



Menu Name : K-12 B Bagged Breakfast No Cereal Menu  
Grade Level / Age Group : K-12 Grades

Meal Pattern : NSLP

Meal: Breakfast

**May - 2024**

		Wednesday, May 1, 2024	Thursday, May 2, 2024	Friday, May 3, 2024				
<b>Breakfast</b>		<b>New Blueberry Snack'n Waffle (2 items)</b>	<b>Delicious Mini Pancake Puffs (2 items)</b>	<b>WG Cinnamon Swirl (2 items)</b>	<b>Week II</b>			
		100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)				
		Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)				
<b><i>Chef's Choice may be offered</i></b>								
		Monday, May 6, 2024	Tuesday, May 7, 2024	Wednesday, May 8, 2024	Thursday, May 9, 2024	Friday, May 10, 2024		
<b>Breakfast</b>		<b>New Caramel Mini Cinnis (2 items)</b>	<b>WG Chocolate Chip Muffin (2 items)</b>	<b>Apple Frudel (2 items)</b>	<b>Low Sugar Whole Grain Cake Donut (2 items)</b>	<b>* Student Favorite* Low Sugar WG Honey Bun (2 items)</b>	<b>Week III</b>	
		100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)		
		Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)		
<b><i>Chef's Choice may be offered</i></b>								
		Monday, May 13, 2024	Tuesday, May 14, 2024	Wednesday, May 15, 2024	Thursday, May 16, 2024	Friday, May 17, 2024		
<b>Breakfast</b>		<b>WG Cinnamon Swirl (2 items)</b>	<b>Banana Muffin (2 items)</b>	<b>* Student Favorite* Low Sugar Whole Grain Apple Fritter Bun (2 items)</b>	<b>Delicious Mini Pancake Bites (2 items)</b>	<b>* Student Favorite* Low Sugar WG Chocolate Glazed Donut (2 items)</b>	<b>Week IV</b>	
		100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)		
		Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)		
<b><i>Chef's Choice may be offered</i></b>								
		Monday, May 20, 2024	Tuesday, May 21, 2024	Wednesday, May 22, 2024	Thursday, May 23, 2024	Friday, May 24, 2024		
<b>Breakfast</b>		<b>Fruit Strudel (2 items)</b>	<b>Apple Cinnamon Muffin (2 items)</b>	<b>Banana Breakfast Bread (2 items)</b>	<b>Low Sugar WG Cinnamon Roll (2 items)</b>	<b>* Student Favorite* Low Sugar Whole Grain Breakfast Mini Bites (2 items)</b>	<b>Week V</b>	
		100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)		
		Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)		
<b><i>Chef's Choice may be offered</i></b>								
		Monday, May 27, 2024	Tuesday, May 28, 2024	Wednesday, May 29, 2024	Thursday, May 30, 2024	Friday, May 31, 2024		
<b>Breakfast</b>		<b>New Confetti Snack'n Waffle (2 items)</b>	<b>* Student Favorite* Low Sugar Whole Grain Chocolate Cake Donut (2 items)</b>	<b>Mini Cinnis (2 items)</b>	<b>* Student Favorite* Low Sugar WG Honey Bun (2 items)</b>	<b>Delicious Mini Pancake Bites (2 items)</b>	<b>Week VI</b>	
		100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)		
		Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)		
<b><i>Chef's Choice may be offered</i></b>								

\*\*\* Three items meet USDA Requirements (One item must be fruit) \*\*\*

Skim & 1% milk served daily.

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

The menus are 100% pork-free.

All rice dishes /rice products are made of whole grain brown rice.



**JUNE 2024 Menu (Subject to Change)**

Monday, June 3, 2024		Tuesday, June 4, 2024		Wednesday, June 5, 2024		Thursday, June 6, 2024		Friday, June 7, 2024	
<b>Breakfast</b>	<b>WG Chocolate Swirl Breakfast Roll (2 items)</b>	<b>Confetti Snackbread (2 Items)</b>	<b>WG Banana Oatmeal Breakfast Round (2 items)</b>	<b>Whole Grain Chocolate Chip Muffin (2 items)</b>	<b>Low Sugar Whole Grain Cake Donut (2 items)</b>				
	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)			
	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)			
<i>Chef's Choice may be offered</i>									
<b>Breakfast</b>	<b>WG Apple Mini Bites (2 items)</b>	<b>Orange Dream Muffin (2 items)</b>							
	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)							
	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)							
<i>Chef's Choice may be offered</i>									

Week I

Week II



Menu Name : MTS PEASE Academy Lunch Menu	Options Provided : Hot, Hot Vegetarian & Deli Salads	
Grade Level / Age Group : 9-12 Grades	Meal Pattern : NSLP	Meal: Lunch
<b>May - 2024</b>		

