



Menu Name : K-12 B Bagged Breakfast No Cereal Menu
Grade Level / Age Group : K-12 Grades

Meal Pattern : NSLP

Meal: Breakfast

May - 2024

		Wednesday, May 1, 2024	Thursday, May 2, 2024	Friday, May 3, 2024			
Breakfast		New Blueberry Snack'n Waffle (2 items)	Delicious Mini Pancake Puffs (2 items)	WG Cinnamon Swirl (2 items)	Week II		
		100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)			
		Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)			
<i>Chef's Choice may be offered</i>							
		Monday, May 6, 2024	Tuesday, May 7, 2024	Wednesday, May 8, 2024	Thursday, May 9, 2024	Friday, May 10, 2024	
Breakfast		New Caramel Mini Cinnis (2 items)	WG Chocolate Chip Muffin (2 items)	Apple Frudel (2 items)	Low Sugar Whole Grain Cake Donut (2 items)	* Student Favorite* Low Sugar WG Honey Bun (2 items)	Week III
		100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	
		Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	
<i>Chef's Choice may be offered</i>							
		Monday, May 13, 2024	Tuesday, May 14, 2024	Wednesday, May 15, 2024	Thursday, May 16, 2024	Friday, May 17, 2024	
Breakfast		WG Cinnamon Swirl (2 items)	Banana Muffin (2 items)	* Student Favorite* Low Sugar Whole Grain Apple Fritter Bun (2 items)	Delicious Mini Pancake Bites (2 items)	* Student Favorite* Low Sugar WG Chocolate Glazed Donut (2 items)	Week IV
		100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	
		Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	
<i>Chef's Choice may be offered</i>							
		Monday, May 20, 2024	Tuesday, May 21, 2024	Wednesday, May 22, 2024	Thursday, May 23, 2024	Friday, May 24, 2024	
Breakfast		Fruit Strudel (2 items)	Apple Cinnamon Muffin (2 items)	Banana Breakfast Bread (2 items)	Low Sugar WG Cinnamon Roll (2 items)	* Student Favorite* Low Sugar Whole Grain Breakfast Mini Bites (2 items)	Week V
		100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	
		Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	
<i>Chef's Choice may be offered</i>							
		Monday, May 27, 2024	Tuesday, May 28, 2024	Wednesday, May 29, 2024	Thursday, May 30, 2024	Friday, May 31, 2024	
Breakfast		New Confetti Snack'n Waffle (2 items)	* Student Favorite* Low Sugar Whole Grain Chocolate Cake Donut (2 items)	Mini Cinnis (2 items)	* Student Favorite* Low Sugar WG Honey Bun (2 items)	Delicious Mini Pancake Bites (2 items)	Week VI
		100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	
		Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	
<i>Chef's Choice may be offered</i>							

*** Three items meet USDA Requirements (One item must be fruit) ***

Skim & 1% milk served daily.

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

The menus are 100% pork-free.

All rice dishes /rice products are made of whole grain brown rice.



JUNE 2024 Menu (Subject to Change)

Monday, June 3, 2024		Tuesday, June 4, 2024		Wednesday, June 5, 2024		Thursday, June 6, 2024		Friday, June 7, 2024	
Breakfast	WG Chocolate Swirl Breakfast Roll (2 items)	Confetti Snackbread (2 Items)	WG Banana Oatmeal Breakfast Round (2 items)	Whole Grain Chocolate Chip Muffin (2 items)	Low Sugar Whole Grain Cake Donut (2 items)				
	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)			
	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)			
<i>Chef's Choice may be offered</i>									
Breakfast	WG Apple Mini Bites (2 items)	Orange Dream Muffin (2 items)							
	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)							
	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)							
<i>Chef's Choice may be offered</i>									

Week I

Week II



Menu Name : MTS Secondary Grades 7-8 Lunch Menu Options Provided : Hot, Hot Vegetarian & Cold Meals
 Grade Level / Age Group : 6-8 Grades Meal Pattern : NSLP Meal: Lunch

