

Menu Name :K-12 E Bagged Breakfast w Protein & No Cereal Menu		Meal Pattern : NSLP		Meal : Breakfast	
Grade Level / Age Group : K-12 Grades		<b>APRIL - 2025</b>			

<b>Breakfast</b>	Tuesday, April 1, 2025	Wednesday, April 2, 2025	Thursday, April 3, 2025	Friday, April 4, 2025	<b>Week II</b>
	<b>Betty Crocker Oatmeal Bar &amp; Hard Boiled Egg</b>	<b>WG Muffin &amp; String Cheese</b>	<b>Pancake Puffs Pack</b>	<b>Sliced Bagel w/ Cream Cheese</b>	
	100% 4.23 oz Fruit Juice (1 item)  Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item)  Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item)  Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item)  Choice Milk & Second Fruit (1 item each)	
<i>Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day</i>					

<b>Breakfast</b>	Monday, April 7, 2025	Tuesday, April 8, 2025	Wednesday, April 9, 2025	Thursday, April 10, 2025	Friday, April 11, 2025	<b>Week III</b>
	<b>Mini Loaf &amp; Hard Boiled Egg</b>	<b>Cinnamon Toast Crunch Cereal Bar</b>	<b>Granola Bites &amp; Yogurt Cup</b>	<b>Apple Fritter</b>	<b>Maple Snack'n Waffle</b>	
	100% 4.23 oz Fruit Juice (1 item)  Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item)  Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item)  Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item)  Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item)  Choice Milk & Second Fruit (1 item each)	
<i>Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day</i>						

<b>Breakfast</b>	Monday, April 14, 2025	Tuesday, April 15, 2025	Wednesday, April 16, 2025	Thursday, April 17, 2025	Friday, April 18, 2025	<b>Week IV</b>
	<b>Blueberry Soft Baked Oatmeal Bar</b>	<b>Nature Valley Breakfast Crisps &amp; Yogurt Cup</b>	<b>Assorted Cereal Bar &amp; String Cheese</b>	<b>Pancake Puffs</b>	<b>Glazed Pull Aparts</b>	
	100% 4.23 oz Fruit Juice (1 item)  Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item)  Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item)  Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item)  Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item)  Choice Milk & Second Fruit (1 item each)	
<i>Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day</i>						

<b>Breakfast</b>	Monday, April 21, 2025	Tuesday, April 22, 2025	Wednesday, April 23, 2025	Thursday, April 24, 2025	Friday, April 25, 2025	<b>Week V</b>
	<b>Betty Crocker Oatmeal Bar &amp; String Cheese</b>	<b>Granola Bites &amp; Yogurt Cup</b>	<b>WG Muffin &amp; Hard Boiled Egg</b>	<b>Apple Frudel</b>	<b>Cinnamon Toast Crunch Cereal Bar</b>	
	100% 4.23 oz Fruit Juice (1 item)  Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item)  Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item)  Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item)  Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item)  Choice Milk & Second Fruit (1 item each)	
<i>Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day</i>						

<b>Breakfast</b>	Monday, April 28, 2025	Tuesday, April 29, 2025	Wednesday, April 30, 2025	<p><b>Whole Grains in School Meals</b></p> <p>Whole grains are nutritional powerhouses, packed with fiber, vitamins and minerals that provide sustained energy. Our school meals include whole-grain-rich breads and grains to ensure students get the nutritional benefits to keep them focused throughout the day. From whole-grain-rich cereals and muffins at breakfast to whole-grain-rich rice, tortillas and dinner rolls at lunch, our menus feature a variety of grain items to inspire joyful eaters.</p>		<b>Week VI</b>
	<b>Nature Valley Breakfast Crisps &amp; Yogurt Cup</b>	<b>WG Muffin</b>	<b>Fruit Cereal Bar &amp; String Cheese</b>			
	100% 4.23 oz Fruit Juice (1 item)  Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item)  Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item)  Choice Milk & Second Fruit (1 item each)			
<i>Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day</i>						

Skim & 1% milk served daily. All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products. This menu is 100% pork-free. All rice dishes /rice products are made of whole grain brown rice.