Hot Meal	Wednesday, May 1, 2024	Thursday, May 2, 2024	Friday, May 3, 2024	Week II
	<b>Beef Burrito Bowl</b> Seasoned Beef, Warm Rice Street Corn, Shred Lettuce, Chz & Crema Bananas Scooby Grahams & Choice Milk	<b>Mandarin Orange Chicken</b> Steamed Brown Rice Garden Greens Salad & Homemade Dressing Fresh Orange & 100% Fruit Juice Choice Milk	<b>Cheese Pizza Quesadilla</b> Baby Carrots & Dip Vanilla Wafers Large Crisp Varietal Apple Choice Milk	
Hot Veg	<b>Cheesy Pull Aparts</b>	<b>French Pizza Bread</b>	<b>Grilled Cheese Sandwich</b>	

Hot Meal	Monday, May 6, 2024	Tuesday, May 7, 2024	Wednesday, May 8, 2024	Thursday, May 9, 2024	Friday, May 10, 2024	Week III
	<b>Spicy Chicken Tenders &amp; Dip</b> Hot Cheetos Baby Carrots & Dip Cinnamon Apple Slices 100% Fruit Juice & Choice Milk	<b>Bean &amp; Cheese Burrito</b> Cholula Sauce Street Corn Salad Chilled Pears & 100% Fruit Juice Wheat Thins & Choice Milk	<b>Southern Drumstick</b> Mildly Seasoned Chicken Drumstick WG Dinner Roll & Sweet Chili Doritos Cucumber Slices, Baby Carrots w/ Dip Bananas & Choice Milk	<b>Cheesy Beef Nachos</b> Drizzle Cheese Sauce on top of Tostitos & Seasoned Beef Lemony Pinto Beans Fresh Orange Vanilla Chat Snax, 100% Fruit Juice & Choice Milk	<b>Garlic Dusted French Bread Pizza</b> Garden Greens Salad & Dressing Large Crisp Varietal Apple Choice Milk	
Hot Veg	<b>Cheese Hot Pocket &amp; Sauce</b>	<b>Veggie Garden Burger</b>	<b>Creamy Mac &amp; Cheese &amp; WG Roll</b>	<b>Stuffed Dipping Bites/ Italian Dip</b>	<b>Cheesy Pull Aparts</b>	

Hot Meal	Monday, May 13, 2024	Tuesday, May 14, 2024	Wednesday, May 15, 2024	Thursday, May 16, 2024	Friday, May 17, 2024	Week IV
	<b>Cheeseburger</b> Bakery Bun & Mayo Sweet Chili Doritos & Spicy Street Corn Cinnamon Apple Slices 100% Fruit Juice & Choice Milk	<b>Stack &amp; Chomp Waffles w/ Syrup</b> Stack your mini Belgium Waffles on top of each other for a delicious chomp Colby Cheese Omelet Glazed Carrots Chilled Pears, 100% Fruit Juice & Choice Milk	<b>Corn Dog</b> WG Chicken Corn Dog served w/ Ketchup Flamas CKC Baked Beans Bananas & Choice Milk	<b>Buffalo Chicken Calzone</b> Sliced Cucumbers & Carrot Slims Fresh Orange 100% Fruit Juice Choice Milk	<b>Creamy Mac &amp; Cheese</b> WG Dinner Roll Mixed Greens Salad & Dressing Large Crisp Varietal Apple Choice Milk	
Hot Veg	<b>Veggie Garden Cheeseburger</b>	<b>Pizza Calzone</b>	<b>Buttermilk Pancakes w/ Syrup &amp; Colby Cheese Omelet</b>	<b>Stuffed Breadsticks w/ Dip</b>	<b>Grilled Cheese Sandwich</b>	

Hot Meal	Monday, May 20, 2024	Tuesday, May 21, 2024	Wednesday, May 22, 2024	Thursday, May 23, 2024	Friday, May 24, 2024	Week V
	<b>Spicy Crunchy Tender Roll-up</b> Wg Tortilla, Chix Tenders, Boom Sauce Shred Lettuce / Cool Ranch Doritos Seasoned Corn / Cinnamon Apples 100% Fruit Juice & Choice Milk	<b>General Tso's Chicken</b> Steamed Seasoned Rice Baby Carrots & Dip Chilled Pears & 100% Fruit Juice Choice Milk	<b>Walking Taco</b> Nacho Chz Doritos, Seasoned Beef w/ Shred Chz, Shredded Lettuce & Choula Cheesy Refried Beans Chat Snax, Bananas & Choice Milk	<b>Teriyaki Drumstick</b> WG Bakery Roll & Strawberry Bites Crisp Broccoli & Carrot Slims Fresh Orange & 100% Fruit Juice Choice Milk	<b>Sicilian Cheese Calzone</b> Sliced Cucumbers & Dip Crisp Varietal Apple Vanilla Wafers Choice Milk	
Hot Veg	<b>Cheesy Pull Aparts &amp; Doritos</b>	<b>Pizza Crunchers</b>	<b>Cheese Quesadilla</b>	<b>Creamy Mac &amp; Cheese</b>	<b>Buttermilk Pancakes w/ Syrup &amp; Colby Cheese Omelet</b>	

