

**MAY 2026**

TASTY

HEALTHY

FUN

VARIETY

BALANCED

Name of the menu : MTS & Banaadir Schools K-12 Breakfast Menu

Meal Pattern :NSLP

Grade : K-12 Grades

Meal : Breakfast

Friday, 5/1/2026

Week IV  
BREAKFAST

**Glazed Pullaparts**

100% 4.23 oz Fruit Juice

Choice Milk & Second Fruit

Entrée of the Day is 2 Whole Grain Items Equivalent.

Monday, 5/4/2026

Tuesday, 5/5/2026

Wednesday, 5/6/2026

Thursday, 5/7/2026

Friday, 5/8/2026

Week V  
BREAKFAST

**Assorted Cereal Bowl & String Cheese**

100% 4.23 oz Fruit Juice

Choice Milk & Second Fruit

**WG Muffin & Hard Boiled Egg**

100% 4.23 oz Fruit Juice

Choice Milk & Second Fruit

**French Toast Loaf**

100% 4.23 oz Fruit Juice

Choice Milk & Second Fruit

**Banana Bread Super Slice**

100% 4.23 oz Fruit Juice

Choice Milk & Second Fruit

Fun Friday Breakfast

**Chocolate Swirls**

100% 4.23 oz Fruit Juice

Choice Milk & Second Fruit

Entrée of the Day is 2 Whole Grain Items Equivalent.

Monday, 5/11/2026

Tuesday, 5/12/2026

Wednesday, 5/13/2026

Thursday, 5/14/2026

Friday, 5/15/2026

Week VI  
BREAKFAST

**Assorted Cereal Bowl & Cheese Stick**

100% 4.23 oz Fruit Juice

Choice Milk & Second Fruit

**Large Pumpkin Muffin**

100% 4.23 oz Fruit Juice

Choice Milk & Second Fruit

**Large Cereal Bowl**

100% 4.23 oz Fruit Juice

Choice Milk & Second Fruit

**Betty Crocker Bar & Cheese Stick**

100% 4.23 oz Fruit Juice

Choice Milk & Second Fruit

**Honey Breakfast Bun**

100% 4.23 oz Fruit Juice

Choice Milk & Second Fruit

Entrée of the Day is 2 Whole Grain Items Equivalent.

Monday, 5/18/2026

Tuesday, 5/19/2026

Wednesday, 5/20/2026

Thursday, 5/21/2026

Friday, 5/22/2026

Week I  
BREAKFAST

**Assorted Cereal Bowl & Hard Boiled Egg**

100% 4.23 oz Fruit Juice

Choice Milk & Second Fruit

**Nature Valley Crisps & Yogurt Cup**

100% 4.23 oz Fruit Juice

Choice Milk & Second Fruit

**Large Muffin**

100% 4.23 oz Fruit Juice

Choice Milk & Second Fruit

**Cinnamon Roll**

100% 4.23 oz Fruit Juice

Choice Milk & Second Fruit

Fun Friday Breakfast

**Mini Glazed Donut Bites**

100% 4.23 oz Fruit Juice

Choice Milk & Second Fruit

Entrée of the Day is 2 Whole Grain Items Equivalent.

Monday, 5/25/2026

Tuesday, 5/26/2026

Wednesday, 5/27/2026

Thursday, 5/28/2026

Friday, 5/29/2026

Week II  
BREAKFAST

**Assorted Cereal Bowl & Yogurt Cup**

100% 4.23 oz Fruit Juice

Choice Milk & Second Fruit

**Mini Banana Squares & String Cheese**

100% 4.23 oz Fruit Juice

Choice Milk & Second Fruit

**Cinnamon Toast Crunch Breakfast Bar**

100% 4.23 oz Fruit Juice

Choice Milk & Second Fruit

**Apple Fritter Bun**

100% 4.23 oz Fruit Juice

Choice Milk & Second Fruit

**Pumpkin Bread Super Slice**

100% 4.23 oz Fruit Juice

Choice Milk & Second Fruit

Entrée of the Day is 2 Whole Grain Items Equivalent.

\*\*\* Three Items meet USDA requirements (One Item must be fruit).

Skim & 1% milk served daily.

This menu is 100% pork-free.

This menu uses WG products and 100% full-strength juices in all featured places. Check page 2 to know more about what goes into our menus and to take a peek at the upcoming menu plan.