Menu Name : Banaadir Academy Grades 5-8 Lunch Menu		Options Provided : Hot, Hot Vegetarian, Cold Meals & Deli Salads				
Grade Level / Age Group : K-8 Grades		Meal Pattern : NSLP Meal : Lunch				
<b>APRIL - 2025</b>						
Hot Meals	Tuesday, April 1, 2025		Wednesday, April 2, 2025		Thursday, April 3, 2025	
	<b>Mild Honey Sauced Drumstick</b>		<b>Beef Taco Stick</b>		<b>Premium Chicken Nuggets &amp; Ranch</b>	
	Seasoned Rice Assorted Salad Bar Chilled Fruit Cocktail Choice Milk		Assorted Salad Bar Banana Choice Milk		Golden Wheat Crackers Assorted Salad Bar Fresh Orange Choice Milk	
Hot Veg	Pizza Crunchers		Veggie Garden Burger w/Ketchup		Easy-Cheesy Pull Aparts	
Cold	Wowbutter & Jelly sandwich		WW Chicken Salad Sandwich		Roasted Turkey on WW Bread	
Friday, April 4, 2025		<b>Fresh Hot Delivered Pizza</b>				
Assorted Salad Bar Large Crisp Varietal Apple Choice Milk		Assorted Salad Bar Large Crisp Varietal Apple Choice Milk				
Hot Veg	Wowbutter & Jelly sandwich		WW Chicken Salad Sandwich		Fresh Hot Cheese Pizza	
Cold	Wowbutter & Jelly sandwich		WW Chicken Salad Sandwich		Crunchy Ranch Chx Wrap w/ Herb Infused Ranch Dip	
Hot Meals	Monday, April 7, 2025		Tuesday, April 8, 2025		Wednesday, April 9, 2025	
	<b>Crunch Wrap</b>		<b>Classic Beef Sloppy Joe</b>		<b>Mandarin Orange Chicken</b>	
	Wg Tortilla, Chicken Tenders Shred Cheese & Boom Sauce Assorted Salad Bar Fruit Cup & Choice Milk		Traditional Sloppy Joe meat served on WG Bun & Shred Cheese served on side Assorted Salad Bar & Chilled Fruit Cocktail Choice Milk		Steamed Seasoned Rice Assorted Salad Bar Banana Choice Milk	
Hot Veg	Fluffy Omelet, Buttermilk Pancakes & Syrup		Cheesy Quesadilla		French Bread	
Cold	Wowbutter & Jelly sandwich		Turkey Bun w/ Mayo PC		Egg Salad Sandwich on WW Bread	
Thursday, April 10, 2025		<b>Brunch Lunch</b>				
French Toast Sticks w/ Syrup Assorted Salad Bar Fresh Orange Choice Milk		Assorted Salad Bar Large Crisp Varietal Apple Choice Milk				
Hot Veg	Wowbutter & Jelly sandwich		Turkey Bun w/ Mayo PC		Veg Garden Nuggets w/ Ketchup & WG Roll	
Cold	Wowbutter & Jelly sandwich		Turkey Bun w/ Mayo PC		Hoagie Chicken Club	
Friday, April 11, 2025		<b>Fresh Hot Delivered Pizza</b>				
Assorted Salad Bar Large Crisp Varietal Apple Choice Milk		Assorted Salad Bar Large Crisp Varietal Apple Choice Milk				
Hot Veg	Wowbutter & Jelly sandwich		Turkey Bun w/ Mayo PC		Fresh Hot Cheese Pizza	
Cold	Wowbutter & Jelly sandwich		Turkey Bun w/ Mayo PC		Chicken Caesar Wrap	
Hot Meals	Monday, April 14, 2025		Tuesday, April 15, 2025		Wednesday, April 16, 2025	
	<b>Juicy Ranchola Drumstick</b>		<b>Chicken Enchilada Crunch Lunch</b>		<b>The Cheeseburger</b> , that Never Gets Old-Fashioned	
	Warm Seasoned Rice Assorted Salad Bar Fruit Cup Choice Milk		Seasoned Chicken Enchilada with Fritos Corn Chips for a crunchy base   Served with Cheese on side Assorted Salad Bar Chilled Fruit Cocktail, Choice Milk		WG Bun, Cheese Slice & Ketchup Cheddar Goldfish Assorted Salad Bar Banana & Choice Milk	
Hot Veg	Cheese Mostaccioli		Easy-Cheesy Pull Aparts		Mac & Cheese Bites w/ Ranch	
Cold	Turkey Bun w/ Mayo PC		Wowbutter & Jelly sandwich		WW Chicken Salad Sandwich	
Thursday, April 17, 2025		<b>Golden Corn Dog</b>				
WG Chicken Corn Dog served with Ketchup & Mustard Wafers Assorted Salad Bar Fresh Orange & Choice Milk		Assorted Salad Bar Large Crisp Varietal Apple Choice Milk				
Hot Veg	Turkey Bun w/ Mayo PC		Wowbutter & Jelly sandwich		Three-Cheese Corn Enchilada	
Cold	Turkey Bun w/ Mayo PC		Wowbutter & Jelly sandwich		Roasted Turkey on WW Bread	
Friday, April 18, 2025		<b>Fresh Hot Delivered Pizza</b>				
Assorted Salad Bar Large Crisp Varietal Apple Choice Milk		Assorted Salad Bar Large Crisp Varietal Apple Choice Milk				
Hot Veg	Turkey Bun w/ Mayo PC		Wowbutter & Jelly sandwich		Fresh Hot Cheese Pizza	
