



Menu Name : K-12 B Bagged Breakfast No Cereal Menu	Meal Pattern : NSLP	Meal: Breakfast
Grade Level / Age Group : K-12 Grades		
JUNE - 2024		

	Monday, June 3, 2024	Tuesday, June 4, 2024	Wednesday, June 5, 2024	Thursday, June 6, 2024	Friday, June 7, 2024	
Breakfast	WG Chocolate Swirl Breakfast Roll (2 items)	Confetti Snackbread (2 Items)	WG Banana Oatmeal Breakfast Round (2 items)	<i>* Student Favorite*</i> Low Sugar WG Chocolate Glazed Donut (2 items)	Delicious Mini Pancake Puffs (2 items)	Week I
	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	
	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	
<i>Chef's Choice may be offered</i>						

	Monday, June 10, 2024	Tuesday, June 11, 2024	Wednesday, June 12, 2024	Thursday, June 13, 2024	Friday, June 14, 2024	
Breakfast	WG Apple Mini Bites (2 items)	<i>* Student Favorite*</i> Low Sugar Whole Grain Apple Fritter Bun (2 items)	Blueberry Snack'n Waffle (2 items)	Low Sugar Whole Grain Cake Donut (2 items)	Waffle Snaps (2 items)	Week II
	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	
	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	
<i>Chef's Choice may be offered</i>						

	Monday, June 17, 2024	Tuesday, June 18, 2024	Wednesday, June 19, 2024	Thursday, June 20, 2024	Friday, June 21, 2024	
Breakfast	S'mores Soft Baked Bar (2 Items)	WG Chocolate Chip Muffin (2 items)	Small Wowbutter & Jelly Sandwich (2 items)	WG Cinnamon Roll (2 items)	WG Original Brekkie (2 Items)	Week III
	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	
	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	
<i>Chef's Choice may be offered</i>						

	Monday, June 24, 2024	Tuesday, June 25, 2024	Wednesday, June 26, 2024	Thursday, June 27, 2024	Friday, June 28, 2024	
Breakfast	<i>* Student Favorite*</i> Low Sugar Whole Grain Chocolate Cake Donut (2 items)	Banana Muffin (2 items)	Blueberry Lemon Oatmeal Bar (2 items)	Caramel Mini Cinnis (2 items)	Delicious Mini Pancake Puffs (2 items)	Week IV
	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	
	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	
<i>Chef's Choice may be offered</i>						

*** **Three items meet USDA Requirements (One item must be fruit)** ***

Skim & 1% milk served daily.

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

The menus are 100% pork-free.

All rice dishes /rice products are made of whole grain brown rice.



JULY 2024 Menu (Subject to Change)

	Monday, July 1, 2024	Tuesday, July 2, 2024	Wednesday, July 3, 2024	Thursday, July 4, 2024	Friday, July 5, 2024	
Breakfast	Fruit Strudel (2 items)	Orange Dream Muffin (2 items)	Banana Breakfast Bread (2 items)	<i>* Student Favorite*</i> Low Sugar Whole Grain Apple Fritter Bun (2 items)	<i>* Student Favorite*</i> Low Sugar Whole Grain Breakfast Mini Bites (2 items)	Week I
	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	
	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	
<i>Chef's Choice may be offered</i>						

	Monday, July 8, 2024	Tuesday, July 9, 2024	Wednesday, July 10, 2024	Thursday, July 11, 2024	Friday, July 12, 2024	
Breakfast	Confetti Snack'n Waffle (2 items)	<i>* Student Favorite*</i> Low Sugar Whole Grain Chocolate Cake Donut (2 items)	Mini Cinnis (2 items)	<i>* Student Favorite*</i> Low Sugar WG Honey Bun (2 items)	Delicious Mini Pancake Bites (2 items)	Week II
	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	
	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	
<i>Chef's Choice may be offered</i>						



