressing Crisp Varietal Apple Choice Milk
	Hot Veg Cheese Calzone	Stuffed Dipping Bites w/Sauce	Veggie Bean Burrito	Grilled Cheese Sandwich	Buttermilk Pancakes w/ Syrup & Colby Cheese Omelet
	Cold Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun	Turkey Bun w/ Mayo	Chicken Caesar Wrap	Grilled Chicken & Cheese Bun
Hot Meal	Monday, June 10, 2024 Cool Ranch Crunch Burger ... <i>(yep, we will send Ketchup)</i> Top your Burger with Cool Ranch Doritos CKC Baked Beans Cinnamon Apple Slices Choice Milk	Tuesday, June 11, 2024 Brunch Lunch French Toast Sticks & Syrup Celery Sticks Chilled Pears Choice Milk			
	Hot Veg Bean & Cheese Burrito	Creamy Mac & Cheese & Grahams			
	Cold Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun			

Week I

Week II