May - 2024

		Wednesday, May 1, 2024	Thursday, May 2, 2024	Friday, May 3, 2024		
Hot Meal		Soft Tortilla Taco Seasoned Beef, Chz & Crema Assorted Salad Bar Banana Choice Milk	Mandarin Orange Chicken Steamed Brown Rice Assorted Salad Bar Fresh Orange Choice Milk	Cheese Pizza Quesadilla Assorted Salad Bar Crisp Varietal Apple Choice Milk Vanilla Wafers	Week II	
	Hot Veg	Cheesy Pull Aparts	French Pizza Bread	Grilled Cheese Sandwich		
	Cold	Turkey Bun w/ Mayo	Chicken Caesar Wrap	Grilled Chicken & Cheese Bun		

		Monday, May 6, 2024	Tuesday, May 7, 2024	Wednesday, May 8, 2024	Thursday, May 9, 2024	Friday, May 10, 2024		
Hot Meal		Spicy Chicken Tenders & Ketchup Cracker Crisps Assorted Salad Bar Pineapple Tidbits Choice Milk	Bean & Cheese Burrito Cholula Sauce Assorted Salad Bar Chilled Pears Choice Milk	Southern Drumstick Mildly Seasoned Chicken Drumstick WG Dinner Roll Assorted Salad Bar & Banana Grahams & Choice Milk	Cheesy Beef Nachos Drizzle Cheese Sauce on top of Tostitos & Seasoned Beef Assorted Salad Bar Fresh Orange Choice Milk	Garlic Dusted French Bread Pizza Assorted Salad Bar Crisp Varietal Apple Choice Milk	Week III	
	Hot Veg	Cheese Hot Pocket & Sauce	Veggie Garden Burger	Creamy Mac & Cheese	Stuffed Dipping Bites/ Italian Dip	Cheesy Pull Aparts		
	Cold	Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun	Turkey Bun w/ Mayo	Chicken Caesar Wrap	Grilled Chicken & Cheese Bun		

		Monday, May 13, 2024	Tuesday, May 14, 2024	Wednesday, May 15, 2024	Thursday, May 16, 2024	Friday, May 17, 2024		
Hot Meal		Cheeseburger Bakery Bun & Ketchup Assorted Salad Bar Pineapple Tidbits Choice Milk	BYO Waffle Sliders Build Sliders with Mini Belgium Waffles & Turkey Sausage Patties & Dunk them in Syrup Assorted Salad Bar Chilled Pears & Choice Milk	Corn Dog WG Chicken Corn Dog served w/ Ketchup Assorted Salad Bar Banana Wafers & Choice Milk	Buffalo Chicken Hot Pocket Assorted Salad Bar Fresh Orange Choice Milk	Creamy Mac & Cheese WG Dinner Roll Assorted Salad Bar Crisp Varietal Apple Choice Milk	Week IV	
	Hot Veg	Veggie Garden Cheeseburger	Pizza Calzone	Buttermilk Pancakes w/ Syrup & Colby Cheese Omelet	Stuffed Breadsticks w/ Dip	Grilled Cheese Sandwich		
	Cold	Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun	Turkey Bun w/ Mayo	Chicken Caesar Wrap	Grilled Chicken & Cheese Bun		

		Monday, May 20, 2024	Tuesday, May 21, 2024	Wednesday, May 22, 2024	Thursday, May 23, 2024	Friday, May 24, 2024		
Hot Meal		Spicy Crunchy Tender Roll-up Wg Tortilla, Chix Tenders, Boom Sauce Cool Ranch Doritos Assorted Salad Bar Pineapple Tidbits & Choice Milk	General Tso Chicken Steamed Seasoned Rice Assorted Salad Bar Chilled Pears Choice Milk	Walking Taco Nacho Chz Doritos, Seasoned Beef w/ Shred Chz Assorted Salad Bar Banana & Choice Milk	Teriyaki Drumstick WG Bakery Roll Assorted Salad Bar Fresh Orange Choice Milk	Cheese Calzone Assorted Salad Bar Crisp Varietal Apple Choice Milk	Week V	
	Hot Veg	Cheesy Pull Aparts	Pizza Crunchers	Cheesy Quesadilla	Creamy Mac & Cheese & WG Roll	Buttermilk Pancakes w/ Syrup & Colby Cheese Omelet		
	Cold	Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun	Turkey Bun w/ Mayo	Chicken Caesar Wrap	Grilled Chicken & Cheese Bun		