### WHAT GOES INTO OUR MENUS?

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

All rice dishes /rice products are made of whole grain brown rice.

All juices listed in the menu are 100% full-strength fruit Juice.

(Menu Subject to Change)

**JUNE 2026**

	TASTY	HEALTHY	FUN	VARIETY	BALANCED
	Monday, 6/1/2026	Tuesday, 6/2/2026	Wednesday, 6/3/2026	Thursday, 6/4/2026	Friday, 6/5/2026
Week III BREAKFAST	<b>Assorted Cereal Bowl &amp; Cheese Stick</b>	<b>Betty Crocker Bar &amp; Yogurt Cup</b>	<b>Vanilla Waffle</b>	<b>Cinnamon Swirls</b>	Fun Friday Breakfast
	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	<b>Dunkin Stix</b>
	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit
Entrée of the Day is 2 Whole Grain Items Equivalent.					
	Monday, 6/8/2026	Tuesday, 6/9/2026	Wednesday, 6/10/2026	Thursday, 6/11/2026	
Week IV BREAKFAST	<b>Assorted Cereal Bowl &amp; Hard Boiled Egg</b>	<b>Blueberry Waffle</b>	<b>Nature Valley Crisps &amp; Cheese Stick</b>	<b>Apple Breakfast Bites</b>	
	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	
	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	
Entrée of the Day is 2 Whole Grain Items Equivalent.					



**MAY 2026**

**TASTY**

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Name of the menu : MTS PEASE Academy Lunch Menu

Options : Hot, Hot Vegetarian ,Cold Meals & Deli Salads

Grade : 9-12 Grades

Meal Pattern : NSLP

Week IV	HOT MEAL					Friday, 5/1/2026
						<b>'Max Cheez' Breadsticks</b>
						Seasoned Warm Red Sauce Caesar Salad (Fresh Greens, Croutons, Cheese & Caesar Dressing) Fresh Crisp Apple Choice Milk
						BYO Triple Decker Bagel Sandwich w/ Chz, Veggie Sausage & Egg Patty Egg Salad on WW Bread

	Monday, 5/4/2026	Tuesday, 5/5/2026	Wednesday, 5/6/2026	Thursday, 5/7/2026	Friday, 5/8/2026		
Week V	HOT MEAL	<b>Hot Nashville Chicken Tenders</b> Ranch Dip Mashed Potatoes Celery Sticks w/ Dip WG Roll, Fruit Cup, Fruit Juice & Choice Milk	<b>Marinara Meatball Sub</b> Marinara Meatballs served with Hot Dog Bun & Mozzarella Cheese Texas Toast Celery Sticks, Carrots & Dip Fresh Orange, Fruit Juice & Choice Milk	<b>Mandarin Orange Chicken</b> Steamed Rice Salad Greens & Dressing Banana & Fruit Juice Choice Milk	<b>Premium Corn Dog</b> WG Chicken Corn Dog Served with Ketchup CKC Baked Beans & Cucumbers Fresh Watermelon Cubes, Fruit Juice & Choice Milk <b>Hooray! Special Chips Day! Hot Cheetos</b>	<b>French Bread</b> Chilled Pesto Penne Steamed Green Beans Baby Carrots & Dip Fresh Crisp Apple & Choice Milk	
		<b>HOT VEG</b>	Mac & Cheese Bites w/ Ranch	Cheese Quesadilla	Bean & Chz Burrito w/ Salsa	Veggie Garden Burger	Cheese Hot Pocket w/ Dip
		<b>COLD</b>	Pesto & Provolone Chicken Bun	Deli Turkey on WW Bread w/ Mayo	Banh Mi Chicken on Flatbread	Turkey & Chz on Hoagie w/ Mayo	Chicken Caesar Wrap