Cold	Turkey Bun w/ Mayo PC		Wowbutter & Jelly sandwich		Crunchy Ranch Chx Wrap w/ Herb Infused Ranch Dip	
Hot Meals	Monday, April 21, 2025		Tuesday, April 22, 2025		Wednesday, April 23, 2025	
	<b>Golden Chicken Tenders &amp; Ketchup</b>		<b>Walking Taco</b>		<b>Chinese Teriyaki Chicken</b>	
	Assorted Salad Bar Fruit Cup WG Roll Choice Milk		Beef Taco Meat, Nacho Cheese Doritos, Shred Cheese & Crema Assorted Salad Bar Chilled Fruit Cocktail Choice Milk		Steamed Seasoned Rice Assorted Salad Bar Banana Choice Milk	
Hot Veg	Cheese Bites w/ Dip		Bean & Cheese Pupusa w/ Boom Sauce		Veg Garden Nuggets w/ Ketchup & Grahams	
Cold	Wowbutter & Jelly sandwich		Turkey Bun w/ Mayo PC		Egg Salad Sandwich on WW Bread	
Thursday, April 24, 2025		<b>Creamy Mac &amp; Cheese</b>				
Strawberry Grahams Assorted Salad Bar Fresh Orange Choice Milk		Assorted Salad Bar Large Crisp Varietal Apple Choice Milk				
Hot Veg	Wowbutter & Jelly sandwich		Turkey Bun w/ Mayo PC		French Pizza Bread	
Cold	Wowbutter & Jelly sandwich		Turkey Bun w/ Mayo PC		Hoagie Chicken Club	
Friday, April 25, 2025		<b>Fresh Hot Delivered Pizza</b>				
Assorted Salad Bar Large Crisp Varietal Apple Choice Milk		Assorted Salad Bar Large Crisp Varietal Apple Choice Milk				
Hot Veg	Wowbutter & Jelly sandwich		Turkey Bun w/ Mayo PC		Fresh Hot Cheese Pizza	
Cold	Wowbutter & Jelly sandwich		Turkey Bun w/ Mayo PC		Chicken Caesar Wrap	
Hot Meals	Monday, April 28, 2025		Tuesday, April 29, 2025		Wednesday, April 30, 2025	
	<b>Premium Chicken Nuggets</b>		<b>BBQ Meatballs</b>		<b>Asian Rice Bowl</b>	
	Ketchup Cheddar Crisps Assorted Salad Bar Fruit Cup & Choice Milk		Mashed Potatoes Assorted Salad Bar WG Dinner Roll Chilled Fruit Cocktail, Choice Milk		Seasoned Steamed Rice with Asian Sesame Chicken Assorted Salad Bar Banana Choice Milk	
Hot Veg	Twisty Stuffed Breadsticks w/ Dip		Veggie Garden Burger w/Ketchup		French Pizza Bread	
Cold	Turkey Bun w/ Mayo PC		Wowbutter & Jelly sandwich		WW Chicken Salad Sandwich	
<b>Whole Grains in School Meals</b>						
<p>Whole grains are nutritional powerhouses, packed with fiber, vitamins and minerals that provide sustained energy. Our school meals include whole-grain-rich breads and grains to ensure students get the nutritional benefits to keep them focused throughout the day. From whole-grain-rich cereals and muffins at breakfast to whole-grain-rich rice, tortillas and dinner rolls at lunch, our menus feature a variety of grain items to inspire joyful eaters.</p>						
Deli Salads	Grilled Chicken Caesar Salad		Grilled Chicken Asian Salad		Grilled Chicken SW Taco Salad	
	Chicken Breast served on a bed of Romaine, Spinach, Cucumbers, Tomatoes, Peas & topped with Parmesan cheese & Caesar salad dressing, adding dinner rolls for grains.		Asian Salad drizzled with Sesame dressing and topped with Chow Mein and cooked Chicken Breast. WG Rolls added to complete the WG requirement.		Youza Sauce and Corn chips add a Southwest dimension to this salad of Romaine, LCR mix, Pinto bean and Corn. Chicken Breast completes the salad as a wholesome meal.	
Classic Chef Salad		<b>Quinoa Power Bowl Salad</b>				
We just time-travelled and brought back this timeless gem. It's simple. It's classic. It's vintage. This Egg, Turkey, Tomatoes and Salad combo is sure to appeal eyes and taste buds. WG rolls fill the grain part.		Not just vintage, we cover current trends too. This salad has "New-age Superfood" Quinoa as its base. Not stopping there, it becomes more powerful with Beans, Corn and Spinach.				
*** Hot Veg and Cold meals are served with vegetables, fruit of the day & milk.						
*** Deli Salad choices offered everyday. Both Regular & Vegetarian options are available. Vegetarian choices come with egg or cheese in the place of meat. All deli salads come with fruit and milk)						