		Monday, May 27, 2024	Tuesday, May 28, 2024	Wednesday, May 29, 2024	Thursday, May 30, 2024	Friday, May 31, 2024		
Hot Meal		Premium Chicken Nuggets w/ Ketchup WG Bakery Roll Assorted Salad Bar Pineapple Tidbits Choice Milk	Hot Italian Sub 'All Beef' Marinara Meatballs & Shred Cheese served on WG Bun Assorted Salad Bar Chilled Pears Sun Chips & Choice Milk	Fritos Enchilada Nachos Top your Fritos corn chips with Delicious Enchilada chicken, Shred Cheese & Boom Sauce Assorted Salad Bar Banana & Choice Milk	Sesame Chicken Bites WG Dinner Roll & Cinnamon Grahams Assorted Salad Bar Fresh Orange Choice Milk	Cheesy Pasta Bake Animal Crackers Assorted Salad Bar Large Crisp Varietal Apple Choice Milk	Week VI	
	Hot Veg	Grilled Cheese Sandwich	Cheese Quesadilla	Veggie Garden Burger & Mayo	Veggie Bean Burrito	French Bread Pizza		
	Cold	Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun	Turkey Bun w/ Mayo	Chicken Caesar Wrap	Grilled Chicken & Cheese Bun		

*** Hot Vegetarian & Cold Meals are served with vegetables, fruit of the day & milk.

Skim & 1% milk served daily.

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

The menus are 100% pork-free.

All rice dishes /rice products are made of whole grain brown rice.

JUNE 2024 Menu (Subject to Change)

	Monday, June 3, 2024	Tuesday, June 4, 2024	Wednesday, June 5, 2024	Thursday, June 6, 2024	Friday, June 7, 2024
Hot Meal	Cheese Calzone	CKC Sticky Drumstick	All Beef Hot Dog	Golden Chicken Patty Sandwich	Twisted Cheesy Breadsticks
	Assorted Salad Bar	Wheat Thins	WG Bun, Ketchup	Bakery Bun & Ketchup	Warm Red Sauce
	Pineapple Tidbits	Assorted Salad Bar	Strawberry Bites	Assorted Salad Bar	Assorted Salad Bar
	Choice Milk	Chilled Pears	Assorted Salad Bar	Fresh Orange	Crisp Varietal Apple
	Choice Milk	Choice Milk	Banana & Choice Milk	Choice Milk	Choice Milk
Hot Veg	Cheese Calzone	Stuffed Dipping Bites w/Sauce	Veggie Bean Burrito	Grilled Cheese Sandwich	Buttermilk Pancakes w/ Syrup & Colby Cheese Omelet
Cold	Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun	Turkey Bun w/ Mayo	Chicken Caesar Wrap	Grilled Chicken & Cheese Bun

	Monday, June 10, 2024	Tuesday, June 11, 2024
Hot Meal	Cool Ranch Crunch Burger <i>..(yep, we will send ketchup)</i>	Brunch Lunch
	Top your Burger with Cool Ranch Doritos	French Toast Sticks & Syrup
	Assorted Salad Bar	Assorted Salad Bar
	Pineapple Tidbits & Choice Milk	Chilled Pears
	Choice Milk	Choice Milk
Hot Veg	Bean & Cheese Burrito	Creamy Mac & Cheese & Grahams
Cold	Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun



Menu Name : MTS Secondary School Grades 9-12 Lunch menu
Grade Level / Age Group : 9-12 Grades

Options Provided : Hot, Hot Vegetarian & Cold Meals
Meal Pattern : NSLP Meal: Lunch