	Monday, 5/11/2026	Tuesday, 5/12/2026	Wednesday, 5/13/2026	Thursday, 5/14/2026	Friday, 5/15/2026		
Week VI	HOT MEAL	<b>Hot Honey Popcorn Chicken &amp; Cheesy Hashbrowns</b> Popcorn Chicken w/ Hot Honey Sauce Creamy Cheesy Hashbrowns Celery Sticks & Fruit Cup WG Roll, Fruit Juice & Choice Milk	<b>Classic Hamburger</b> WG Bun , Pickles & Ketchup Baby Carrots w/ Dip Fresh Orange, Fruit Juice & Choice Milk <b>Wohooo! Special Treat Day! Brownie Chocolate Chip Cookie</b>	<b>Brunch Lunch</b> French Toast Sticks w/ Syrup PC Potato Smiles Sliced Cucumbers Banana, Fruit Juice & Choice Milk	<b>Walking Taco</b> Nacho Cheese Doritos, Seasoned Beef Taco & Taco Rice Shred Lettuce, Shred Cheddar Cheese & Hot Sauce Cheesy Refried Beans Fresh Watermelon Cubes, Fruit Juice & Choice Milk	<b>Mini Cheese Pizza Triangles</b> Greens Salad & Dressing (Fresh Greens & Grape Tomatoes) Fresh Crisp Apple Choice Milk	
		<b>HOT VEG</b>	Cheese Bites w/ Italian Dip	Buttermilk Pancakes & Omelet w/ Syrup	Cheese Croissant Sandwich	Bean & Cheese Pupusa w/ Salsa	Creamy Mac & Cheese & WG Roll
		<b>COLD</b>	Peanut Free Butter Sandwich	Turkey Bun w/ Mayo	Chicken Club Hoagie	Green Chicken Wrap	Honey Mustard Chix Pasta w/ WG Roll

	Monday, 5/18/2026	Tuesday, 5/19/2026	Wednesday, 5/20/2026	Thursday, 5/21/2026	Friday, 5/22/2026		
Week I	HOT MEAL	<b>Spicy Chicken Patty Sandwich</b> WG Bun, Ketchup Chilled Potato Salad CKC Baked Beans, Carrot Slims Fruit Cup, Fruit Juice & Choice Milk	<b>Fun Brunch</b> Chicken Pancake Bites w/ Syrup Potato Stix w/ Ketchup Celery Sticks & Fresh Orange Fruit Juice & Choice Milk	<b>Beef Pretzel Dog</b> Served with Ketchup Steamed Corn & Cucumbers Banana, Fruit Juice & Choice Milk <b>Yahoo! Special Chips Day! Flamas</b>	<b>Asian Chicken Rice Bowl</b> Sesame Chicken & Veggie Fried Rice Crisp Broccoli, Grape Tomatoes w/ Dip Fresh Watermelon Cubes Fruit Juice & Choice Milk	<b>Pizza Crunchers</b> Steamed Buttered Peas Baby Carrots Fresh Crisp Apple Choice Milk	
		<b>HOT VEG</b>	Cheese Quesadilla	Grilled Cheese Sandwich	Pizza Triangles	French Bread	Veggie Garden Nuggets w/ Ketchup & WG Roll
		<b>COLD</b>	Turkey & Cheese on WW Bread w/ Mayo	Citrus Chicken Bun	Turkey & Cheese on Bagel	Chicken Salad Bun	Egg Salad on WW Bread

	Monday, 5/25/2026	Tuesday, 5/26/2026	Wednesday, 5/27/2026	Thursday, 5/28/2026	Friday, 5/29/2026		
Week II	HOT MEAL	<b>All Beef Hot Dog</b> Hot Dog Bun, Ketchup & Mustard Steamed Corn Fruit Cup, Fruit Juice & Choice Milk <b>Hooray! Special Chips Day! Cool Ranch Doritos</b>	<b>Twin Faves Day</b> Chicken Nuggets w/ Ketchup Creamy Mac & Cheese WG Roll   Celery & Carrots Fresh Orange, Fruit Juice & Choice Milk	<b>Beef Taco</b> Seasoned Beef Taco, WG Tortilla Fill the taco with Shred Lettuce, Shred Cheddar Cheese & Hot Sauce Cheesy Refried Beans Banana, Fruit Juice & Choice Milk	<b>Spicy Chicken Tender Shack</b> Chicken Tenders, WG Bun & Coleslaw Enjoy as a sandwich or savor the tenders solo with the ketchup(served with the meal) Sliced Cucumbers w/ Dip Fresh Watermelon Cubes, Juice Box & Choice Milk	<b>Cheesy Lasagna</b> Paired with Chopped Italian Salad (Romaine, Shred Carrots & Grape Tomatoes with Italian Dressing & Ranch) Fresh Crisp Apple & Choice Milk Fresh Dinner Roll w/ Butter	
		<b>HOT VEG</b>	Cheese Breadsticks w/Italian Dip	Mac & Cheese Bites w/ Ranch	Veggie Garden Nuggets w/ Ketchup & WG Roll	Cheese Stuffed Hot Pocket w/ Dip	Mini Waffles & Omelet
		<b>COLD</b>	Grilled Chicken & Cheese Bun	Deli Turkey on WW Bread w/ Mayo	Banh Mi Chicken on Flatbread	Turkey & Chz on Hoagie w/ Mayo	Chicken Caesar Wrap

Hot Veg and Cold meals are served with vegetables, fruit of the day & milk.