Skim & 1% milk served daily.

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

This menu is 100% pork-free.

All rice dishes /rice products are made of whole grain brown rice.

Menu Name : Banaadir Academy Grades 9-12 Lunch menu		Options Provided : Hot, Hot Vegetarian, Cold Meals & Deli Salads				
Grade Level / Age Group : 9-12 Grades		Meal Pattern : NSLP Meal : Lunch				
<b>APRIL - 2025</b>						
Hot Meals	Tuesday, April 1, 2025		Wednesday, April 2, 2025		Thursday, April 3, 2025	
	<b>Chili Chicken Drumstick</b>		<b>Beef Taco Stick</b>		<b>Buffalo Chicken Nuggets &amp; Ranch</b>	
	Seasoned Rice Assorted Salad Bar Chilled Fruit Cocktail 100% Fruit Juice Box & Choice Milk		Assorted Salad Bar Banana Choice Milk		WG Dinner Roll Assorted Salad Bar Fresh Orange 100% Fruit Juice Box & Choice Milk	
Hot Veg	Pizza Crunchers		Veggie Garden Burger w/Ketchup & Cheez-Its		Easy-Cheesy Pull Aparts	
Cold	Wowbutter & Jelly sandwich		WW Chicken Salad Sandwich		Roasted Turkey on WW Bread	
						<b>Week II</b>
Hot Meals	Monday, April 7, 2025		Tuesday, April 8, 2025		Wednesday, April 9, 2025	
	<b>Crunch Wrap</b>		<b>Classic Beef Sloppy Joe</b>		<b>Mandarin Orange Chicken</b>	
	Wg Tortilla, Spicy Chicken Tenders Shred Cheese & Boom Sauce Assorted Salad Bar Fruit Cup, 100% Fruit Juice Box & Choice Milk		Traditional Sloppy Joe meat served on WG Bun & Shred Cheese served on side Assorted Salad Bar & Chilled Fruit Cocktail Flamas, 100% Fruit Juice Box & Choice Milk		Steamed Seasoned Rice Assorted Salad Bar Bananas Choice Milk	
Hot Veg	Fluffy Omelet, Buttermilk Pancakes & Syrup		Cheesy Quesadilla		French Bread	
Cold	Wowbutter & Jelly sandwich		Turkey Bun w/ Mayo PC		Egg Salad Sandwich on WW Bread	
						<b>Week III</b>
Hot Meals	Monday, April 14, 2025		Tuesday, April 15, 2025		Wednesday, April 16, 2025	
	<b>Spicy Coco-Lime Chicken Drumstick</b>		<b>Chicken Enchilada Crunch Lunch</b>		<b>The Cheeseburger , that Never Gets Old-Fashioned</b>	
	Warm Seasoned Rice Assorted Salad Bar Fruit Cup 100% Fruit Juice Box & Choice Milk		Seasoned Chicken Enchilada with Fritos Corn Chips for a crunchy base   Served with Cheese on side Assorted Salad Bar Grahams, Chilled Fruit Cocktail, 100% Fruit Juice Box & Choice Milk		WG Bun, Cheese Slice & Ketchup Cheddar Goldfish Assorted Salad Bar Bananas & Choice Milk	