May - 2024

		Wednesday, May 1, 2024		Thursday, May 2, 2024		Friday, May 3, 2024					
Hot Meal		Soft Tortilla Taco		Mandarin Orange Chicken		Cheese Pizza Quesadilla		Week II			
	Hot Veg	Seasoned Beef, Crema & Chz		Steamed Brown Rice		Assorted Salad Bar					
	Cold	Assorted Salad Bar Bananas Mixed Berry Crackers & Choice Milk		Assorted Salad Bar Fresh Orange & 100% Fruit Juice Choice Milk		Vanilla Wafers Large Crisp Varietal Apple Choice Milk					
		Cheesy Pull Aparts		French Pizza Bread		Grilled Cheese Sandwich					
		Turkey Bun w/ Mayo		Chicken Caesar Wrap & Strawberry Bites		Grilled Chicken & Cheese Bun					
		Monday, May 6, 2024		Tuesday, May 7, 2024		Wednesday, May 8, 2024		Thursday, May 9, 2024		Friday, May 10, 2024	
Hot Meal		Spicy Chicken Tenders & Dip		Bean & Cheese Burrito		Southern Drumstick		Cheesy Beef Nachos		Garlic Dusted French Bread Pizza	
	Hot Veg	Hot Cheetos		Cholula Sauce		Mildly Seasoned Chicken Drumstick		Drizzle Cheese Sauce on top of Tostitos & Seasoned Beef		Assorted Salad Bar	
	Cold	Assorted Salad Bar Pineapple Tidbits & 100% Fruit Juice Choice Milk		Assorted Salad Bar Chilled Pears & 100% Fruit Juice Wheat Thins & Choice Milk		WG Dinner Roll & Sweet Chili Doritos Assorted Salad Bar & Banana Choice Milk		Assorted Salad Bar & Fresh Orange Vanilla Chat Snax 100% Fruit Juice & Choice Milk		Large Crisp Varietal Apple Choice Milk	
		Cheese Hot Pocket & Sauce		Veggie Garden Burger		Creamy Mac & Cheese		Stuffed Dipping Bites/ Italian Dip		Cheesy Pull Aparts	
		Wowbutter & Jelly sandwich		Honey Mustard Chicken Bun		Turkey Bun w/ Mayo		Chicken Caesar Wrap		Grilled Chicken & Cheese Bun	
		Monday, May 13, 2024		Tuesday, May 14, 2024		Wednesday, May 15, 2024		Thursday, May 16, 2024		Friday, May 17, 2024	
Hot Meal		Cheeseburger		BYO Waffle Sliders		Corn Dog		Buffalo Chicken Hot Pocket		Creamy Mac & Cheese	
	Hot Veg	Bakery Bun & Ketchup		Build Sliders with Mini Belgium Waffles & Turkey Sausage Patties & Dunk them in Syrup		WG Chicken Corn Dog served w/ Ketchup		Assorted Salad Bar		WG Dinner Roll	
	Cold	Sweet Chili Doritos Assorted Salad Bar Pineapple Tidbits, 100% Fruit Juice & Choice Milk		Assorted Salad Bar Chilled Pears, 100% Fruit Juice & Choice Milk		Flamas & Assorted Salad Bar Bananas Choice Milk		Fresh Orange 100% Fruit Juice Choice Milk		Assorted Salad Bar Large Crisp Varietal Apple Choice Milk	
		Veggie Garden Cheeseburger		Pizza Calzone		Buttermilk Pancakes w/ Syrup & Colby Cheese Omelet		Stuffed Breadsticks w/ Dip		Grilled Cheese Sandwich	
		Wowbutter & Jelly sandwich		Honey Mustard Chicken Bun		Turkey Bun w/ Mayo		Chicken Caesar Wrap & Strawberry Bites		Grilled Chicken & Cheese Bun	
		Monday, May 20, 2024		Tuesday, May 21, 2024		Wednesday, May 22, 2024		Thursday, May 23, 2024		Friday, May 24, 2024	
Hot Meal		Spicy Crunchy Tender Roll-up		General Tso's Chicken		Walking Taco		Teriyaki Drumstick		Cheese Calzone	
	Hot Veg	Wg Tortilla, Chix Tenders, Boom Sauce		Steamed Seasoned Rice		Nacho Chz Doritos, Seasoned Beef w/ Shred Chz, Cholula		WG Bakery Roll & Starwberry Bites		Assorted Salad Bar	
	Cold	Cool Ranch Doritos, Assorted Salad Bar Pineapple Tidbits 100% Fruit Juice & Choice Milk		Assorted Salad Bar Chilled Pears & 100% Fruit Juice Choice Milk		Assorted Salad Bar Chat Snax, Bananas & Choice Milk		Assorted Salad Bar Fresh Orange & 100% Fruit Juice Choice Milk		Crisp Varietal Apple Vanilla Wafers Choice Milk	
		Cheesy Pull Aparts		Pizza Crunchers		Cheesy Quesadilla		Creamy Mac & Cheese		Buttermilk Pancakes w/ Syrup & Colby Cheese Omelet	
		Wowbutter & Jelly sandwich		Honey Mustard Chicken Bun		Turkey Bun w/ Mayo		Chicken Caesar Wrap		Grilled Chicken & Cheese Bun	
		Monday, May 27, 2024		Tuesday, May 28, 2024		Wednesday, May 29, 2024		Thursday, May 30, 2024		Friday, May 31, 2024	
Hot Meal		Premium Chicken Nuggets w/ Ketchup		Hot Italian Sub		Fritos Enchilada Nachos		Sesame Chicken Bites		Cheesy Pasta Bake	
	Hot Veg	Flamas		'All Beef' Marinara Meatballs & Shred Cheese served on WG Bun		Top your Fritos corn chips with Delicious Enchilada chicken, Shred Cheese & Boom Sauce		WG Dinner Roll & Cinnamon Grahams		Animal Crackers	
	Cold	Assorted Salad Bar Pineapple Tidbits 100% Fruit Juice & Choice Milk		Assorted Salad Bar Chilled Pears & 100% Fruit Juice Sun Chips & Choice Milk		Assorted Salad Bar Honey Grahams, Bananas & Choice Milk		Assorted Salad Bar Fresh Orange, 100% Fruit Juice Choice Milk		Assorted Salad Bar Large Crisp Varietal Apple Choice Milk	
		Grilled Cheese Sandwich		Cheese Quesadilla		Veggie Garden Burger & Mayo		Veggie Bean Burrito		French Bread Pizza	
		Wowbutter & Jelly sandwich		Honey Mustard Chicken Bun		Turkey Bun w/ Mayo		Chicken Caesar Wrap		Grilled Chicken & Cheese Bun	