<b>DELI SALADS</b>	Grilled Chicken Caesar Salad (Veg Option) Caesar Salad w/ Egg	Grilled Asian Chicken Salad (Veg Option) Asian Salad w/ Egg	Grilled Chicken SW Taco Salad (Veg Option) SW Taco Salad w/ Egg	Classic Turkey & Egg Chef Salad (Veg Option) Classic Chef Salad w/ Egg	Quinoa Powerbowl Chicken Salad (Veg Option) Quinoa Powerbowl Salad w/ Egg
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Deli Salad choices offered everyday. Both Regular & Vegetarian options are available. Vegetarian choices come with egg or cheese in the place of meat. All deli salads come with fruit and milk)

Assorted Fluid Milk / Fluid Milk Substitute Choices offered.

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		(Menu Subject to Change)					JUNE 2026				
		TASTY		HEALTHY		FUN		VARIETY		BALANCED	
		Monday, 6/1/2026		Tuesday, 6/2/2026		Wednesday, 6/3/2026		Thursday, 6/4/2026		Friday, 6/5/2026	
Week III	HOT MEAL	<b>Breaded Chicken Drumstick</b> Hearty Dinner Roll w/ Butter Mashed Potatoes Celery Sticks Fruit Cup, Fruit Juice & Choice Milk		<b>Chicken Hash</b> Shredded Chicken & Hashbrowns Bake Top with Sour Cream & Shred Cheddar Corn Loaf, Baby Carrots & Fresh Orange Fruit Juice & Choice Milk		<b>Hot Italian Beef Meatball Sub</b> Marinara Meatballs, WG Sub, Mozzarella Cheese (Served Separately) Garden Greens w/ Ranch Dressing Banana & Fruit Juice WG Garlic Roll, Choice Milk		<b>General Tso Chicken</b> Veggie Fried Rice Crisp Broccoli, Carrot Slims & Dip Fresh Watermelon Cubes Fruit Juice & Choice Milk		<b>Beef Taco Roll-up w/ Hot Sauce</b> Pinto Beans Salsa & Cucumbers Fresh Crisp Apple Choice Milk <b>Yahoo! Special Chips Day!</b> <b>Nacho Cheese Doritos</b>	
	HOT VEG	Veggie Garden Burger		Buttermilk Pancakes & Omelet w/ Syrup		Pizza Triangles		Rosy Ravioli & WG Roll		Brunch Egg Chilaquiles served w/ Nacho Doritos, Mexican Rice & Crema	
	COLD	Pesto & Provolone Chicken Bun		Turkey Bun w/ Mayo		Citrus Chicken Bun		Green Chicken Wrap		Honey Mustard Chix Pasta w/ WG Roll	
Week IV	HOT MEAL	<b>Premium Chicken Nuggets</b> Mix or Match Sauce Buffalo Sauce & Ranch Dip Soft Sweet Potato Sticks & Carrot Slims WG Dinner Roll & Fruit Cup Fruit Juice & Choice Milk		<b>Cheeseburger</b> Bun, Chz Slice, Ketchup & Mayo Potato Smiles & Celery Stix Fresh Orange Fruit Juice & Choice Milk		<b>Creamy Mac &amp; Cheese</b> Sliced Cucumbers, Carrots & Dip Banana & Fruit Juice Choice Milk <b>Woohoo! Special Treat Day!</b> <b>Confetti Cookie</b>		<b>Pulled Chicken Taco</b> Seasoned Pulled Chicken Taco, WG Tortilla Fill the taco with Shred Lettuce, Shred Cheddar Cheese & Crema Cheesy Refried Beans Fresh Watermelon Cubes, Fruit Juice & Choice Milk			
	HOT VEG	Pizza Crunchers		French Bread		Veggie Garden Nuggets w/ Ketchup		Egg Scramble & Black Bean Taco			
	COLD	Turkey & Cheese on WW Bread w/ Mayo		Grilled Chicken & Cheese Bun		Turkey & Cheese on Bagel		Chicken Club Hoagie			