Hot Veg	Cheese Mostaccioli & WG Roll		Easy-Cheesy Pull Aparts		Mac & Cheese Bites w/ Ranch	
Cold	Turkey Bun w/ Mayo PC		Wowbutter & Jelly sandwich		WW Chicken Salad Sandwich	
						<b>Week IV</b>
Hot Meals	Monday, April 21, 2025		Tuesday, April 22, 2025		Wednesday, April 23, 2025	
	<b>Spicy Chicken Tenders &amp; Youza Sauce</b>		<b>Walking Taco</b>		<b>Chinese Teriyaki Chicken</b>	
	Assorted Salad Bar Fruit Cup WG Roll 100% Fruit Juice Box & Choice Milk		Beef Taco Meat, Nacho Cheese Doritos, Shred Cheese & Crema Assorted Salad Bar Chilled Fruit Cocktail Vanilla Chat-Snax, 100% Fruit Juice Box & Choice Milk		Steamed Seasoned Rice Assorted Salad Bar Bananas Choice Milk	
Hot Veg	Cheese Bites w/ Dip		Bean & Cheese Pupusa w/ Boom Sauce		Veg Garden Nuggets w/ Ketchup & WG Roll	
Cold	Wowbutter & Jelly sandwich		Turkey Bun w/ Mayo PC		Egg Salad Sandwich on WW Bread	
						<b>Week V</b>
Hot Meals	Monday, April 28, 2025		Tuesday, April 29, 2025		Wednesday, April 30, 2025	
	<b>Buffalo Chicken Nuggets</b>		<b>BBQ Meatballs</b>		<b>Asian Rice Bowl</b>	
	Ranch Dip Cheddar Crisps Assorted Salad Bar Fruit Cup, 100% Fruit Juice Box & Choice Milk		Mashed Potatoes Assorted Salad Bar WG Roll & Birthday Cake Grahams Chilled Fruit Cocktail, 100% Fruit Juice Box & Choice Milk		Steamed Seasoned Rice with Asian Sesame Chicken Assorted Salad Bar Bananas Choice Milk	
Hot Veg	Twisty Stuffed Breadsticks w/ Dip		Veggie Garden Burger w/Ketchup		Big Daddy's French Pizza Bread	
Cold	Turkey Bun w/ Mayo PC		Wowbutter & Jelly sandwich		WW Chicken Salad Sandwich	
						<b>Week VI</b>
Deli Salads	Grilled Chicken Caesar Salad		Grilled Chicken Asian Salad		Grilled Chicken SW Taco Salad	
	Chicken Breast served on a bed of Romaine, Spinach, Cucumbers, Tomatoes, Peas & topped with Parmesan cheese & Caesar salad dressing, adding dinner rolls for grains.		Asian Salad drizzled with Sesame dressing and topped with Chow Mein and cooked Chicken Breast. WG Rolls added to complete the WG requirement.		Youza Sauce and Corn chips add a Southwest dimension to this salad of Romaine, LCR mix, Pinto bean and Corn. Chicken Breast completes the salad as a wholesome meal.	
		Classic Chef Salad		Quinoa Power Bowl Salad		
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