



Menu Name : K-12 B Bagged Breakfast No Cereal Menu		Meal Pattern : NSLP	Meal: Breakfast
Grade Level / Age Group : K-12 Grades			
<b>JUNE - 2024</b>			

	Monday, June 3, 2024	Tuesday, June 4, 2024	Wednesday, June 5, 2024	Thursday, June 6, 2024	Friday, June 7, 2024	
<b>Breakfast</b>	<b>WG Chocolate Swirl Breakfast Roll (2 items)</b>	<b>Confetti Snackbread (2 Items)</b>	<b>WG Banana Oatmeal Breakfast Round (2 items)</b>	<i>* Student Favorite*</i> <b>Low Sugar WG Chocolate Glazed Donut (2 items)</b>	<b>Delicious Mini Pancake Puffs (2 items)</b>	<b>Week I</b>
	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	
	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	
<i>Chef's Choice may be offered</i>						

	Monday, June 10, 2024	Tuesday, June 11, 2024	Wednesday, June 12, 2024	Thursday, June 13, 2024	Friday, June 14, 2024	
<b>Breakfast</b>	<b>WG Apple Mini Bites (2 items)</b>	<i>* Student Favorite*</i> <b>Low Sugar Whole Grain Apple Fritter Bun (2 items)</b>	<b>Blueberry Snack'n Waffle (2 items)</b>	<b>Low Sugar Whole Grain Cake Donut (2 items)</b>	<b>Waffle Snaps (2 items)</b>	<b>Week II</b>
	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	
	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	
<i>Chef's Choice may be offered</i>						

	Monday, June 17, 2024	Tuesday, June 18, 2024	Wednesday, June 19, 2024	Thursday, June 20, 2024	Friday, June 21, 2024	
<b>Breakfast</b>	<b>S'mores Soft Baked Bar (2 Items)</b>	<b>WG Chocolate Chip Muffin (2 items)</b>	<b>Small Wowbutter &amp; Jelly Sandwich (2 items)</b>	<b>WG Cinnamon Roll (2 items)</b>	<b>WG Original Brekkie (2 Items)</b>	<b>Week III</b>
	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	
	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	
<i>Chef's Choice may be offered</i>						

	Monday, June 24, 2024	Tuesday, June 25, 2024	Wednesday, June 26, 2024	Thursday, June 27, 2024	Friday, June 28, 2024	
<b>Breakfast</b>	<i>* Student Favorite*</i> <b>Low Sugar Whole Grain Chocolate Cake Donut (2 items)</b>	<b>Banana Muffin (2 items)</b>	<b>Blueberry Lemon Oatmeal Bar (2 items)</b>	<b>Caramel Mini Cinnis (2 items)</b>	<b>Delicious Mini Pancake Puffs (2 items)</b>	<b>Week IV</b>
	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	
	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	
<i>Chef's Choice may be offered</i>						

\*\*\* **Three items meet USDA Requirements (One item must be fruit)** \*\*\*

Skim & 1% milk served daily.

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

The menus are 100% pork-free.

All rice dishes /rice products are made of whole grain brown rice.



**JULY 2024 Menu (Subject to Change)**

	Monday, July 1, 2024	Tuesday, July 2, 2024	Wednesday, July 3, 2024	Thursday, July 4, 2024	Friday, July 5, 2024	
<b>Breakfast</b>	<b>Fruit Strudel (2 items)</b>	<b>Orange Dream Muffin (2 items)</b>	<b>Banana Breakfast Bread (2 items)</b>	<i>* Student Favorite*</i> <b>Low Sugar Whole Grain Apple Fritter Bun (2 items)</b>	<i>* Student Favorite*</i> <b>Low Sugar Whole Grain Breakfast Mini Bites (2 items)</b>	<b>Week I</b>
	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	
	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	
<i>Chef's Choice may be offered</i>						

	Monday, July 8, 2024	Tuesday, July 9, 2024	Wednesday, July 10, 2024	Thursday, July 11, 2024	Friday, July 12, 2024	
<b>Breakfast</b>	<b>Confetti Snack'n Waffle (2 items)</b>	<i>* Student Favorite*</i> <b>Low Sugar Whole Grain Chocolate Cake Donut (2 items)</b>	<b>Mini Cinnis (2 items)</b>	<i>* Student Favorite*</i> <b>Low Sugar WG Honey Bun (2 items)</b>	<b>Delicious Mini Pancake Bites (2 items)</b>	<b>Week II</b>
	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	
	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	
<i>Chef's Choice may be offered</i>						



