

MAY 2026

TASTY

HEALTHY

FUN

VARIETY

BALANCED

Name of the menu : MTS & Banaadir Schools K-12 Breakfast Menu
Grade : K-12 Grades

Meal Pattern :NSLP
Meal : Breakfast

	Monday, 5/4/2026	Tuesday, 5/5/2026	Wednesday, 5/6/2026	Thursday, 5/7/2026	Friday, 5/8/2026
Week IV BREAKFAST	Glazed Pullaparts				
	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit Entrée of the Day is 2 Whole Grain Items Equivalent.				
Week V BREAKFAST	Assorted Cereal Bowl & String Cheese	WG Muffin & Hard Boiled Egg	French Toast Loaf	Banana Bread Super Slice	Fun Friday Breakfast
	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	Chocolate Swirls 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit
Entrée of the Day is 2 Whole Grain Items Equivalent.					
Week VI BREAKFAST	Assorted Cereal Bowl & Cheese Stick	Large Pumpkin Muffin	Large Cereal Bowl	Betty Crocker Bar & Cheese Stick	Honey Breakfast Bun
	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit
Entrée of the Day is 2 Whole Grain Items Equivalent.					
Week I BREAKFAST	Assorted Cereal Bowl & Hard Boiled Egg	Nature Valley Crisps & Yogurt Cup	Large Muffin	Cinnamon Roll	Fun Friday Breakfast
	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	Mini Glazed Donut Bites 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit
Entrée of the Day is 2 Whole Grain Items Equivalent.					
Week II BREAKFAST	Assorted Cereal Bowl & Yogurt Cup	Mini Banana Squares & String Cheese	Cinnamon Toast Crunch Breakfast Bar	Apple Fritter Bun	Pumpkin Bread Super Slice
	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit
Entrée of the Day is 2 Whole Grain Items Equivalent.					

*** Three items meet USDA requirements (One item must be fruit).

Skim & 1% milk served daily.

This menu is 100% pork-free.

This menu uses WG products and 100% full-strength juices in all featured places. Check page 2 to know more about what goes into our menus and to take a peek at the upcoming menu plan.



WHAT GOES INTO OUR MENUS?

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

All rice dishes /rice products are made of whole grain brown rice.

All juices listed in the menu are 100% full-strength fruit Juice.

(Menu Subject to Change)

JUNE 2026

	TASTY	HEALTHY	FUN	VARIETY	BALANCED
	Monday, 6/1/2026	Tuesday, 6/2/2026	Wednesday, 6/3/2026	Thursday, 6/4/2026	Friday, 6/5/2026
Week III BREAKFAST	Assorted Cereal Bowl & Cheese Stick	Betty Crocker Bar & Yogurt Cup	Vanilla Waffle	Cinnamon Swirls	Fun Friday Breakfast Dunkin Stix
	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit
Entrée of the Day is 2 Whole Grain Items Equivalent.					
	Monday, 6/8/2026	Tuesday, 6/9/2026	Wednesday, 6/10/2026	Thursday, 6/11/2026	
Week IV BREAKFAST	Assorted Cereal Bowl & Hard Boiled Egg	Blueberry Waffle	Nature Valley Crisps & Cheese Stick	Apple Breakfast Bites	
	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	
Entrée of the Day is 2 Whole Grain Items Equivalent.					



MAY 2026

TASTY

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VARIETY

BALANCED

Name of the menu : Banaadir Elementary Grades K-4 Lunch Menu
Grade : K-5 Grades

Options : Hot, Hot Vegetarian ,Cold Meals & Deli Salads
Meal Pattern : NSLP

Week IV	HOT MEAL	Friday, 5/1/2026			
		Fresh Hot Delivered Pizza			
		Caesar Salad (Fresh Greens, Croutons, Cheese & Caesar Dressing)			
		Fresh Cut Apple Wedges Choice Milk			
HOT VEG	Fresh Hot Cheese Pizza				
	Egg Salad on WW Bread				
COLD					

	Monday, 5/4/2026	Tuesday, 5/5/2026	Wednesday, 5/6/2026	Thursday, 5/7/2026	Friday, 5/8/2026	
Week V	HOT MEAL	Crispy Chicken Tenders Ketchup Potato Smiles WG Dinner Roll & Celery Sticks Fruit Cup & Choice Milk	Marinara Meatball Sub Marinara Meatballs served with WG Sub Top with Shred Mozzarella Celery Sticks, Carrots & Dip Fresh Orange & Choice Milk	Mandarin Orange Chicken Steamed Rice Salad Greens & Dressing Banana Choice Milk	Premium Corn Dog WG Chicken Corn Dog Served with Ketchup CKC Baked Beans & Cucumbers Fresh Watermelon Cubes Cubes & Choice Milk Hooray! Special Chips Day! Cool Ranch Doritos	Fresh Hot Delivered Pizza Fresh Broccoli & Dip Carrot Slims Fresh Cut Apple Wedges Choice Milk
		Mac & Cheese Bites w/ Ranch	Cheese Quesadilla	Bean & Chz Burrito w/ Salsa	Veggie Garden Burger	Fresh Hot Cheese Pizza
		Pesto & Provolone Chicken Bun	Deli Turkey on WW Bread w/ Mayo	Banh Mi Chicken on Flatbread	Turkey & Chz on Hoagie w/ Mayo	Chicken Caesar Wrap
		HOT VEG				
COLD						

	Monday, 5/11/2026	Tuesday, 5/12/2026	Wednesday, 5/13/2026	Thursday, 5/14/2026	Friday, 5/15/2026	
Week VI	HOT MEAL	Pop-Chicken Bowl & Cheesy Hashbrowns Popcorn Chicken w/ Ketchup Creamy Cheesy Hashbrowns Celery Sticks & Fruit Cup WG Roll & Choice Milk	Classic Hamburger WG Bun , Pickles & Ketchup Steamed Corn Fresh Orange & Choice Milk Woohoo! Special Treat Day! Brownie Chocolate Chip Cookie	Brunch Lunch French Toast Sticks w/ Syrup PC Baby Carrots w/ Dip Banana Choice Milk	Walking Taco Nacho Cheese Doritos, Seasoned Beef Taco Shred Lettuce, Shred Cheddar Cheese & Mild Salsa Cheesy Refried Beans Fresh Watermelon Cubes & Choice Milk	Fresh Hot Delivered Pizza Greens Salad & Dressing Fresh Cut Apple Wedges Choice Milk
		Cheese Bites w/ Italian Dip	Buttermilk Pancakes & Omelet w/ Syrup	Cheese Croissant Sandwich	Bean & Cheese Pupusa w/ Salsa	Fresh Hot Cheese Pizza
		Grilled Chicken & Cheese Bun	Turkey Bun w/ Mayo	Chicken Club Hoagie	Green Chicken Wrap	Honey Mustard Chix Pasta
		HOT VEG				
COLD						

	Monday, 5/18/2026	Tuesday, 5/19/2026	Wednesday, 5/20/2026	Thursday, 5/21/2026	Friday, 5/22/2026	
Week I	HOT MEAL	Premium Chicken Patty Sandwich WG Bun & Ketchup Baked Beans Baby Carrots Fruit Cup & Choice Milk	Fun Brunch Chicken Pancake Bites w/ Syrup Potato Stix w/ Ketchup Celery Sticks w/ Dip Fresh Orange & Choice Milk	Beef Tri-Taco Snax Baby Carrots w/ Dip Banana Choice Milk Yahoo! Special Chips Day! Baked Cheetos	Asian Chicken & Veg Fried Rice Sesame Chicken served with Veggie Fried Rice Crisp Broccoli w/ Dip Fresh Watermelon Cubes Choice Milk	Fresh Hot Delivered Pizza Sliced Cucumbers & Dip Fresh Cut Apple Wedges Choice Milk
		Cheese Quesadilla	Grilled Cheese Sandwich	Pizza Triangles	French Bread	Fresh Hot Cheese Pizza
		Turkey & Cheese on WW Bread w/ Mayo	Citrus Chicken Bun	Turkey & Cheese on Bagel	Chicken Salad Bun	Egg Salad on WW Bread
		HOT VEG				
COLD						

	Monday, 5/25/2026	Tuesday, 5/26/2026	Wednesday, 5/27/2026	Thursday, 5/28/2026	Friday, 5/29/2026	
Week II	HOT MEAL	All Beef Hot Dog Hot Dog Bun, Ketchup & Mustard Steamed Corn Fruit Cup & Choice Milk Hooray! Special Chips Day! Cool Ranch Doritos	Twin Faves Day Chicken Nuggets w/ Ketchup Creamy Mac & Cheese Celery & Carrots Fresh Orange & Choice Milk	Beef Taco Seasoned Beef Taco, WG Tortilla Fill the taco with Shred Lettuce, Shred Cheddar Cheese & Salsa Cheesy Refried Beans Banana & Choice Milk	Chicken Tender Shack Chicken Tenders, WG Bun & Coleslaw Enjoy as a sandwich or savor the tenders solo with the ketchup(served with the meal) Sliced Cucumbers w/ Dip Fresh Watermelon Cubes & Choice Milk	Fresh Hot Delivered Pizza Paired with Chopped Italian Salad (Chopped Romaine, Shred Carrots & Grape tomatoes w/ Italian Dressina) Fresh Cut Apple Wedges Choice Milk
		Chz Breadsticks w/ Italian Dip	Mac & Cheese Bites w/ Ranch	Veggie Garden Nuggets w/ Ketchup & WG Roll	Cheese Stuffed Hot Pocket / Dip	Fresh Hot Cheese Pizza
		Grilled Chicken & Cheese Bun	Deli Turkey on WW Bread w/ Mayo	Banh Mi Chicken on Flatbread	Turkey & Chz on Hoagie w/ Mayo	Chicken Caesar Wrap
		HOT VEG				
COLD						

Hot Veg and Cold meals are served with vegetables, fruit of the day & milk.

DELI SALADS	Grilled Chicken Caesar Salad (Veg Option) Caesar Salad w/ Egg	Grilled Asian Chicken Salad (Veg Option) Asian Salad w/ Egg	Grilled Chicken SW Taco Salad (Veg Option) SW Taco Salad w/ Egg	Classic Turkey & Egg Chef Salad (Veg Option) Classic Chef Salad w/ Egg	Quinoa Powerbowl Chicken Salad (Veg Option) Quinoa Powerbowl Salad w/ Egg
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Deli Salad choices offered everyday. Both Regular & Vegetarian options are available. Vegetarian choices come with egg or cheese in the place of meat. All deli salads come with fruit and milk)

Assorted Fluid Milk / Fluid Milk Substitute Choices offered.

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All rice dishes /rice products are made of whole grain brown rice.

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Week III	HOT MEAL	Roasted Chicken Drumstick Pinto Beans Celery Sticks WG Dinner Roll Fruit Cup & Choice Milk	Chicken Hash Shredded Chicken & Hashbrowns Bake Top with Sour Cream & Shred Cheddar Corn Loaf Baby Carrots, Fresh Orange & Choice Milk	Hot Italian Beef Meatball Sub Marinara Meatballs, WG Sub, Mozzarella Cheese (Served Separately) Steamed Peas Sliced Cucumbers Banana & Choice Milk	Sweet & Sour Chicken Veggie Fried Rice Crisp Broccoli, Carrot Slims & Dip Fresh Watermelon Cubes Choice Milk	Fresh Hot Delivered Pizza Greens Salad & Dressing Fresh Cut Apple Wedges Choice Milk Yahoo! Special Chips Day! Nachos Cheese Doritos
	HOT VEG	Veggie Garden Burger	Buttermilk Pancakes & Omelet w/ Syrup	Pizza Triangles	Rosy Ravioli	Fresh Hot Cheese Pizza
	COLD	Pesto & Provolone Chicken Bun	Turkey Bun w/ Mayo	Citrus Chicken Bun	Green Chicken Wrap	Honey Mustard Chix Pasta
		Monday, 6/8/2026	Tuesday, 6/9/2026	Wednesday, 6/10/2026	Thursday, 6/11/2026	
Week IV	HOT MEAL	Premium Chicken Nuggets Mix or Match Sauce Ketchup & Lime Mayo Mashed Potatoes Fruit Cup WG Roll & Choice Milk	Cheeseburger Bun, Chz Slice & Ketchup Carrot Slims & Dip Fresh Orange Choice Milk	Creamy Mac & Cheese Sliced Cucumbers & Dip Banana Choice Milk Woohoo! Special Treat Day! Confetti Cookie	Pulled Chicken Taco Seasoned Pulled Chicken Taco, WG Tortilla Fill the taco with Shred Lettuce, Shred Cheddar Cheese & Crema Cheesy Refried Beans Fresh Watermelon Cubes & Choice Milk	
	HOT VEG	Pizza Crunchers	French Bread	Veggie Garden Nuggets w/ Ketchup	Egg Scramble & Black Bean Taco	
	COLD	Turkey & Cheese on WW Bread w/ Mayo	Grilled Chicken & Cheese Bun	Turkey & Cheese on Bagel	Chicken Club Hoagie	