Hot Meal	Monday, May 27, 2024	Tuesday, May 28, 2024	Wednesday, May 29, 2024	Thursday, May 30, 2024	Friday, May 31, 2024	Week VI
	<b>Premium Chicken Nuggets w/ Youza Sauce</b> Flamas Steamed Seasoned Corn Cinnamon Apples 100% Fruit Juice & Choice Milk	<b>Hot Italian Sub</b> 'All Beef' Marinara Meatballs & Shred Cheese served on WG Bun Steamed Green Beans Chilled Pears & 100% Fruit Juice Sun Chips & Choice Milk	<b>Fritos Enchilada Nachos</b> Top your Fritos corn chips with Delicious Enchilada chicken, Shred Cheese & Boom Sauce Cheesy Refried Beans Honey Grahams, Bananas & Choice Milk	<b>Sesame Chicken Bites</b> Glazed Carrots WG Dinner Roll & Cinnamon Grahams Fresh Orange 100% Fruit Juice & Choice Milk	<b>Spicy Cheesy Pasta Bake</b> Grahams Crisp Broccoli, Carrot Slims & Dip Large Crisp Varietal Apple Choice Milk	
Hot Veg	<b>Grilled Cheese Sandwich</b>	<b>Cheese Quesadilla</b>	<b>Veggie Garden Burger &amp; Mayo</b>	<b>Veggie Bean Burrito</b>	<b>French Bread Pizza</b>	

(Vegetarian choices come with eggs & cheese in the place of meat)	Monday, May 27, 2024	Tuesday, May 28, 2024	Wednesday, May 29, 2024	Thursday, May 30, 2024	Friday, May 31, 2024	Deli Salads
	<b>Grilled Chicken Caesar Salad</b> Chicken Breast served on a bed of Romaine, Spinach, Cucumbers, Tomatoes, Peas & topped with Parmesan cheese & Caesar salad dressing, adding dinner rolls for grains.	<b>Grilled Chicken Asian Salad</b> Asian Salad drizzled with Sesame dressing and topped with Chow Mein and cooked Chicken Breast. WG Rolls added to complete the WG requirement.	<b>Grilled Chicken SW Taco Salad</b> Youza Sauce and Corn chips add a Southwest dimension to this salad of Romaine, LCR mix, Pinto bean and Corn. Chicken Breast completes the salad as a wholesome meal.	<b>Classic Chef Salad</b> We just time-travelled and brought back this timeless gem. It's simple. It's classic. It's vintage. This Egg, Turkey, Tomatoes and Salad combo is sure to appeal eyes and taste buds. WG rolls fill the grain part	<b>Quinoa Power Bowl Salad</b> Not just vintage, we cover current trends too. This salad has "New-age Superfood" Quinoa as its base. Not stopping there, it becomes more powerful with Beans, Corn and Spinach.	

\*\*\* Hot Vegetarian Meals are served with vegetables, fruit of the day & milk.  
 \*\*\* Deli Salad choices offered everyday (Both Regular & Vegetarian options available. All deli salads come with fruit and milk)

Skim & 1% milk served daily.

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

The menus are 100% pork-free.

All rice dishes /rice products are made of whole grain brown rice.

**JUNE 2024 Menu (Subject to Change)**

JUNE 2024 Menu (Subject to Change)					
	Monday, June 3, 2024	Tuesday, June 4, 2024	Wednesday, June 5, 2024	Thursday, June 6, 2024	Friday, June 7, 2024
<b>Hot Meal</b>	<b>Asian Chicken Pot Stickers</b>	<b>CKC Sticky Drumstick</b>	<b>All Beef Hot Dog</b>	<b>Spicy Chicken Patty Sandwich</b>	<b>Twisted Cheese Stuffed Breadsticks</b>
	Teriyaki Dipping Sauce	Wheat Thins, WG Roll	WG Bun, Ketchup	WG Bun & Ketchup	Warm Red Sauce
	Celery Sticks w/ Dip	Baby Carrots & Dip	CKC Baked Beans & Carrot Slims	Crispy Cubes & Ketchup	Mixed Greens Salad & Dressing
	Cinnamon Apples	Chilled Pears	Bananas	Fresh Orange & 100% Fruit Juice	Large Crisp Varietal Apple
	100% Fruit Juice & Choice Milk	100% Fruit Juice & Choice Milk	Strawberry Bites & Choice Milk	Choice Milk	Choice Milk
Hot Veg	<b>Cheese Calzone</b>	<b>Stuffed Dipping Bites w/Sauce</b>	<b>Veggie Bean Burrito</b>	<b>Grilled Cheese Sandwich</b>	<b>Buttermilk Pancakes w/ Syrup &amp; Colby Cheese Omelet</b>
	Monday, June 10, 2024	Tuesday, June 11, 2024			
<b>Hot Meal</b>	<b>Flama Crunch Burger</b> .. <i>(yep, we will send mayo)</i>	<b>Brunch Lunch</b>			
	Top your Burger with Flama Doritos	French Toast Sticks & Syrup			
	CKC Baked Beans	Celery Sticks & Carrot Slims			
	Cinnamon Apple Slices	Chilled Pears & 100% Fruit Juice			
	100% Fruit Juice & Choice Milk	Choice Milk			
Hot Veg	<b>Bean &amp; Cheese Burrito</b>	<b>Creamy Mac &amp; Cheese &amp; Grahams</b>			

Week I

Week II