



Menu Name : K-12 B Bagged Breakfast No Cereal Menu		Meal Pattern : NSLP		Meal: Breakfast	
Grade Level / Age Group : K-12 Grades		JUNE - 2024			

Monday, June 3, 2024		Tuesday, June 4, 2024		Wednesday, June 5, 2024		Thursday, June 6, 2024		Friday, June 7, 2024	
Breakfast	WG Chocolate Swirl Breakfast Roll (2 items)	Confetti Snackbread (2 Items)	WG Banana Oatmeal Breakfast Round (2 items)	<i>* Student Favorite*</i> Low Sugar WG Chocolate Glazed Donut (2 items)	Delicious Mini Pancake Puffs (2 items)				
	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)			
	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)			
<i>Chef's Choice may be offered</i>									

Monday, June 10, 2024		Tuesday, June 11, 2024		Wednesday, June 12, 2024		Thursday, June 13, 2024		Friday, June 14, 2024	
Breakfast	WG Apple Mini Bites (2 items)	<i>* Student Favorite*</i> Low Sugar Whole Grain Apple Fritter Bun (2 items)	Blueberry Snack'n Waffle (2 items)	Low Sugar Whole Grain Cake Donut (2 items)	Waffle Snaps (2 items)				
	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)			
	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)			
<i>Chef's Choice may be offered</i>									

Monday, June 17, 2024		Tuesday, June 18, 2024		Wednesday, June 19, 2024		Thursday, June 20, 2024		Friday, June 21, 2024	
Breakfast	S'mores Soft Baked Bar (2 Items)	WG Chocolate Chip Muffin (2 items)	Small Wowbutter & Jelly Sandwich (2 items)	WG Cinnamon Roll (2 items)	WG Original Brekkie (2 Items)				
	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)			
	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)			
<i>Chef's Choice may be offered</i>									

Monday, June 24, 2024		Tuesday, June 25, 2024		Wednesday, June 26, 2024		Thursday, June 27, 2024		Friday, June 28, 2024	
Breakfast	<i>* Student Favorite*</i> Low Sugar Whole Grain Chocolate Cake Donut (2 items)	Banana Muffin (2 items)	Blueberry Lemon Oatmeal Bar (2 items)	Caramel Mini Cinnis (2 items)	Delicious Mini Pancake Puffs (2 items)				
	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)			
	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)			
<i>Chef's Choice may be offered</i>									

*** **Three items meet USDA Requirements (One item must be fruit)** ***

Skim & 1% milk served daily.

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

The menus are 100% pork-free.

All rice dishes /rice products are made of whole grain brown rice.



JULY 2024 Menu (Subject to Change)

	Monday, July 1, 2024	Tuesday, July 2, 2024	Wednesday, July 3, 2024	Thursday, July 4, 2024	Friday, July 5, 2024	
Breakfast	Fruit Strudel (2 items)	Orange Dream Muffin (2 items)	Banana Breakfast Bread (2 items)	<i>* Student Favorite*</i> Low Sugar Whole Grain Apple Fritter Bun (2 items)	<i>* Student Favorite*</i> Low Sugar Whole Grain Breakfast Mini Bites (2 items)	Week I
	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	
	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	
<i>Chef's Choice may be offered</i>						

	Monday, July 8, 2024	Tuesday, July 9, 2024	Wednesday, July 10, 2024	Thursday, July 11, 2024	Friday, July 12, 2024	
Breakfast	Confetti Snack'n Waffle (2 items)	<i>* Student Favorite*</i> Low Sugar Whole Grain Chocolate Cake Donut (2 items)	Mini Cinnis (2 items)	<i>* Student Favorite*</i> Low Sugar WG Honey Bun (2 items)	Delicious Mini Pancake Bites (2 items)	Week II
	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	
	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	
<i>Chef's Choice may be offered</i>						



Menu Name : MTS Elementary Grades K-6 Lunch Menu			Options Provided : Hot, Hot Vegetarian & Cold Meals			
Grade Level / Age Group : K-8 Grades			Meal Pattern : NSLP		Meal: Lunch	
June - 2024						
Hot Meal	Monday, June 3, 2024	Tuesday, June 4, 2024	Wednesday, June 5, 2024	Thursday, June 6, 2024	Friday, June 7, 2024	Week I
	Creamy Mac & Cheese	CKC Sticky Drumstick	All Beef Hot Dog	Golden Chicken Patty Sandwich	Twisted Cheesy Breadsticks	
	Celery Sticks w/ Dip	Wheat Thins	WG Bun, Ketchup	Bakery Bun & Ketchup	Warm Red Sauce	
	Cinnamon Apple Slices	Baby Carrots & Dip	CKC Baked Beans	Steamed Corn	Mixed Greens Salad & Dressing	
	Choice Milk	Chilled Pears	Banana	Fresh Orange	Crisp Varietal Apple	
Animal Crackers	Choice Milk	Strawberry Bites & Choice Milk	Choice Milk	Choice Milk		
Hot Veg	Cheese Calzone	Stuffed Dipping Bites w/Sauce	Veggie Bean Burrito	Grilled Cheese Sandwich	Buttermilk Pancakes w/ Syrup & Colby Cheese Omelet	
Cold	Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun	Turkey Bun w/ Mayo	Chicken Caesar Wrap	Grilled Chicken & Cheese Bun	
Hot Meal	Monday, June 10, 2024	Tuesday, June 11, 2024	Wednesday, June 12, 2024	Summer Holidays!		Week II
	Cool Ranch Crunch Burger ... <i>(yep, we will send Ketchup)</i>	Brunch Lunch	Soft Tortilla Taco			
	Top your Burger with Cool Ranch Doritos	French Toast Sticks & Syrup	Seasoned Beef, Cheese & Crema			
	CKC Baked Beans	Celery Sticks	Steamed Corn			
	Cinnamon Apple Slices	Chilled Pears	Banana			
Choice Milk	Choice Milk	Choice Milk				
Hot Veg	Bean & Cheese Burrito	Creamy Mac & Cheese & Grahams	Cheesy Pull Aparts			
Cold	Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun	Turkey Bun w/ Mayo			
(Vegetarian choices come with eggs & cheese in the place of meat)	Grilled Chicken Caesar Salad	Grilled Chicken Asian Salad	Grilled Chicken SW Taco Salad	Classic Chef Salad	Quinoa Power Bowl Salad	Deli Salads
	Chicken Breast served on a bed of Romaine, Spinach, Cucumbers, Tomatoes, Peas & topped with Parmesan cheese & Caesar salad dressing, adding dinner rolls for grains.	Asian Salad drizzled with Sesame dressing and topped with Chow Mein and cooked Chicken Breast. WG Rolls added to complete the WG requirement.	Youza Sauce and Corn chips add a Southwest dimension to this salad of Romaine, LCR mix, Pinto bean and Corn. Chicken Breast completes the salad as a wholesome meal.	We just time-travelled and brought back this timeless gem. It's simple. It's classic. It's vintage. This Egg, Turkey, Tomatoes and Salad combo is sure to appeal eyes and taste buds. WG rolls fill the grain part	Not just vintage, we cover current trends too. This salad has "New-age Superfood" Quinoa as its base. Not stopping there, it becomes more powerful with Beans, Corn and Spinach.	
<p>*** Hot Vegetarian & Cold Meals are served with vegetables, fruit of the day & milk.</p> <p>*** Deli Salad choices offered everyday (Both Regular & Vegetarian options available. All deli salads come with fruit and milk)</p>						

Skim & 1% milk served daily.

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The menus are 100% pork-free.

All rice dishes /rice products are made of whole grain brown rice.