Menu Name : MTS PEASE Academy Lunch Menu			Options Provided : Hot, Hot Vegetarian & Deli Salads			
Grade Level / Age Group : 9-12 Grades			Meal Pattern : NSLP		Meal: Lunch	
June - 2024						
	Monday, June 3, 2024	Tuesday, June 4, 2024	Wednesday, June 5, 2024	Thursday, June 6, 2024	Friday, June 7, 2024	
<b>Hot Meal</b>	<b>Creamy Mac &amp; Cheese</b>	<b>CKC Sticky Drumstick</b>	<b>All Beef Hot Dog</b>	<b>Spicy Chicken Patty Sandwich</b>	<b>Twisted Cheese Stuffed Breadsticks</b>	<b>Week I</b>
	WG Roll	Cilantro Rice	WG Bun, Ketchup	WG Bun & Ketchup	Warm Red Sauce	
	Celery Sticks w/ Dip	Baby Carrots & Dip	CKC Baked Beans & Carrot Slims	Crispy Cubes & Ketchup	Mixed Greens Salad & Dressing	
	Cinnamon Apples	Chilled Pears	Bananas	Fresh Orange & 100% Fruit Juice	Large Crisp Varietal Apple	
	100% Fruit Juice & Choice Milk	100% Fruit Juice & Choice Milk	Strawberry Bites & Choice Milk	Choice Milk	Choice Milk	
<b>Hot Veg</b>	<b>Cheese Calzone</b>	<b>Stuffed Dipping Bites w/Sauce</b>	<b>Veggie Bean Burrito</b>	<b>Grilled Cheese Sandwich</b>	<b>Buttermilk Pancakes w/ Syrup &amp; Colby Cheese Omelet</b>	
	Monday, June 10, 2024	Tuesday, June 11, 2024	Wednesday, June 12, 2024	Summer Holidays!		
<b>Hot Meal</b>	<b>Flama Crunch Burger</b> <small>(yep, we will send mayo)</small>	<b>Brunch Lunch</b>	<b>Beef Burrito Bowl</b>	<b>Summer Holidays!</b>		<b>Week II</b>
	Top your Burger with Flama Doritos	French Toast Sticks & Syrup	Seasoned Beef, Warm Rice			
	CKC Baked Beans	Celery Sticks & Carrot Slims	Street Corn, Shred Lettuce, Chz & Crema			
	Cinnamon Apple Slices	Chilled Pears & 100% Fruit Juice	Bananas			
	100% Fruit Juice & Choice Milk	Choice Milk	Scooby Grahams & Choice Milk			
<b>Hot Veg</b>	<b>Bean &amp; Cheese Burrito</b>	<b>Creamy Mac &amp; Cheese &amp; Grahams</b>	<b>Cheesy Pull Aparts</b>			
<small>(Vegetarian choices come with eggs &amp; cheese in the place of meat)</small>	<b>Grilled Chicken Caesar Salad</b>	<b>Grilled Chicken Asian Salad</b>	<b>Grilled Chicken SW Taco Salad</b>	<b>Classic Chef Salad</b>	<b>Quinoa Power Bowl Salad</b>	<b>Deli Salads</b>
	Chicken Breast served on a bed of Romaine, Spinach, Cucumbers, Tomatoes, Peas & topped with Parmesan cheese & Caesar salad dressing, adding dinner rolls for grains.	Asian Salad drizzled with Sesame dressing and topped with Chow Mein and cooked Chicken Breast. WG Rolls added to complete the WG requirement.	Youza Sauce and Corn chips add a Southwest dimension to this salad of Romaine, LCR mix, Pinto bean and Corn. Chicken Breast completes the salad as a wholesome meal.	We just time-travelled and brought back this timeless gem. It's simple. It's classic. It's vintage. This Egg, Turkey, Tomatoes and Salad combo is sure to appeal eyes and taste buds. WG rolls fill the grain part	Not just vintage, we cover current trends too. This salad has "New-age Superfood" Quinoa as its base. Not stopping there, it becomes more powerful with Beans, Corn and Spinach.	
	*** Hot Vegetarian Meals are served with vegetables, fruit of the day & milk.					
	*** Deli Salad choices offered everyday (Both Regular & Vegetarian options available. All deli salads come with fruit and milk)					

Skim & 1% milk served daily.

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