*** Hot Vegetarian & Cold Meals are served with vegetables, fruit of the day & milk.

Skim & 1% milk served daily.

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

The menus are 100% pork-free.

All rice dishes /rice products are made of whole grain brown rice.

JUNE 2024 Menu (Subject to Change)

	Monday, June 3, 2024	Tuesday, June 4, 2024	Wednesday, June 5, 2024	Thursday, June 6, 2024	Friday, June 7, 2024	
Hot Meal	Cheese Calzone	CKC Sticky Drumstick	All Beef Hot Dog	Golden Chicken Patty Sandwich	Twisted Cheese Stuffed Breadsticks	Week I
	Assorted Salad Bar	Wheat Thins, WG Roll	WG Hot Dog Bun, Ketchup & Mustard	Bakery Bun & Ketchup	Warm Red Sauce	
	Pineapple Tidbits	Assorted Salad Bar	Assorted Salad Bar	Assorted Salad Bar	Assorted Salad Bar	
	100% Fruit Juice & Choice Milk	Chilled Pears & 100% Fruit Juice	Strawberry Bites	Fresh Orange & 100% Fruit Juice	Large Crisp Varietal Apple	
Hot Veg	Cheese Calzone	Stuffed Dipping Bites w/Sauce	Veggie Bean Burrito	Grilled Cheese Sandwich	Buttermilk Pancakes w/ Syrup & Colby Cheese Omelet	
Cold	Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun	Turkey Bun w/ Mayo	Chicken Caesar Wrap	Grilled Chicken & Cheese Bun	
	Monday, June 10, 2024	Tuesday, June 11, 2024				
Hot Meal	Flama Crunch Burger ..(yep, we will send mayo)	Brunch Lunch				Week II
	Top your Burger with Flama Doritos	French Toast Sticks & Syrup				
	Assorted Salad Bar	Assorted Salad Bar				
	Pineapple Tidbits	Chilled Pears & 100% Fruit Juice				
Hot Veg	Bean & Cheese Burrito	Creamy Mac & Cheese & Grahams				
Cold	Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun				