

**MAY 2026**

TASTY

HEALTHY

FUN

VARIETY

BALANCED

Name of the menu : MTS & Banaadir Schools K-12 Breakfast Menu  
Grade : K-12 Grades

Meal Pattern :NSLP  
Meal : Breakfast

	Monday, 5/4/2026	Tuesday, 5/5/2026	Wednesday, 5/6/2026	Thursday, 5/7/2026	Friday, 5/8/2026
Week IV BREAKFAST	<b>Glazed Pullaparts</b>				
	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit Entrée of the Day is 2 Whole Grain Items Equivalent.				
Week V BREAKFAST	<b>Assorted Cereal Bowl &amp; String Cheese</b>	<b>WG Muffin &amp; Hard Boiled Egg</b>	<b>French Toast Loaf</b>	<b>Banana Bread Super Slice</b>	<b>Fun Friday Breakfast</b>
	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	<b>Chocolate Swirls</b> 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit
Entrée of the Day is 2 Whole Grain Items Equivalent.					
Week VI BREAKFAST	<b>Assorted Cereal Bowl &amp; Cheese Stick</b>	<b>Large Pumpkin Muffin</b>	<b>Large Cereal Bowl</b>	<b>Betty Crocker Bar &amp; Cheese Stick</b>	<b>Honey Breakfast Bun</b>
	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit
Entrée of the Day is 2 Whole Grain Items Equivalent.					
Week I BREAKFAST	<b>Assorted Cereal Bowl &amp; Hard Boiled Egg</b>	<b>Nature Valley Crisps &amp; Yogurt Cup</b>	<b>Large Muffin</b>	<b>Cinnamon Roll</b>	<b>Fun Friday Breakfast</b>
	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	<b>Mini Glazed Donut Bites</b> 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit
Entrée of the Day is 2 Whole Grain Items Equivalent.					
Week II BREAKFAST	<b>Assorted Cereal Bowl &amp; Yogurt Cup</b>	<b>Mini Banana Squares &amp; String Cheese</b>	<b>Cinnamon Toast Crunch Breakfast Bar</b>	<b>Apple Fritter Bun</b>	<b>Pumpkin Bread Super Slice</b>
	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit
Entrée of the Day is 2 Whole Grain Items Equivalent.					

\*\*\* Three items meet USDA requirements (One item must be fruit).

Skim & 1% milk served daily.

This menu is 100% pork-free.

This menu uses WG products and 100% full-strength juices in all featured places. Check page 2 to know more about what goes into our menus and to take a peek at the upcoming menu plan.



### WHAT GOES INTO OUR MENUS?

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

All rice dishes /rice products are made of whole grain brown rice.

All juices listed in the menu are 100% full-strength fruit Juice.

(Menu Subject to Change)

**JUNE 2026**

	TASTY	HEALTHY	FUN	VARIETY	BALANCED
	Monday, 6/1/2026	Tuesday, 6/2/2026	Wednesday, 6/3/2026	Thursday, 6/4/2026	Friday, 6/5/2026
Week III BREAKFAST	<b>Assorted Cereal Bowl &amp; Cheese Stick</b>  100% 4.23 oz Fruit Juice  Choice Milk & Second Fruit	<b>Betty Crocker Bar &amp; Yogurt Cup</b>  100% 4.23 oz Fruit Juice  Choice Milk & Second Fruit	<b>Vanilla Waffle</b>  100% 4.23 oz Fruit Juice  Choice Milk & Second Fruit	<b>Cinnamon Swirls</b>  100% 4.23 oz Fruit Juice  Choice Milk & Second Fruit	Fun Friday Breakfast  <b>Dunkin Stix</b>  100% 4.23 oz Fruit Juice Choice Milk & Second Fruit
	Entrée of the Day is 2 Whole Grain Items Equivalent.				
	Monday, 6/8/2026	Tuesday, 6/9/2026	Wednesday, 6/10/2026	Thursday, 6/11/2026	
Week IV BREAKFAST	<b>Assorted Cereal Bowl &amp; Hard Boiled Egg</b>  100% 4.23 oz Fruit Juice  Choice Milk & Second Fruit	<b>Blueberry Waffle</b>  100% 4.23 oz Fruit Juice  Choice Milk & Second Fruit	<b>Nature Valley Crisps &amp; Cheese Stick</b>  100% 4.23 oz Fruit Juice  Choice Milk & Second Fruit	<b>Apple Breakfast Bites</b>  100% 4.23 oz Fruit Juice  Choice Milk & Second Fruit	
	Entrée of the Day is 2 Whole Grain Items Equivalent.				



**MAY 2026**

**TASTY**

**HEALTHY**

**FUN**

**VARIETY**

**BALANCED**

Name of the menu : Minnesota Transitions School Elementary Grades K-6 Lunch Menu

Options : Hot, Hot Vegetarian ,Cold Meals & Deli Salads

Grade : K-8 Grades

Meal Pattern : NSLP

Week IV	HOT MEAL					Friday, 5/1/2026
	HOT					<b>'Max Cheez' Breadsticks</b>
	VEG					Seasoned Warm Red Sauce Caesar Salad (Fresh Greens, Croutons, Cheese & Caesar Dressina) Fresh Cut Apple Wedges
	COLD					Choice Milk BYO Double Decker Bagel Sandwich w/ Veggie Sausage & Cheese Slice Egg Salad on WW Bread

	Monday, 5/4/2026	Tuesday, 5/5/2026	Wednesday, 5/6/2026	Thursday, 5/7/2026	Friday, 5/8/2026	
Week V	<b>Crispy Chicken Tenders</b> Ketchup Potato Smiles Celery Sticks w/ Dip WG Roll,Fruit Cup & Choice Milk	<b>Marinara Meatball Sub</b> All Beef Marinara Meatballs served with WG Hot Doq Bun & Mozzarella Cheese Top with Shred Mozzarella Celery Sticks, Carrots & Dip Fresh Orange & Choice Milk	<b>Mandarin Orange Chicken</b> Steamed Rice Salad Greens & Dressing Banana Choice Milk	<b>Premium Corn Dog</b> WG Chicken Corn Dog Served with Ketchup CKC Baked Beans & Cucumbers Fresh Watermelon Cubes Cubes & Choice Milk <b>Hooray! Special Chips Day! Cool Ranch Doritos</b>	<b>French Bread</b> Baby Carrots & Dip Fresh Cut Apple Wedges Choice Milk	
	HOT	Mac & Cheese Bites w/ Ranch	Cheese Quesadilla	Bean & Chz Burrito w/ Salsa	Veggie Garden Burger	Cheese Hot Pocket w/ Dip
	VEG					
	COLD	Pesto & Provolone Chicken Bun	Deli Turkey on WW Bread w/ Mayo	Banh Mi Chicken on Flatbread	Turkey & Chz on Hoagie w/ Mayo	Chicken Caesar Wrap

	Monday, 5/11/2026	Tuesday, 5/12/2026	Wednesday, 5/13/2026	Thursday, 5/14/2026	Friday, 5/15/2026	
Week VI	<b>Pop-Chicken Bowl &amp; Cheesy Hashbrowns</b> Popcorn Chicken w/ Ketchup Creamy Cheesy Hashbrowns Celery Sticks & Fruit Cup WG Roll & Choice Milk	<b>Classic Hamburger</b> WG Bun , Pickles & Ketchup Steamed Corn Fresh Orange & Choice Milk <b>Woohoo! Special Treat Day! Brownie Chocolate Chip Cookie</b>	<b>Brunch Lunch</b> French Toast Sticks w/ Syrup PC Baby Carrots w/ Dip Banana Choice Milk	<b>Walking Taco</b> Nacho Cheese Doritos, Seasoned Beef Taco Shred Lettuce, Shred Cheddar Cheese & Mild Salsa Cheesy Refried Beans Fresh Watermelon Cubes & Choice Milk	<b>Mini Cheese Pizza Triangles</b> Greens Salad & Dressing Fresh Cut Apple Wedges Choice Milk	
	HOT	Cheese Bites w/ Italian Dip	Buttermilk Pancakes & Omelet w/ Syrup	Cheese Croissant Sandwich	Bean & Cheese Pupusa w/ Salsa	Creamy Mac & Cheese & WG Roll
	VEG					
	COLD	Grilled Chicken & Cheese Bun	Turkey Bun w/ Mayo	Chicken Club Hoagie	Green Chicken Wrap	Honey Mustard Chix Pasta

	Monday, 5/18/2026	Tuesday, 5/19/2026	Wednesday, 5/20/2026	Thursday, 5/21/2026	Friday, 5/22/2026	
Week I	<b>Premium Chicken Patty Sandwich</b> WG Bun & Ketchup CKC Baked Beans, Carrot Slims Fruit Cup Choice Milk	<b>Fun Brunch</b> Chicken Pancake Bites w/ Syrup Potato Stix w/ Ketchup Crisp Celery Fresh Orange & Choice Milk	<b>Beef Tri-Taco Snax</b> Baby Carrots w/ Dip Banana Choice Milk <b>Yahoo! Special Chips Day! Baked Cheetos</b>	<b>Asian Chicken Rice Bowl</b> Sesame Chicken & Veggie Fried Rice Crisp Broccoli w/ Dip Fresh Watermelon Cubes Choice Milk	<b>Pizza Crunchers</b> Sliced Cucumbers & Dip Fresh Cut Apple Wedges Choice Milk	
	HOT	Cheese Quesadilla	Grilled Cheese Sandwich	Pizza Triangles	French Bread	Veggie Garden Nuggets w/ Ketchup & WG Roll
	VEG					
	COLD	Turkey & Cheese on WW Bread w/ Mayo	Citrus Chicken Bun	Turkey & Cheese on Bagel	Chicken Salad Bun	Egg Salad on WW Bread

	Monday, 5/25/2026	Tuesday, 5/26/2026	Wednesday, 5/27/2026	Thursday, 5/28/2026	Friday, 5/29/2026	
Week II	<b>All Beef Hot Dog</b> Hot Dog Bun, Ketchup & Mustard Steamed Corn Fruit Cup & Choice Milk <b>Hooray! Special Chips Day! Cool Ranch Doritos</b>	<b>Twin Faves Day</b> <b>Chicken Nuggets w/ Ketchup</b> <b>Creamy Mac &amp; Cheese</b> Celery & Carrots Fresh Orange & Choice Milk	<b>Beef Taco</b> Seasoned Beef Taco, WG Tortilla Fill the taco with Shred Lettuce, Shred Cheddar Cheese & Salsa Cheesy Refried Beans Banana & Choice Milk	<b>Chicken Tender Shack</b> Chicken Tenders, WG Bun & Coleslaw Enjoy as a sandwich or savor the tenders solo with the ketchup(served with the meal) Sliced Cucumbers w/ Dip Fresh Watermelon Cubes & Choice Milk	<b>Cheesy Lasagna</b> Paired with Chopped Italian Salad (Romaine, Shred Carrots & Grape Tomatoes with Italian Dressina) Fresh Cut Apple Wedges Choice Milk	
	HOT	Chz Breadsticks w/ Italian Dip	Mac & Cheese Bites w/ Ranch	Veggie Garden Nuggets w/ Ketchup & WG Roll	Cheese Stuffed Hot Pocket / Dip	Mini Waffles & Omelet
	VEG					
	COLD	Grilled Chicken & Cheese Bun	Deli Turkey on WW Bread w/ Mayo	Banh Mi Chicken on Flatbread	Turkey & Chz on Hoagie w/ Mayo	Chicken Caesar Wrap

Hot Veg and Cold meals are served with vegetables, fruit of the day & milk.

DELI SALADS	Grilled Chicken Caesar Salad (Veg Option) Caesar Salad w/ Egg	Grilled Asian Chicken Satad (Veg Option) Asian Salad w/ Egg	Grilled Chicken SW Taco Salad (Veg Option) SW Taco Salad w/ Egg	Classic Turkey & Egg Chef Salad (Veg Option) Classic Chef Salad w/ Egg	Quinoa Powerbowl Chicken Salad (Veg Option) Quinoa Powerbowl Salad w/ Egg
-------------	--	--	--	---	--

Deli Salad choices offered everyday. Both Regular & Vegetarian options are available. Vegetarian choices come with egg or cheese in the place of meat. All deli salads come with fruit and milk)

Assorted Fluid Milk / Fluid Milk Substitute Choices offered.

This menu is 100% pork-free.

This menu uses WG products and 100% full-strength juices in all featured places. Check page 2 to know more about what goes into our menus and to take a peek at the upcoming menu plan.



### WHAT GOES INTO OUR MENUS?

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

All rice dishes /rice products are made of whole grain brown rice.

All juices listed in the menu are 100% full-strength fruit juice.

(Menu Subject to Change)

**JUNE 2026**

		TASTY	HEALTHY	FUN	VARIETY	BALANCED
		Monday, 6/1/2026	Tuesday, 6/2/2026	Wednesday, 6/3/2026	Thursday, 6/4/2026	Friday, 6/5/2026
Week III	HOT MEAL	<b>Roasted Chicken Drumstick</b> Mashed Potatoes Celery Sticks WG Dinner Roll Fruit Cup & Choice Milk	<b>Chicken Hash</b> Shredded Chicken & Hashbrowns Bake Top with Sour Cream & Shred Cheddar Corn Loaf, Baby Carrots & Fresh Orange Choice Milk	<b>Hot Italian Beef Meatball Sub</b> Marinara Meatballs, WG Sub, Mozzarella Cheese (Served Separately) Garden Greens w/ Ranch Dressing Banana Choice Milk	<b>Sweet &amp; Sour Chicken</b> Veggie Fried Rice Crisp Broccoli, Carrot Slims & Dip Fresh Watermelon Cubes Choice Milk	<b>Cheese Quesadilla</b> Pinto Beans Salsa & Cucumbers Fresh Cut Apple Wedges Choice Milk <b>Yahoo! Special Chips Day!</b> <b>Nacho Cheese Doritos</b>
	HOT VEG	Veggie Garden Burger	Buttermilk Pancakes & Omelet w/ Syrup	Pizza Triangles	Rosy Ravioli	Brunch Egg Chilaquiles served w/ Nacho Doritos, Mexican Rice & Crema
	COLD	Pesto & Provolone Chicken Bun	Turkey Bun w/ Mayo	Citrus Chicken Bun	Green Chicken Wrap	Honey Mustard Chix Pasta
		Monday, 6/8/2026	Tuesday, 6/9/2026	Wednesday, 6/10/2026	Thursday, 6/11/2026	
Week IV	HOT MEAL	<b>Premium Chicken Nuggets</b> Mix or Match Sauce Ketchup & Lime Mayo Mashed Potatoes Fruit Cup WG Roll & Choice Milk	<b>Cheeseburger</b> Bun, Chz Slice & Ketchup Carrot Slims & Dip Fresh Orange Choice Milk	<b>Creamy Mac &amp; Cheese</b> Sliced Cucumbers & Dip Banana Choice Milk <b>Woohoo! Special Treat Day!</b> <b>Confetti Cookie</b>	<b>Pulled Chicken Taco</b> Seasoned Pulled Chicken Taco, WG Tortilla Fill the taco with Shred Lettuce, Shred Cheddar Cheese & Crema Cheesy Refried Beans Fresh Watermelon Cubes & Choice Milk	
	HOT VEG	Pizza Crunchers	French Bread	Veggie Garden Nuggets w/ Ketchup	Egg Scramble & Black Bean Taco	
	COLD	Turkey & Cheese on WW Bread w/ Mayo	Grilled Chicken & Cheese Bun	Turkey & Cheese on Bagel	Chicken Club Hoagie	