Menu Name : MTS Secondary Grades 7-8 Lunch Menu			Options Provided : Hot, Hot Vegetarian & Cold Meals		
Grade Level / Age Group : 6-8 Grades			Meal Pattern : NSLP		Meal: Lunch
June - 2024					
	Monday, June 3, 2024	Tuesday, June 4, 2024	Wednesday, June 5, 2024	Thursday, June 6, 2024	Friday, June 7, 2024
Hot Meal	Creamy Mac & Cheese	CKC Sticky Drumstick	All Beef Hot Dog	Golden Chicken Patty Sandwich	Twisted Cheesy Breadsticks
	Animal Crackers	Cilantro Rice	WG Bun, Ketchup	Bakery Bun & Ketchup	Warm Red Sauce
	Assorted Salad Bar	Assorted Salad Bar	Strawberry Bites	Assorted Salad Bar	Assorted Salad Bar
	Pineapple Tidbits	Chilled Pears	Assorted Salad Bar	Fresh Orange	Crisp Varietal Apple
	Choice Milk	Choice Milk	Banana & Choice Milk	Choice Milk	Choice Milk
Hot Veg	Cheese Calzone	Stuffed Dipping Bites w/Sauce	Veggie Bean Burrito	Grilled Cheese Sandwich	Buttermilk Pancakes w/ Syrup & Colby Cheese Omelet
Cold	Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun	Turkey Bun w/ Mayo	Chicken Caesar Wrap	Grilled Chicken & Cheese Bun
	Monday, June 10, 2024	Tuesday, June 11, 2024	Wednesday, June 12, 2024	Summer Holidays!	
Hot Meal	Cool Ranch Crunch Burger ... <i>(yep, we will send ketchup)</i>	Brunch Lunch	Soft Tortilla Taco		
	Top your Burger with Cool Ranch Doritos	French Toast Sticks & Syrup	Seasoned Beef, Chz & Crema		
	Assorted Salad Bar	Assorted Salad Bar	Assorted Salad Bar		
	Assorted Salad Bar	Chilled Pears	Banana		
	Pineapple Tidbits & Choice Milk	Choice Milk	Choice Milk		
Hot Veg	Bean & Cheese Burrito	Creamy Mac & Cheese & Grahams	Cheesy Pull Aparts		
Cold	Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun	Turkey Bun w/ Mayo		
*** Hot Vegetarian & Cold Meals are served with vegetables, fruit of the day & milk.					

Skim & 1% milk served daily.

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

The menus are 100% pork-free.

All rice dishes /rice products are made of whole grain brown rice.



Menu Name : MTS Secondary School Grades 9-12 Lunch menu Options Provided : Hot, Hot Vegetarian & Cold Meals
 Grade Level / Age Group : 9-12 Grades Meal Pattern : NSLP Meal: Lunch

June - 2024

	Monday, June 3, 2024	Tuesday, June 4, 2024	Wednesday, June 5, 2024	Thursday, June 6, 2024	Friday, June 7, 2024	
Hot Meal	Creamy Mac & Cheese	CKC Sticky Drumstick	All Beef Hot Dog	Golden Chicken Patty Sandwich	Twisted Cheese Stuffed Breadsticks	Week I
	WG Roll	Cilantro Rice	WG Hot Dog Bun, Ketchup & Mustard	Bakery Bun & Ketchup	Warm Red Sauce	
	Assorted Salad Bar	Assorted Salad Bar	Assorted Salad Bar	Assorted Salad Bar	Assorted Salad Bar	
	Pineapple Tidbits	Chilled Pears & 100% Fruit Juice	Strawberry Bites	Fresh Orange & 100% Fruit Juice	Large Crisp Varietal Apple	
	100% Fruit Juice & Choice Milk	Choice Milk	Bananas & Choice Milk	Cheese Crisps & Choice Milk	Choice Milk	
Hot Veg	Cheese Calzone	Stuffed Dipping Bites w/Sauce	Veggie Bean Burrito	Grilled Cheese Sandwich	Buttermilk Pancakes w/ Syrup & Colby Cheese Omelet	
Cold	Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun	Turkey Bun w/ Mayo	Chicken Caesar Wrap	Grilled Chicken & Cheese Bun	

	Monday, June 10, 2024	Tuesday, June 11, 2024	Wednesday, June 12, 2024			
Hot Meal	Flama Crunch Burger ..(yep, we will send mayo)	Brunch Lunch	Soft Tortilla Taco	Summer Holidays!		Week II
	Top your Burger with Flama Doritos	French Toast Sticks & Syrup	Seasoned Beef, Crema & Chz			
	Assorted Salad Bar	Assorted Salad Bar	Assorted Salad Bar			
	Pineapple Tidbits	Chilled Pears & 100% Fruit Juice	Bananas			
	100% Fruit Juice & Choice Milk	Choice Milk	Scooby Bones & Choice Milk			
Hot Veg	Bean & Cheese Burrito	Creamy Mac & Cheese & Grahams	Cheesy Pull Aparts			
Cold	Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun	Turkey Bun w/ Mayo			

*** Hot Vegetarian & Cold Meals are served with vegetables, fruit of the day & milk.

Skim & 1% milk served daily.

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

The menus are 100% pork-free.

All rice dishes /rice products are made of whole grain brown rice.